

Issue # 5

Bandicoot Express

\$2.00



6th April 2023

Serving the communities of Cunderdin & Meckering



∞ LEST WE FORGET ∞

**ANZAC DAY**

**Tuesday 25th April 2023**



## Meckering

Meckering War Memorial

6am Dawn Service

Followed by Gun Fire breakfast at Town Hall

## Cunderdin

Cunderdin War Memorial

11am Service

Parade Assemble at 10:30am (opposite CWA Hall)







**APPLICATIONS CLOSE APRIL 20TH, 4PM 2023**

**Requirements :**

- ✓ A can do attitude
- ✓ Developed written and verbal communication
- ✓ Great communication skills
- ✓ Good PR and interpersonal skills
- ✓ Handling paperwork management
- ✓ High standard of customer service
- ✓ Multi-tasking ability
- ✓ Publisher, Excel, Word, Canva experience desirable
- ✓ Thrives in a team environment
- ✓ 28-35 hours per week upto 12 months



**Applicants must obtain the information pack and address the selection criteria. Information packs are available in person, Cunderdin CRC website, Facebook page, in the Cunderdin CRC or via the QR Code >>>**



08 9635 1784 

coordinator@cunderdincrc.net.au 

57 Main Street, Cunderdin WA 6407 



**APPLY NOW!**

**Courtney Thomson ~ Coordinator**  
**coordinator@cunderdincrc.net.au**



# Bandicoot Express Price list 2023

Newsletter of Cunderdin & Meckering, Circulation approximately 200



Editor: Leechelle Matthews Phone: 9635 1784 Email: [bandicoot@cunderdincrc.net.au](mailto:bandicoot@cunderdincrc.net.au)

Type of Advertisements	Ad Size (pages)	Prices		
		Local	Out of town	
<b>Local:</b> Within Shires of Cunderdin & Tammin				
<b>Out of town:</b> Any town <u>NOT</u> located in the Shires of Cunderdin & Tammin				
<b>Residential</b> <ul style="list-style-type: none"> <li>For Sales</li> <li>Wanted Ads</li> <li>Garage Sales</li> <li>Pets</li> </ul>	1/8	FREE	\$3	
	1/4	\$6	\$7	
	1/3	\$7	\$8	
	1/2	\$9	\$10	
	Full Page	\$15	\$16	
<b>Sports – Local</b> <ul style="list-style-type: none"> <li>1/2 page fortnightly FREE or</li> <li>1 page monthly (Results only)</li> <li>Extra pages will be charged</li> </ul>	<b>Not 4 Profit – Local</b> <ul style="list-style-type: none"> <li>1/4 page monthly FREE</li> <li>Larger sizes will be charged</li> </ul>	1/4	\$6	\$7
		1/3	\$7	\$8
		1/2	\$9	\$11
		Full Page	\$13	\$16
<b>Business Advertising</b> <ul style="list-style-type: none"> <li>Private Rental</li> <li>Job Vacancies</li> <li>Real Estate</li> <li>Events</li> </ul>	<ul style="list-style-type: none"> <li>School Vacancies</li> </ul>	1/8	\$9	\$14
		1/4	\$11	\$16
		1/3	\$13	\$24
		1/2	\$16	\$30
		Full Page	\$35	\$60

Colour Page Bookings			
<b>Front Cover Booking – Business</b>	Full Page Only	\$155	\$210
<b>Front Cover/Inside Cover – Not 4 Profit and Sporting Groups</b>	Full Page Only	\$40	\$60
<b>Inside Cover/Back Page – Printed by CRC</b>	Full Page	\$130	\$155
	Half Page	\$65	\$78

Design/Formatting			
Let us help to give your advert a professional look!	Half Hour	\$16	\$16
	Hour	\$32	\$32

Community Notices			
Community notices, thank you notices, birthday greetings, AGM notices and news items of community interest. Community notices on more than 1/4 page or functions raising money will be charged as above.	¼ page	Free	n/a
	Local news/community articles are encouraged please email through.		

### Format Preferences:

- Microsoft Publisher
- Microsoft Word
- PDF
- Jpeg/PNG

### Deadlines:

- All adverts, articles, etc. must be submitted by 5pm on the Friday prior to publishing date
- Published fortnightly excluding school holidays

**Page Margins:** A4: Left = 1.27cm Right = 1.27cm Top = 1cm Bottom = 1cm

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W: [www.cunderdin.crc.net.au](http://www.cunderdin.crc.net.au)



# Letter from the *Editor*

# 2023

*The Emergency Service Day was fantastic! Well done to the Shire of Cunderdin, the event organisers and volunteers for coming down on the day and still proceeding with all the 'wild' weather we had. We were glad to see Mr Dummy got saved from the burning vehicle without a scratch, well done to all our volunteers who gave up their free time for us. Also those burgers from RRT were fantastic, one of the best I've had in quite a while!*

*If your looking for something to do try a random act of kindness, 3 ideas are: Leave some coins in a donation tin, write a positive comment/review online or be a friend to your neighbour. Or choose your own at <https://www.randomactsofkindness.org/