



Thank you to all the St John Volunteers, as well as their friends, families and the employers who support them.

Thank you for the strength you give to communities across WA. Thank you for your resilient, courageous actions that help change lives. Thank you for the vital role you play in making WA, St John Strong.

Do you have the heart to become a Cunderdin St John volunteer? Search St John Volunteer, call **9635 1600**, or email **cunderdin@stjohnwa.com.au**.







FREEKICK - 2023

Kids aged 12-16 are welcomed to join us for Free Kick. Also happening in York.

> Skills and games with Perth Football Club representatives



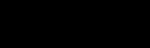
Guidance and career development

Industry related guest speakers



Dinner with your peers





5.30pm till 8pm

CUNDERDIN OVAL



WEDNESDAY FOR 4 WEEKS: 07/06, 14/06, 21/06, 28/06



08 9635 1784 ADMIN@CUNDERDINCRC.NET.AU









Community Resource Centre



Bandicoot Express Price list 2023

Newsletter of Cunderdin & Meckering, Circulation approximately 200



Editor: Leechelle Matthews

Phone: 9635 1784

Email: <u>bandicoot@cunderdincrc.net.au</u>

Type of Advertisements		Ad Size	Pri	ces
		(pages)	Local	Out of town
Local: Within Shires of Cunde	rdin & Tammin			
Out of town: Any town NOT I	ocated in the Shires of Cunderdi	n & Tammin		
Residential		1/8	FREE	\$3
For Sales		1/4	\$6	\$7
Wanted Ads		1/3	\$7	\$8
Garage Sales		1/2	\$9	\$10
• Pets		Full Page	\$15	\$16
Sports – Local	Not 4 Profit – Local	1/4	\$6	\$7
• 1/2 page fortnightly FREE or	• 1/4 page monthly FREE	1/3	\$7	\$8
 1 page monthly (Results only) 	 Larger sizes will be charged 	1/2	\$9	\$11
Extra pages will be charged		Full Page	\$13	\$16
Business Advertising		1/8	\$9	\$14
Private Rental	School Vacancies	1/4	\$11	\$16
Job Vacancies		1/3	\$13	\$24
Real Estate		1/2	\$16	\$30
Events		Full Page	\$35	\$60

Colour Page Bookings			
Front Cover Booking – Business	Full Page Only	\$155	\$210
Front Cover/Inside Cover – Not 4 Profit and Sporting Groups	Full Page Only	\$40	\$60
Inside Cover/Back Page – Printed by CRC	Full Page	\$130	\$155
	Half Page	\$65	\$78

Design/Formatting			
	Half Hour	\$16	\$16
Let us help to give your advert a professional look!	Hour	\$32	\$32

Community Notices			
Community notices, thank you notices, birthday greetings, AGM notices	¼ page	Free	n/a
and news items of community interest.		munity articles are e	ncouraged please
Community notices on more than 1/4 page or functions raising money	Local news/community articles are encouraged please email through.		
will be charged as above.		chian through.	

Format Preferences:

- Microsoft Publisher
 - ft Publisher Microsoft Word PDF Jpeg/PNG

Deadlines:

- All adverts, articles, etc. must be submitted by 5pm on the Friday prior to publishing date
- Published fortnightly excluding school holidays

Page Margins: A4:Left = 1.27cmRight = 1.27cmTop = 1cmBottom = 1cm

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Community Resource Centre

57 Main Street, Cunderdin WA 6407 P: 9635 1784 E: bandicoot@cunderdincrc.net.au W: www.cunderdin.crc.net.au



2023

I gave in and have lit my fire early this year, it seemed to get cold very quickly. My cat seems to be quite

happy about it and has her spot saved right in front of the fire door, making it hard to keep it stoked up, not wanting to disturb her cute upside down pose and the risk of a bite! My dog doesn't seem to impressed as he watches her in her nice warm spot from the outside window!

A little update on my boys footy from last issue - They won against Merredin by 100 points and again against Toodyay by 140 points, setting up a very interesting derby against the Saints who I believe are also having similar scores! Goodluck Barrons!

Stay warm!

Leechelle Matthews



CUNDERDIN RSL SUB BRANCH — THANKS YOU

On behalf of the Cunderdin RSL Sub Branch I would like to thank everyone for supporting our 2023 Anzac service's. Around 100 people attended the Meckering Dawn Service, & 150 attended the Cunderdin Service.

Thanks to the Meckering Action Group, Peter Neilson, the CRC girls, for their support in setting up the Meckering dawn service. A successful gunfire breakfast was provided following the service, at the Meckering town hall

My thanks to our Shire President, Alison Harris for her Anzac address at both services.

Thanks to the Shire, the CRC girls, Gary West & his group, & Fiona Thyne, for their support for the Cunderdin service. Also thanks to Greg Fulwood for providing the food following our AGM meeting at the pub.

My thanks to Norm Harvey (& Jan), for supporting me, in the Secretary/Treasurer's position.

Just a reminder that you can join the RSL as an affiliate member, provided you have a family member that has served with the Australian Defence Forces. You can also join if you have served with the following groups :

Fire brigade; Ambulance Services; Police Force; SES; Adult Cadets; Nursing; Prison Officer; or Australian Border Force. Cost is \$10 per year. Contact myself or Norm Harvey, if interested in joining.

Again, thanks for your support - Lest We Forget Graham Cooper. President Cunderdin RSL Sub Branch





WE ARE TAKING EXPRESSION OF INTEREST IN: BUILD YOUR OWN TERRARIUM

> WORKSHOP TBC @ \$95

> > REGISER YOUR INTEREST AT: ADMIN@CUNDERDINCRC.COM.AU OR ON: 08 9635 1784



COLLEGE HAPPENING





ON THE FARM

It's been a slow and steady start to our cropping program this year, with the welcome addition of our new sprayer John Deere 616R with exact apply.





We've also had some new arrivals with this year's calves being born and it's busy in the piggery; branding, weighing, and sorting sale pigs, as well as making feed mixes to meet the increased nutritional requirements of the pigs over winter.

The weather has cooled down and students are busy making sure all the lights and heating equipment are up and running to keep the pigs comfortable.

cunderdinag.wa.edu.au

267 Baxter Rd, Cunderdin, WA 6407 | PO Box 132, Cunderdin 6407 P 9635 2100 E cunderdin.wacoa@education.wa.edu.au

CUNDERDIN DISTRICT HIGH SCHOOL

'STRIVE TO BE YOUR BEST'

Year 1/2 Mothers Day High Tea

On Friday, 12 May the Year 1/2 class invited all of our mums and favourite females in our lives to a High Tea to celebrate how truly wonderful they are! Students have been 'earning' play money this term to 'spend' at our stall. We think our Mums will receive some fantastic presents on Sunday.







West Coast Fever High School Netball Cup

Thursday 11 March Year 7-10 students were able to attend the West Coast Fever Netball Carnival in Northam. Numerous other schools attended and there were a range of divisions and pools. Our students had a fantastic time with Year 7/8 girls team winning all but one game. Year 9/10 girls finished off strong winning their final game and Year 7-10 boys started off strong winning their first game. It was a pleasure to take such a great group of students and they showed true Cunderdin DHS spirit. Thank you to our helpers/volunteers and school staff for making the day possible.



Kindy/Pre-primary class celebrating Mother's Day

On Friday 12 May, the Kindy/Pre-primary students invited some MAGIC visitors to our classroom to celebrate Mother's day. We had Mums, Aunties, Grandmothers and Important Carers share a fun morning with us. We painted nails, did hair makeovers, iced biscuits, gave back massages and hand massages and made beaded bracelets. We also had a special morning tea. There were very special cup cakes for our MAGIC visitors and we had some cake and mini cupcakes too. Our special people went away feeling very pampered and looking beautiful. It was a great morning!









High Yield

Separating the wheat from the chaff so you don't have to.

I am focusing on tv series, books or films you gravitate towards when your brain is overloaded with everything else. This is content that allows you to switch off. Some call them trash, to others its a guilty pleasure. Dan argues some of these kill my brain cells because they provide no substance or insight. Decide for yourself :) - Dee Blom

Indian Matchmaking - TV Series

Yes this is about finding love, and I would argue you can still learn a lot about customs and traditions through a reality show. Seema, the Matchmaker from Mumbai travels throughout India, the US and UK to find suitable matches for her clients. The list of very specific requirements from Seema's clients always makes me laugh, along with her responses to these demands. There are currently three seasons available on Netflix, some of the singles are across multiple seasons so you do get attached to them and are invested in them finding love.



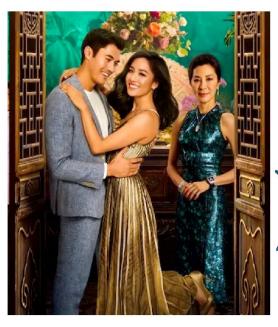


Alone - TV Series

Now this is one Dan does approve of. The essence of this show is participants are dropped into the remote wilderness alone with basic essential items. They are all separate and required to build shelter, hunt, cook and survive for as long as possible. There are differing locations but most have had fairly intimidating wildlife like bears about. There are 8 seasons of Alone focused with American participants but there are now more spin offs with an Australian version released this year. Get ready to be an armchair expert on survival tactics after one season.

Crazy Rich Asians by Kevin Kwan - Book & Film

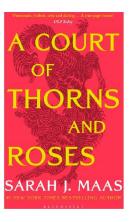
Kevin Kwan brings to life the lifestyles of the rich and famous in his first novel - think Gossip Girl but set in Asia. Argued to be loosely based on his own childhood in Singapore, Crazy Rich Asians introduces you to a whole side of life you likely have not experienced - mansions, private jets, shopping sprees to Paris for the day. You are presented with characters you love and hate, with a healthy dose of drama. I listened to this book in audiobook form which was fantastic as the voice actor did a great job of embodying the characters, and with a book that jumps between five main characters it can be helpful to have the variation in voices. The film adaptation is a must watch, costumes are fab.



EVEN THE DEEPEST SECRETS RISE TO THE SU

THE

A Court of Thorns and Roses by Sarah J. Maas - Book



This is just waiting to be turned into a Netflix series. This is the first book in the five book series. It is fantasy, but as someone who is easily lost in high fantasy, you will be safe with this. Technically classified as a young adult book, this novel introduces Feyre, a young huntress, attempting to keep her family fed. Feyre is captured and taken into a treacherous magical land. She is forced to adapt to her new world, becomes captivated in the faerie lands however there is darkness and evil at its heart. Well written but simple to read, this is definitely an easy book to keep you occupied but not overwhelmed by plot or characters.

The Survivors by Jane Harper - Book

I may have just recommended another one of her books, however this one doesn't break any new ground and you get to the end feeling like you could have predicted the outcome from the beginning. That being said this standalone mystery set on the Tasmanian coast is an easy book to read. You won't be enthralled in the storyline, but it is a comfortable book that plods along. When you are busy, I find remembering storylines of novels difficult if you haven't had solid amounts of time to read. This novel is easy enough to pick back up if you are struggling to get larger chunks of time to dive into a more intense novel.

CADET NEWS

<u>Bush Fire Cadets</u>

Bush Fire Cadets have officially started and have really taken off! Our 20 cadets have been working together the past couple weeks and have already learnt so much.

They've had a tour of the fire truck and were able familiarise themselves with the location of all the equipment. They all even got to go for a ride!

They have worked as a team to guide each other through obstacles, run out fire hoses in uniform and use radio communication to complete tasks.

We can't wait to receive our official fire uniform and learn more about the fire truck!







COMMUNITY GRANTS

'keep your community mentally healthy'

The 'Shoot for the Stars' grants will provide financial assistance to regional communities for projects which contribute to the mental health and wellbeing of their community.

Max funding limit is \$5,000.

Applications now open. Visit: www.nightunderthestars.com.au/grants





Community Column

Consumer Protection 140 William Street Perth Western Australia 6000 Email: <u>cpmedia@dmirs.wa.gov.au</u> | <u>www.dmirs.wa.gov.au</u> | <u>www.wa.gov.au</u>

12 April 2023

With Commissioner for Consumer Protection Trish Blake

Beware the new breed of bank scams

Scammers have been pretending to call or text from financial institutions for years, but it's the latest twist on these banking impersonation scams that should have all consumers on high alert.

The Australian Competition and Consumer Commission (ACCC) raised the alarm after reports to Scamwatch indicated new technology was being used to make scam calls look like they were coming from the bank's legitimate phone number and to allow scam texts to appear in the same conversation thread as genuine bank messages.

These tricks mean it may not be possible for consumers to distinguish a real message or call from those that aren't based on a phone number or message thread alone, and sadly many are falling victim.

Since January 2022, our WA ScamNet team has heard from 20 victims who reportedly lost \$1.9 million to bank impersonation scams. When you consider that's an average loss of almost \$96,000 per person, it's clear just how financially and emotionally devastating these scams can be.

One WA victim's bank account was drained of almost \$41,000, after she answered a call from the same number as one listed on the back of her credit card. Posing as a bank employee, the scammer claimed her accounts had been hacked as a ruse to gain control of her finances.

A big red-flag is communications that come with a sense of urgency, such as claims of fraudulent activity or a frozen account. No matter how legitimate the call or message seems, a bank will never ask you to urgently transfer funds.

We urge all WA consumers to 'practice the pause' to stop scammers in their tracks. If you receive an SMS with a phone number to call, do not use it. Instead, call your bank direct on a number you have sourced yourself. Likewise, hang up if you receive a call from someone claiming to be from your bank requesting you to transfer money to 'keep it safe'. Ask for a reference number and call your bank back using contact details you have found independently.

Never provide online banking passwords, one-time security codes, pins or tokens to anyone over the phone.

Contact your bank or financial institution immediately if you think you have been scammed, and report scam activity to WA ScamNet at <u>www.scamnet.wa.gov.au</u>



WYALKATCHEM RODEO STREET MARKETS

SATURDAY 26^{TH} AUGUST 2023

9AM - 4PM

RAILWAY TERRACE, WYALKATCHEM

(opposite the Wylie Pub)



WANTED - Stall holder's

An amazing opportunity for the Wheatbelt to showcase arts, crafts, local produce and much more.

Please contact Steph at the Wyalkatchem Shire Office 96811166 to register \$10 per stall.

Wanted -

24-27 August 23

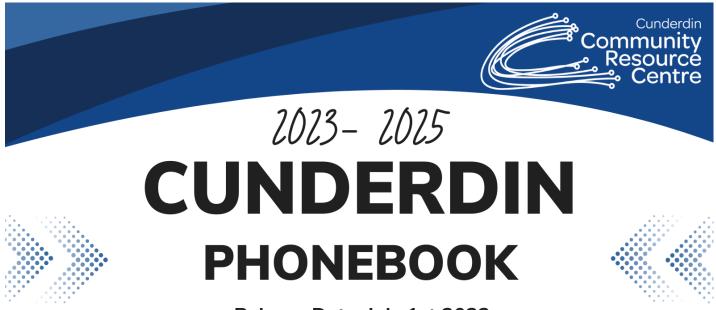


Rodeo Event Staff and Volunteers

The Shire would like Expressions of Interest from Community Members to:

- CLEAN AND RESTOCK THE PORTALOOS PAID
- POSITIONS DIRECTING CAMPING TRAFFIC VOLUNTEERS GET FREE ENTRY
- HELPING TO SET UP THE ARENA VOLUNTEERS GET FREE ENTRY
- GATE SUPPORT VOLUNTEERS GET FREE ENTRY

Please contact Stephanie at the Shire of Wyalkatchem if you are interested in working or volunteering at the Wyalkatchem Rodeo Weekend. 9681 1166



Release Date: July 1st 2023

All advertisment booking forms to be returned by June 16th to the CRC. Booking forms can be found on the CRC website, Facebook and at the CRC

	Local:		Out o	f Town:
	B/W (NFP)	Colour (NFP)	B/W (NFP)	Colour (NFP)
Inside Front Cover	\$275 (\$265)			\$325 (\$315)
Inside Back Cover (Full Page)	\$275 <mark>(</mark> \$265)			\$325 (\$315)
Inside Back Cover (Half Page)	\$137.50			\$137.50
½ Page	\$100 <mark>(</mark> \$90)	\$100 (\$90) \$150 (\$140)		\$200 (\$192)
Full Page	\$150 (\$140) \$200 (\$190)		\$200 <mark>(</mark> \$190)	\$250 (\$240)
Alphabetical Listing only	No charge for Business listing in the Alphabetical section. Businesses who advertise in the above block section also get the Alphabetical listing in BOLD for free.			

LOCAL: SHIRE OF CUNDERDIN, SHIRE OF TAMMIN OUT OF TOWN: ANY TOWN <u>NOT</u> LOCATED IN THE SHIRE OF CUNDERDIN OR TAMMIN NFP: NOT FOR PROFIT

 \checkmark

08 9635 1784

EXPRESSION OF INTEREST

Line Dancing

Are you curious to explore Line Dancing? This 90-minute class held during the week might just be the perfect fit for you! Regardless of your age or dance experience, the class will have a blend of music and choreography that is easy to follow. Whether you have danced before or not, this class is accessible to everyone.

If interested please contact the Cunderdin CRC 9635 1784 or email admin@cunderdincrc.net.au

Seniors Game Mornings

CRC FUNCTION ROOM WEDNESDAYS ~ 9:30AM TO 12PM

FREE







Government of Western Australia North Metropolitan Health Service



Women 40 years or over, have a FREE breast screening mammogram every two years. Once is not enough.



BreastScreen WA's mobile service will be at:

Cunderdin

Cunderdin Health Centre, 55 Lundy Avenue

06/06/2023 - 12/06/2023

Dates may be subject to change

For an appointment book online or phone 13 20 50





www.breastscreen.health.wa.gov.au



CUNDERDIN CRC ~ 10AM AN HOUR OF FREE STORIES, SONGS AND CRAFT FOR YOUNG CHILDREN AND THEIR PARENTS/CAREGIVERS



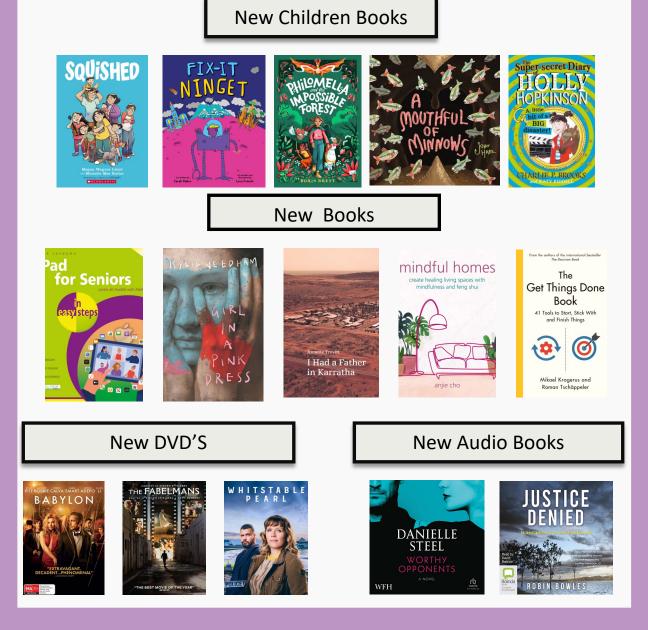
LIBRARY

Recommended Book



Three women, a nation seduced by a madman, and the Nazi breeding program to create a so-called master race. At Heim Hochland, a Nazi breeding home in Bavaria, three women's fates are irrevocably intertwined. Gundi is a pregnant university student from Berlin. An Aryan beauty, she's secretly a member of a resistance group. Hilde, only eighteen, is a true believer in the cause and is thrilled to carry a Nazi official's child. And Irma, a 44-year-old nurse, is desperate to build a new life for herself after personal devastation. All three have everything to lose.

can carry us through, even driving us to heroism we didn't know we had within us.



CRC Happenings

P: 9635 1784 E: admin@cunderdincrc.net.au W: www.cunderdin.crc.net.au



UPCOMING PDA DATES:

June: Thursday 1st and Friday 2nd **June**: Thursday 29th and Friday 30th

Thursdays can only be booked <u>in person</u> at the CRC with ID. Fridays are available online on the DOT website: <u>https://online.transport.wa.gov.au/pdabooking/manage</u>



9am-4pm (3.30pm for Learner's permits)



Only one test can be booked at one time

Shire number plates can be purchased from Cunderdin CRC for \$200.00. Some available numbers are:

097CM, 117CM, 126CM, 174CM, 200CM

Pop into the CRC with your drivers licence for more info or to order yours. They make a great gift!!







Western Australia Police Force

Fatal truck crash in Waeel between Meckering and Cunderdin

Officers from the Major Crash Investigation Unit are seeking information regarding a fatal crash that occurred in Waeel, between Meckering and Cunderdin, Thursday 11 May 2023.

About 1.10am, an Isuzu truck towing a trailer was travelling along the Great Eastern Highway when near Mount Anne Road, the truck left the carriageway and stuck a tree and water pipe causing the truck to catch fire.

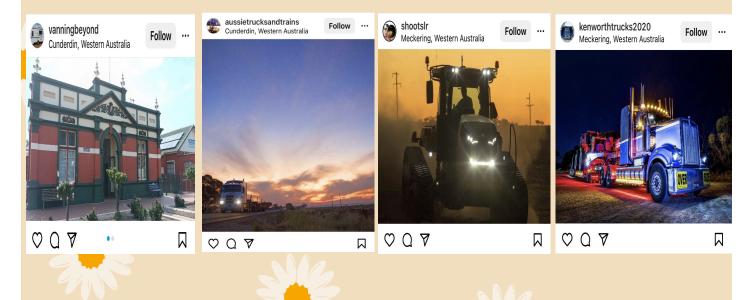
The driver and sole occupant of the truck, a 64-year-old man, sustained critical injuries in the crash and died at the scene.

Major Crash investigators are urging anyone who saw the crash, or the Isuzu truck and trailer travelling in the area prior to the crash, or who has any information relating to this crash, to contact Crime Stoppers on 1800 333 000 or online at www.crimestopperswa.com.au.

Anyone with dash-cam or mobile phone vision relating to this crash can upload their vision directly to investigators via this link: https://wapf.au.evidence.com/axon/community-request/public/fatalcrashtammin

If you or anyone you know has been affected by a road crash, contact Road Trauma Support WA on 1300 004 814.







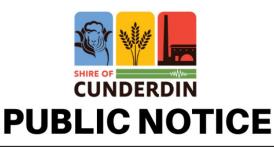
CMT Seniors – Bus Trip

On Monday, 1st of May the Cunderdin, Meckering and Tammin Senior Citizens enjoyed a wonderful adventure around the Wheatbelt. Seniors enjoyed a stop over and walk at Toapin Weir, followed by morning tea. We looked at the smallest bank in Australia (Shackleton) and then continued to Bruce Rock to visit the museum and main street. Our last stop was at Ardath Hotel for lunch before we headed back home. Thank you to everyone who joined us for the trip, for those who helped with the planning and assisted on the day. A big shout out to all our bus drivers! We look forward to our next adventure.



Community Events Road Safety Walk Road Safety **Road Safety Walk** Pink Up Town Youth Group to School to School CUNDERDIN Meeting MECKERING Skate Clinic CLINIC Help us Road Safety Walk to school & FRE **Road Safety** Walk to school & Fluro dress up Fluro dress up 6-6:00-8:30 y, 19th May 18 MAY 2023 19 MAY 2023 12 JUNE 2023 19 MAY 2023 MMM





PROPOSAL TO DISPOSE OF PROPERTY

Lots 45, 46, 47, and 48 Watts Street Cunderdin are available for lease.

In accordance with section 3.58 of the Local Government Act 1995, the Shire of Cunderdin is inviting interested parties to express their interest in leasing the above mentioned lots for a term of one year with the possibility of two further one year lease options.

Please direct subissions in writing to Stuart Hobley, Chief Executive Officer, no later than 4pm, 29th May 2023.



PUBLIC NOTICE

The Shire is continually searching and enquiring into appropriate ways to develop the Shire of Cunderdin to enable growth in our community. In December 2022 Council purchased lots 45, 46, 47 and 48 Watts Street to continue the residential subdivision that was commenced by Development WA.

The Shire has drafted subdivision plans (below) for comment from WADC. These plans allow for a variety of differnet sized lots that will allow for the expansion and development of the Cunderdin Townsite.

It is anticipated that the first lots fronting Watts Street could be available within 24 months.

If you have any further queries please contact Sturat Hobley.

Stuart Hobley

Chief Executive Officer



Shire Snippets | 18 May 2023 | www.cunderdin.wa.gov.au





VACANT POSITION

General Hand / Plant Operator (2 x Full Time)

An opportunity exists for an enthusiastic and experienced community minded person to join the Shire of Cunderdin in the Works and Services Department as a Full-Time Plant Operator / General Hand.

An attractive employment package is offered based on Level 1-4 (depending on experience) plus statutory benefits, possible subsidised housing, and other allowances in accordance with the Local Government Industry Award 2020 and Council Policies.

Interested candidates are requested to submit their resume to the Shire via email hayley.byrnes@cunderdin.wa.gov.au or in person at the Shire Administration Office. Applications are to be addressed to the Deputy Chief Executive Officer, PO Box 100, CUNDERDIN WA 6407 and close **4 pm Friday 2nd June 2023**.

> Hayley Byrnes DEPUTY CHIEF EXECUTIVE OFFICER

Shire Snippets |18 May 2023 | www.cunderdin.wa.gov.au

Road Safety Week – School events



Public Notice – Unrestricted Burning

The Shire of Cunderdin wishes to advise you that as of the 1st of April, we have entered the unrestricted burning period, this period runs from the 1st of April till the 19th of September. Please be mindful of the weather conditions when burning, and ensure you have an adequate water supply. If you could also put a message in your local BFB whatsapp or message the CESM when conducting burns, this will minimise the chance of mobilising crews to controlled burns.

Baarley's Joke Corner

What did the captain order the crew of sheep when the ship was sinking? "Abandon sheep." What do sheep dream of? Humans jumping.

Don't forget to subscribe to the online Shire Snippets! It is easy just fill in your details at: www.cunderdin.wa.gov.au/the-shire/latest-news/newsletter-subscribe.aspx

Shire Snippets |18 May 2023 | www.cunderdin.wa.gov.au

Shire Information





Administration Open Hours

Open Monday - Friday 8.30am to 4.00pm

Department of Transport and State Library Services are available from the Cunderdin Community Resource Centre located on 57 Main Street, Cunderdin.

Councillors

- Shire President: Deputy President: Councillor: Councillor: Councillor: Councillor:
- Alison Harris Tony Smith Natalie Snooke Todd Harris Norm Jenzen Bernie Daly

Staff

CEO:	Stuart Hobley
Deputy CEO:	Hayley Byrnes
Manager of Works	Craig Robertson

Further Information

Contact details for Councillors or staff is available from the Shire of Cunderdin website at: www.cunderdin.wa.gov.au

We encourage you to subscribe to the Shire Snippets or consult the website to keep up to date on Council matters or events.

Restricted Burning Periods

The dates below may change due to seasonal fire conditions in which case the details of the changes will be published locally and on Council's website.

> Permits available from: Shire Administration Office Chief Bush Fire Control Officer: Ashley Burges Deputy Bush Fire Control Officer: David Beard

> > OPEN BURNING PERIOD 01 April - 4 October 2022 NO PERMITS REQUIRED

RESTRICTED BURNING PERIOD 4 October - 1 November 2022 PERMITS REQUIRED

PROHIBITED BURNING PERIOD 2 November 2022 - 14 February 2023 BURNING PROHIBITED

> RESTRICTED BURNING PERIOD 15 February - 31 March 2023 PERMITS REQUIRED

Waste Transfer Stations

MECKERING TRANSFER STATION Opening Hours: Wednesday: 11:00am-5:00pm Saturday: 11:00am-5:00pm Sunday: 11:00am-5:00pm

CUNDERDIN TRANSFER STATION Opening Hours: Wednesday: 09:00am-5:00pm Saturday: 09:00am-5:00pm Sunday: 11:00am-5:00pm

Shire Snippets | 18 May 2023 | www.cunderdin.wa.gov.au



FROM THE RED TEES

Ladies Wednesday Golf - 18 Hole and 9 Hole Competitions

Captain - Julie Mussared Vice-Captain – Carol Bridge

Our Ladies Opening Day was a fabulous day with the weather being kind enough to clear for a lovely round of 10 holes to ease into the 2023 season. The day kicked off with our club patron Marion Scaddan putting the first ball of the year followed by a few words wishing all the ladies well for a successful year of golf. Several of our past members joined us for a high tea and the presentations after the golf.

Wednesday 26th April – Pam & Caron Trophy Canadian Foursomes 10 Holes (14 players)

Nett Winners	Corrina Baxter and Nerene Willmott	38
Nett Runners Up	Julie Mussared and Gienia Fissioli	44 ½
Gross Winners	Marilyn Scarlett and Pam Teakle	56
NTP No 11: Corrina Baxter, Best 2	nd Shot No 14: Helen Darmody and Sandy Thoms	on, NTP No 16: Nerene Willmott, Longest
Putt No 18: Gienia Fissioli.		

Wednesday 3rd May – Floss Gibsone Trophy – Stab (10 players)

Nett Winner 14 Holes Sandy Thomson 28pts Nett R/Up 14 Holes Carol Bridge 27pts Nett Winner 9 Holes Helen Darmody 22pts NTP No 4: Sandy Thomson, Longest Putt No 12: Julie Mussared, Longest Drive No 14: Corrina Baxter, NTP No 16: Carol Bridge.

Wednesday 10th May – Jane O'Hare Trophy – Stab (8 players)

Nett Winner 14 Holes	Corrina Baxter	30pts
Nett Winner 9 Holes	Jane O'Hare	17pts
Trophy went to Runner Up	Helen Darmody	13pts
NTP No 4: Corrina Baxter, Longest	Putt No 6: Carol Bridge, Bes	st 2 nd shot No 9: Sandy Thomson

n, NTP No 11: Julie Mussared.

Coming Events

Wednesday 24th – Kit Beard Memorial Trophy (Stab) Wednesday 31st May – Championship Ladies Foursomes (Stroke)

Men's Golf Notes



Weekend Men's Golf - 18 Hole Competition 1pm Hit Off (Names in by 12.45)

Sunday 7th May – DKT Rural Trophy 2-Man Ambrose (27 players)

Nett Winners Stuart Hobley, Josh Hobley 65.00 pts Nett Runners-Up Ashley Teakle, Matthew Flint 66.25 pts Gross Winners Rod Quinn, Maurice Crameri 36 Best 2nd shot No.1: Stuart Hobley, NTP No.4: Henry Wood, NTP No.16 Robert Fulwood, Longest In No.18: Dennis Whisson. Birdie Pool: No. 8 Kane Corsini & Rowan Ward

Saturday 13th May – Wheatbelt Motors Trophy Stab (9 players)

Nett Winner	Jack Jasper	42 pts		
Nett R/Up	Stuart Mussared	33 pts		
Gross Winner	Rod Quinn	23 pts		
NTP No.4: Don Buegge, NTP No.11: Mark Sullivan, Longest In No.12: Ben Elliott				
Birdie Pool: Ben Elliott				

Coming Events

Saturday 20th May – Thornton Partners Trophy – Stableford Saturday 27th May – Donovan Engineering Trophy - Stableford Saturday 3rd June – Spreadmaster Trophy with Quairading @ Cunderdin – 4BBB

The Cunderdin Golf Club

would like to invite You to come and play on our beautiful Course.



If you haven't played before, or have been thinking about it for a while, why not come along and give it a go this year?

Ladies play on Wednesday commencing at 11.00am for 18 holes or 12.15pm for 9 holes. Enjoy the walk and a social catch up afterwards with a cuppa (or wine)!

Men play on the weekend at 1pm (on alternate days to the local football comp). If mid-week suits you better, Thursday Scroungers play at 2.30pm.

Whatever your golfing ability, Visitors and New Members are most welcome!

For further information please contact: <u>cundygolfclub@gmail.com</u> or Corrina Baxter (Secretary) 0429 206 380 Darren Jasper (President) 0488351329





Junior Hockey

on Monday 15th May the Cunderdin Junior Hockey team played against Quairading. The cold afternoon crept in early with the kids running hard to stay warm. The game was competitive across the field with Quairading managing to sneak a quick goal before the whistle with the final score 0-1.

It was great to see the volunteers from both Hockey Clubs helping with umpiring and coaching the kids. We are bringing up some super sporting hero's for sure!



Cunderdin Football Club - MERCHANDISE







Check out the new beanies and scarves!!

22nd of May will be the cut off date for orders so we can receive the merch in a decent time frame, there will be no late orders placed so make sure you get in asap. Enjoy!

Below is the link to our merch shop:

https://idathleticshop.com/product-category/afl/cunderdin-fc/

Cunderdin Nippers

Cunderdin Nippers played against Kella/Tammin on Sunday 14th May with an early start for Mothers Day. Cunderdin Netball had great numbers with 12 players compared to the Kats 5. Two Cunderdin players were happy to help the KATS out by filling in for them which was great team spirit.

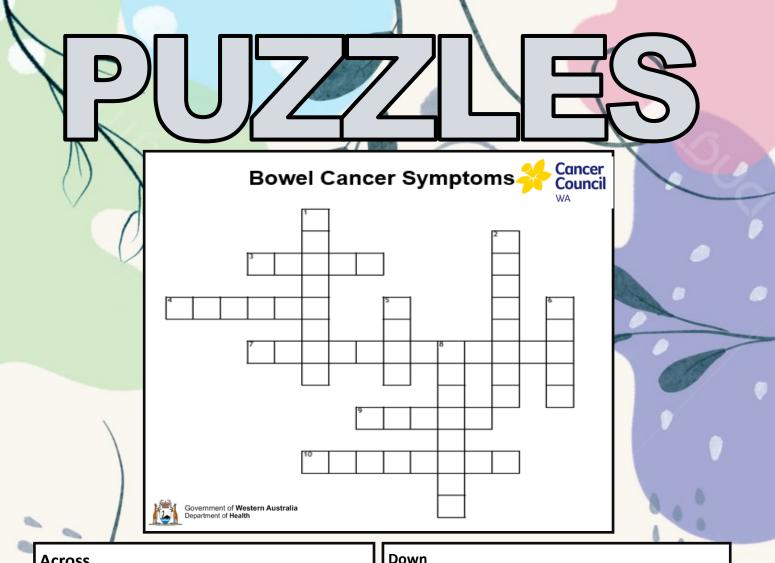
The Cunderdin team played amazing showing some great sprit and giving their best even while playing on the other team the final score of 10 –8. The Coach Shanika Moore was very proud of the girls efforts and gave the coach award to Anjali and Bella C.

The Nippers Football played well with their two teams, the juniors fought hard but the KATS were too strong, Rivers won the coach award for his efforts on playing for KATS and giving his absolute best and even scoring a few goals. The older team played well with a stronger back line they managed to win by 9 points, Hugo won the coaches award for a brilliant game.

A big shout out to all the volunteers for Nippers, without giving up your time it wouldn't possible.



	Quiz Seven			
1.	1. A humidor is normally used to store what?			
Suga	r	Cigars	Water	Toothpicks
2.	The fruiting head	of corn is known by wha	t name?	
Eye		Nose	Ear	Lip
3.	In auto racing, w	hat name is given to the p	position at the front of the grid	?
Pole	position	Stick position	Cane position	Rod position
4.	Which of these w	ords refers to throwing s	omething overboard from a shi	ip or airplane?
Jettis	son	Frisson	Garrison	Chanson
5.	Which of these co	ountries is in Africa?		
Arge	ntina	Armenia	Algeria	Afghanistan
6.	Which Shakespea	arean character says "To l	be, or not to be"?	
Othe	ello	Macbeth	King Lear	Hamlet
7.	The red flag is as	sociated with which polit	ical system?	
Capi	talism	Imperialism	Federalism	Socialism
8.	Which sea creatu	re lives inside a shell whi	ch is covered in long spines?	
Sea a	anemone	Seahorse	Sea slug	Sea urchin
9.	Who was the you	ing sailor from the tales o	of the "Arabian Nights"?	
Роре	eye	Sinbad	Aladdin	Pugwash
10.	Who was not Pre	sident of the United Stat	es in the 20th century?	
Lynd	on B Johnson	George W Bush	Harry S Truman	John F Kennedy
11.	What year did Elv	vis pass away?		
1980)	1969	1977	1974
12.	In the movie "Fin	ding Nemo", who was M	arlin's wife?	
Dory	,	Pearl	Coral	Angel
13. Who plays the role of the Prime Minister, in the 2003 Christmas film "Love Actually"?				
Colir	n Firth	Jude Law	Liam Neeson	Hugh Grant
14.	In what sport is t	he America's Cup awarde	ed?	
Hors	e Racing	V8 racing	Soccer	Sailboat racing
15.	How many balls a	are on a pool table at the	start of a game?	
18		16	17	14
1				



Across

3. If you ever notice this in your poo, make an appointment to see your doctor (5).

4. If you notice any unexplained loss of when you step on the scales, be sure to discuss it with your doctor (6).

7. Abnormally infrequent bowel motions or pain or difficulty passing poo is called (12).

9. Unexplained fatigue or feeling more than usual for more than four weeks can be a sign that something isn't quite right (5).

10. A rounded enlargement of any part of the body is called a _____ (8).

Down

1. Another word for a full and tight feeling abdomen is . It's best to discuss this with your doctor if it's been going on for more than 4 weeks (8).

2. Speak to your doctor if you notice any trace of blood or experience from your back passage (8).

5. Term used to describe extreme discomfort (4).

6. _____ poo is another way to describe diarrhea. If there's no explanation for this and it's been going on for more than 4 weeks make an appointment and discuss it with your doctor (5).

8. An unexplained loss of or feeling less hungry than usual should be discussed with your doctor to rule out anything serious (8).

Warrior Wellbeing Article

Walking up to 20 kms a Day – Our Ancestors and Exercise

Our ancestors were used to walking up to 20 kilometres per day, they had to, to survive on the Savannah Plains and the Serengeti or they would end up as someone's lunch. We are not designed for sitting around and not exercising. The human body has not had millions of years to adapt to our sedentary lifestyle and we need to change our habits before it is too late.

Blokes have had a significant change because many of the work tasks that have always been manually done are now obsolete or automated.

Exercise is essential for our brain, mind, body and our cardiovascular health. I read a book titled *Brain Rules* by John Medina and rule 1 (out of 12 brain rules) is *exercise boosts brain power*. An enlightening read.

There are a lot of variables, from nurture to nature, that help how we age but one of the greatest predictors of successful ageing is the absence of a sedentary lifestyle. Industrialization has given us many benefits, but it has also meant, that for most of us, we have gradually quit moving. The result of this is more and more Australians are being classified as being overweight, with the fastest growing chronic condition in Australia in 2022 being Type 2 Diabetes.

There is a lot of current research that suggests exercise can:

- 1. Help prevent Type 2 Diabetes (by up to 60%);
- 2. improve our cardiovascular health thus decreasing the risk of strokes and heart attacks;
- 3. affect the outcome of both anxiety and depression. The fact that exercise helps regulate the release of chemicals (serotonin, dopamine, and norepinephrine) into our bodies makes it an important element in maintaining the right balance;
- 4. halve the risk of general dementia through aerobic exercise, just twice a week. It can also cut the risk of Alzheimer's by 60%.

So, what does this all mean for our exercise regime? There is a lot of advice around with different suggestions on exercise requirements. This varies from 5 minutes high intensity, to 30 minutes per day, to 1 hour a day every second day. We are the only one that knows our body's physiology and what will ultimately work for us. A guide is a minimum of 150 minutes per week of moderate exercise.

If you are limited in how you can exercise you can still make a difference. If you can physically walk only 50 metres a day, double it! Walking 100 metres per day compared to 50 metres can make a difference. The improvement in your body's physiology will be profound and the positive effect is that starting with a little bit of exercise will make you want to move more.

Exercise options are endless, swimming, hydrotherapy, light gym work, walking groups, belonging to sporting groups, volunteering. Although in regional WA sometimes these options can be limited for people to access.

Don't let it stop you exercising - get moving!

The Regional Men's Health Initiative P: (08) 9690 2277 E: menshealth@4blokes.com.au ②@RMHI_4blokes Working with Warriors Podcast @regionalmenshealth.com.au





<u>Oreo brownie slice</u>



Ingredients:

- 200g Butter, Chopped
- 200g Chocolate, Chopped
- 1 1/2 cup Caster sugar
- 4 Eggs
- 1/3 cup Cocoa powder
- 1 cup Plain flower
- 24 Oreo biscuits
- 6x Mini Oreo biscuit packets, chopped

Method:

Step1:

Preheat oven to 190C/170C fan-forced. Grease and line a 20cm x 30cm lamington pan with baking paper, extending paper 5cm above long sides.

<u>Step 2:</u>

Stir butter and chocolate in a medium saucepan over medium heat for 5 minutes or until smooth. Remove from heat. Stir in sugar. Cool 10 minutes.

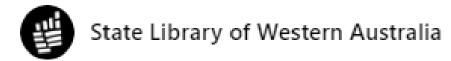
<u>Step 3:</u>

Add eggs, cocoa and flour. Stir to combine. Pour half the batter into the prepared pan. Top with Oreo biscuits, then remaining batter. Top with mini Oreo biscuits. Bake for 35 minutes or until top is just firm. Cool in pan completely.

<u>Step 5:</u>

Cut into pieces. Serve.





A MOST SENSATIONAL AND ASTONISHING WA STORY!

With the impending coronation of King Charles, perhaps this incident in WA could have changed the course of history...

The elaborate and detailed Royal Itinerary covering the engagements of the Prince of Wales's visit to Western Australia in 1920, was closely followed. With one notable exception. A most sensational accident



involving the Royal Train. The 'astonishing occurrence' took place in isolated bushland ten miles south of Bridgetown. After stopping briefly for a cow on the line, there was an unusual grating sound as the train set off again, followed by a couple of extraordinary jolts.

The Royal Coach and other carriages were derailed, then overturned! Orderlies and attendants rushed to the overturned coaches, and when it was ascertained that the Prince and his staff were safe, there were feelings of intense relief. Several primus stoves were burning in the kitchen of the Royal Coach at the time of the accident but fortunately, there was no explosion. Without even a scratch, the young Heir Apparent emerged from the Royal Coach, strikingly self-possessed. "At last" he quipped "we have done something that is not in the program." The expressed verdict of 'all on the spot' was that the Prince of Wales was "a real good sport".

By all reports, he even seemed to enjoy a degree of satisfaction from the 'untoward happening'. No less inspiring in his "reassuring demeanour and disaffected manner" in such a trying ordeal, was the young Lord Louis Mountbatten – a cousin of the Prince. "It's the best thing I've ever been in." – the young Lord Mountbatten called out, perched on top of the overturned Royal Coach, as he viewed the wreckage. The jocular mood though was perhaps not shared by Surgeon Commander Newport and the Minister for Works Mr. George, the former of whom sustained a nasty cut on the knee, and the latter a cut on the face. After the accident whisky was forthcoming for those who felt nerve-



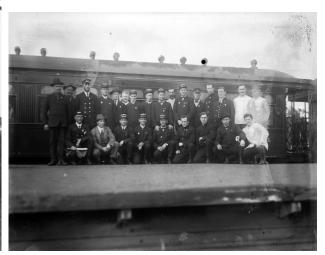
wracked. The amber fluid was in great demand.

On safely arriving back in Perth, His Royal Highness was greeted with popular enthusiasm, stirred to even greater proportions on account of the accident.

Indeed The Sunday Times at the time declared that the accident and the Prince's escape would rank as one of the most sensational events in history.

But I didn't know about it, did you? This story is based on newspaper articles at the time, it is not intended to be a definitive history.







Coronation Day Aiternoon Tea



In honour of the Coronation of King Charles III on May 6th, the museum mounted a short term display of coronation memorabilia that is held in its collection.

A former hospital secretary, Mr George Heathcote, was a collector of antiquities and had donated to the museum his collection of coronation invitations and passes which became the basis of this latest display.

The invitations date back to the coronation of King George III in 1761 and also include those of George IV, George V and Queen Victoria.

An embroidered sampler, celebrating the coronation of Queen Elizabeth II, showing the delicate stitches worked by Peggy Jasper is central to the table top display.

To accompany this display, a number of fine dresses and accessories, previously owned by local ladies, have been placed in the surrounding cabinets as examples of 'being dressed for an occasion'.



Happy birthday!

18th May	Wendy Eaton
21st May	Christina Bramwell
23rd May	Sherree Hill
1st June	Mackenzie Farrar
2nd June	Dennis Whisson
3rd June	Vicki Beard
4th June	Craig & Matthew

Email your birthday to bandicoot@cunderdincrc.net.au

Jasper



Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN23036138418

Cunderdin Tammin Mobile Vet Visiting Dates 2023

Tuesday 30th May, Tuesday 27th June

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Across

If you ever notice this in your poo, make an appointment to see your doctor (5). BLOOD
 If you notice any unexplained loss of
 WEIGHT when you step on the scales, be sure to discuss it with your doctor (6).
 Abnormally infrequent bowel motions or pain or difficulty passing poo is called
 CONSTIPATION (12).
 Unexplained fatigue or feeling more TIRED than usual for more than four weeks can be a sign that something isn't quite right (5).
 A rounded enlargement of any part of the

body is called a <mark>SWELLING</mark> (8). Down

1. Another word for a full and tight feeling abdomen is **BLOATING**. It's best to discuss this with your doctor if it's been going on for more than 4 weeks (8).

 Speak to your doctor if you notice any trace of blood or experience BLEEDING from your back passage (8).

5. Term used to describe extreme discomfort (4). **PAIN**

6. **RUNNY** poo is another way to describe diarrhoea. If there's no explanation for this and it's been going on for more than 4 weeks make an appointment and discuss it with your doctor (5).

8. An unexplained loss of APPETITE or feeling less hungry than usual should be discussed with your doctor to rule out anything serious (8).

Quiz 7 Answers

- 1. Cigars
- 2. Ear
- 3. Pole position
- 4. Jettison
- 5. Algeria
- 6. Hamlet
- 7. Socialism
- 8. Sea urchin
- 9. Sinbad
- 10. George W Bush
- 11. 1977
- 12. Coral
- 13. Hugh Grant
- 14. Sailboat racing

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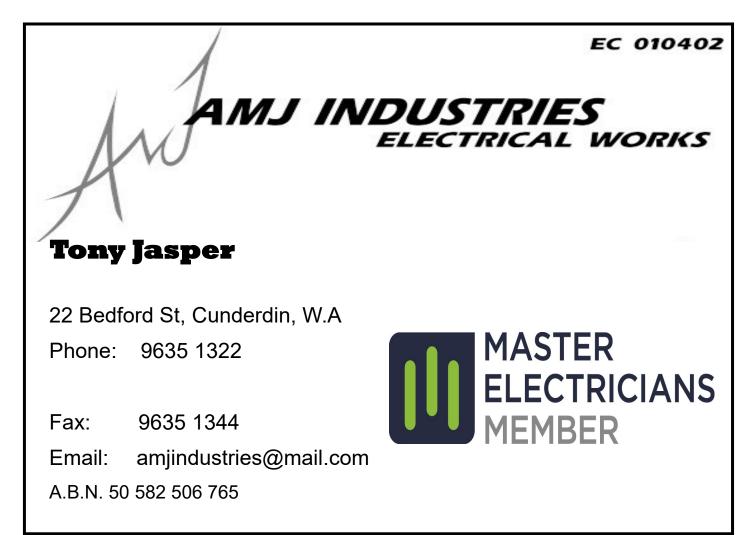
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Cunderdin and surrounding districts



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Located @ the Cunderdin Health Centre 55 Lundy Ave Cunderdin Phone: **9635 1352** Email: <u>info@cunderdinmp.com.au</u> <u>Website: cunderdinmp.com.au</u>

Influenza Vaccination Clinics

will be held on Monday 1st May, Monday 8th May, Monday 15th May, Monday 22nd May, Monday 29th May

Influenza vaccinations are free for everyone aged over 6 months in the month of May

COVID AND INFLUENZA VACCINATIONS CAN BE GIVEN AT THE SAME APPOINTMENT

Phone 96351352 to book an appointment or head to our new HotDoc appointment booking app

COVID Boosters Still Available

ATAGI recommends a booster dose for adults 65 years and over or adults aged 18-64 years who have medical needs that increase their risk of severe COVID-19 if their last COVID-19 vaccine dose or confirmed infection (whichever is the most recent) was 6 months ago or longer. We now have the Bivalent COVID-19 Pfizer vaccination for those adults needing a booster. This offers protection against the Omicron variant.

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Monday – Wednesday 9am – 12.30pm and 1.30pm to 5pm, Thursday 9am to 1pm





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ATTENTION PEOPLE WITH HEEL AND ARCH PAIN

Plantar Fasciitis (planar heel pain) is a common condition that causes pain under the heel of the foot, and may extend into the arch area.

WHAT ARE THE SYMPTOMS?

The pain under the heel is worse when the person first steps out of bed in the mornings, or after sitting for long periods of time. It is relieved after walking about for a few minutes, then returns towards the end of the day. Resting will ease the pain, until you get up again.

WHAT IS THE CAUSE?

The exact cause of plantar heel pain is unknown, but we do know this is a degenerative process in which micro tears occur within the plantar fascia. Several risk factors including over-pronation (rolling inwards of foot), tight calf muscles and long periods of standing/walking hard floors have been well established.

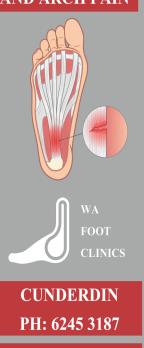
TREATMENT

Some of the more common treatments we offer are:

- Custom foot orthotics
- Corticosteroid injection
- Dry-needlingRehabilitation

WHY SEE WA FOOT CLINICS?

Plantar heel pain is a complex issue and treatment varies depending on the cause. At WA Foot Clinics we have Podiatrists that are highly trained foot professionals who see and treat heel pain on a daily basis.



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"Oh, my goodness, Lundy Ave is shiny as a new pin! And the toilet is amazing!! Thank you so much - it's an absolute delight!"

Alison Harris - Cunderdin

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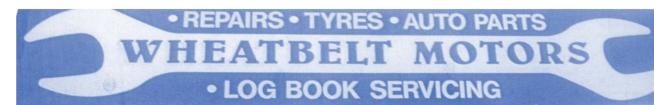


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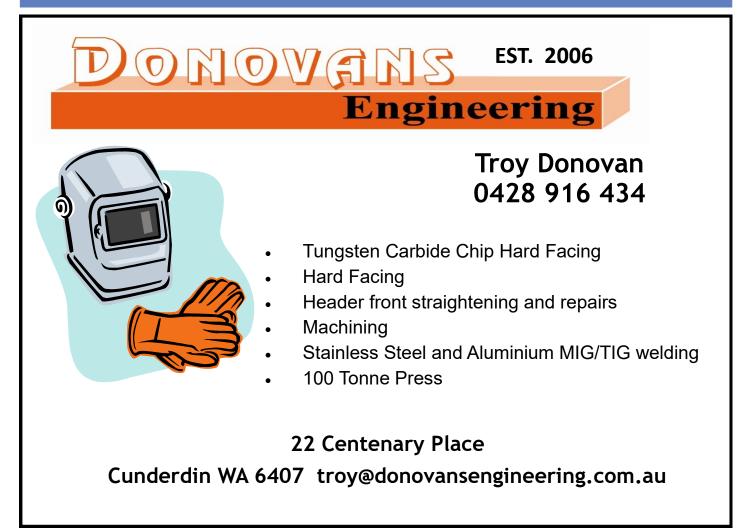
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Shire of Cunderdin Defibrillator Locations:

- Cunderdin sports & Recreation Centre
- Cunderdin Swimming Pool
- Cunderdin Co-operative
- Cunderdin Men's Shed
- Cunderdin Museum
- Cunderdin District High School +24 Hours
- Cunderdin Water Corporation
- Cunderdin St John Sub Centre
- Cunderdin Seed Cleaners
- Cunderdin CBH Weigh Bridge

- Cunderdin Police Mobile Unit
- Cunderdin Ag College
- Cunderdin Gliding Club

Meckering

- Meckering Sporting Club
- Meckering Roadhouse
- Meckering Primary School
- Meckering Men's Shed

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Authorised by Rick Wilson MP, Liberal Party, 101 Albany Highway, Albany WA 6330.



COMMUNITY NOTICES

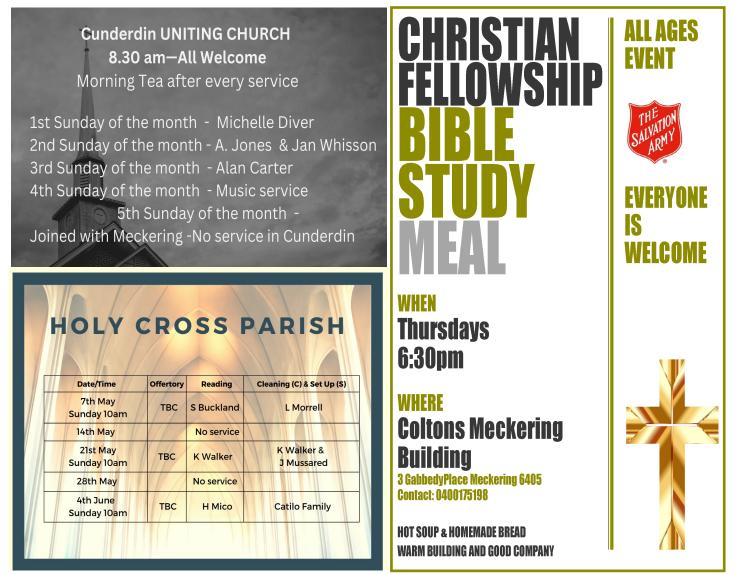
Cunderdin Community Mission & Opportunity Shop

The Op Shop is again taking donations of clothes and shoes in GOOD CONDITION "If you would give it to a mate, it is good to donate"

19/05/2023	Chris Fulwood	Jan Jasper	Leanne Priestman
20/05/2023	Les Rogers	Marian Scaddan	Robyn Stanik
26/05/2023	Jan Ferguson	Kaye Winterswyk	
27/05/2023	Ann Williams	Rosemary Jones	Cathy Winterswyk

Friday and Saturdays 9.30am –12pm, Corner of Bedford and Pemberton St, Cunderdin If you are unable to do your rostered shift please try and swap or phone extra helpers: Kerry Cooper (Saturdays Only), Leanne Bell, Cathy Winterswyk

> FURNITURE COMMITTEE: John Denton 9635 1074. MISSION SHOP CONTACT: Bev Storer - 0459 540 003



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COMMUNITY NOTICES

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Transwa



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CUNDERDIN

Craige Buegge - 9635 1341 Peter Darmody - 0418 958 086 Clive Gibsone - 0409 290 786 Alec Fissioli - 0477 455 008 Alison Harris - 0427 362 030 A hungry stomach, an empty pocket and a broken heart can teach the best lessons of life.



ATTENTION!

Cunderdin Police encourage all local businesses to regularly check their security cameras are in good working order. Footage from these can be extremely helpful in police investigations.

Things to check regularly:

- Cameras are recording and saving footage
- Cameras are appropriately positioned
- Footage is able to be downloaded
- Team members are able to access footage

To find out more about CCTV footage and how you can register your cameras with police, go to: https://cam-mapwa.police.wa.gov.au/ $\,$

Thank you for your help in keeping our community safe.



BANDICOOT NOTICES

Date & Issue	Proof Reading (2 People) 11.00am Tuesday	Despatch & Collection 9am Thursday
<u>Issue 8</u>	Heather & Kaye 30th May	Marian Rogers 1st June
<u>Issue 9</u>	Pam Jones & Helen Mussared 13th June	Nicole Taylor <i>15th June</i>
<u>Issue 10</u>	Jane & Kate Dodsworth 27th June	TBA 29th June
	School Holidays	

Bandicoot Deadlines 2023				
Issue	Deadline Friday	Publication Day Thursday		
Issue 8	26th May	1st June		
Issue 9	9th June	15th June		
Issue 10	23rd June	29th June		
School Holidays				
Issue 11	21st July	27th July		
Issue 12	4th August	10th August		

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Ph: 9635 1784, Email: bandicoot@cunderdincrc.net.au

ORGANISATIONS IN OUR SHIRE

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Bush Fire Brigade Captain Cunderdin: Adam Whisson Captain Ygnattering: Digby Willmott Captain Meckering/Chief Bush Fire Control Officer: Ashley Burges - 0428 251 236	Cunderdin Men's Shed Inc. President: Bernard Daly - 0488 079 334 Secretary: Tony Smith - 0487 316 448 9:00 am – Tuesday @ Museum Workshop	Meckering Ladies Hockey Club President: Rowie Snooke – 0417 881 710 Meg Reynolds – 0447 805 261		
Catholic Church Contact: Julie Mussared - 0429 635 119 E: mussareds2@bigpond.com	Cunderdin Museum Manager: Michelle Samson - 9635 1291 2nd Tuesday 6pm	Meckering Men's Shed President: David Foord - 96251119 Secretary: Brenton Bain - 9625 1000		
Child & Community Health Clinic (Serving Cunderdin, Meckering, Tammin) Cunderdin Health Centre, 55 Lundy Ave. Contact Nurse Donna Jasper - 9635 2216 for appts.	Cunderdin Nippers President: Mash Jasper Vice President: Jason Dumbrell Secretary: Lara Morrell	Meckering Playgroup President: Nat Mackin - 0433 748 492 Secretary: Em Fulwood - 0448 326 211 Monday 9.30am @ Meckering Primary School		
Cunderdin 100 Mile Club Inc. President: Troy Boromini - 0401 176 167 1st Wed of the Month @ 5:30pm New members welcomed	Cunderdin Patchworkers Meet every Tuesday at the Museum	Meckering Primary School P & C Chantelle Leeson 0428 924 049 Meckering Primary School		
Cunderdin Basketball Association President: Cody Fulwood - 0439 962 512 Secretary: A-J Williams - 0400 342 225	Cunderdin Playgroup President: Shanade Farrar Secretary: Sophie Rogers Every Monday of the school term	Meckering Sporting Club President: Jeff Snooke - 0407 251 379 Sec/Treas: Sharon Reynolds - 9625 1301		
Cunderdin Bowling Club President: Clive Gibsone Secretary: Vic Bridge Treasurer: Jan Harvey	Cunderdin RSL President: Graham Cooper - 9635 1443 Secretary: Norm Harvey	Meckering Tennis Club President: Neil Carter - 0428 251 207 Captain: Louise Snooke 0418 960 088		
Cunderdin Christian Fellowship Sunday 10am @ CWA Hall Contact: John O'Hare - 9635 3233	Cunderdin Sports and Recreation Centre Manager: Laurise Wilson Ph: 9635 1155	Meckering Trinity Church Available for special occasions. Anglican - Di Kelly (0429 910 342), Uniting - Sandie Laird (0428 251 122), Roman Catholic - Aimee Leeson (0409 278 015),		
Cunderdin Community Mission Shop: Open Fri & Sat 9.30 – 12 noon @ Uniting Church Hall President: Mrs Les Rogers Secretary: Mrs Jan Jasper 0488053719	Cunderdin Tennis Club President: Adam Whisson Email: cunderdintennisclub@gmail.com	Reed Cunderdin Supervising Coordinator: Robyn Stanik Tuesday - Friday 7.45am - 5.15pm		
Cunderdin District High School P & C President: Sandrine Pasfield Secretary: Jamie Tindal cunderdindhspandc@gmail.com	Cunderdin Women's Hockey Club President: Hannah Davey Secretary: Ashlei Otway - 0408 544 886 Email: cunderdinhockeyclub@outlook.com	Shire of Cunderdin: Monthly meeting 3 rd Thursday @ Council Chambers' President: Alison Harris CEO: Stuart Hobley Contact No: 9635 2700		
Cunderdin District Spinners & Crafting Group Contact: Ms Daphne Skinner - 0474 512 915 Meet on Wednesdays	Cunderdin Volunteer Fire Services Captain: Brandon Skinner Last Monday of the Month @ Fire Station	Shopper Bus Operates Thursday mornings, for HACC recipients only. Contact Cunderdin Hospital 9635 2222		
Cunderdin Football / Netball Club President: Jeff Snooke 0407 251 379 Secretary: Tim Fulwood	Lions Club: 1 st Thurs of month at 7.30 pm President: David Godfrey Secretary: Vic Bridge	St John WA, Sub Centre Cunderdin Operating Fridays: 8.30am - 4.30pm Phone: 9635 1600 Email: <u>cunderdin.subcentre@stjohnwa.com.au</u>		
Cunderdin Gliding Club: Operate most weekends Cameron McDonald - 0409 683 159	Meals on Wheels Contact: Hospital: 9635 2222	Uniting Church Contact: Alan Carter - 9635 1329		
Cunderdin Golf Club President: Darren Jasper - puff@wn.com.au Secretary: Corrina Baxter - cundygolfclub@gmail.com	Meckering Action Group President: Nat Snooke Secretary: Em Fulwood - 0448 326 211 actiongroupmeckering@gmail.com	Wednesday Activity Group (WAGS) For seniors contact the hospital 9635 2222		
Cunderdin Gym Aaron Cooper: 0400 793 570 Bernie Daly: 0488 079 334 Axel Thomson: 0408 822 889	Meckering Bowling Club President: Mervyn Burges - 0427 881 778 collingully2@bigpond.com	Have your details changed ? Contact us on:		
Cunderdin Meckering Clay Target Gun Club President: Chris Chant	Meckering Golf Club Neville Burges - 0427 946 275	bandicoot@cunderdincrc.net.au 9635 1784		
Cunderdin Meckering Cottage Homes President: Ros Coleman Secretary: Julie Mussared 3rd Tue Quarterly @ Museum 5pm	Meckering Ladies Club Cuppa Meckering Sporting Club. Every second and fourth Monday in the month, Between 9am – 11am Contact: Sandie Laird - 0428 251 122			



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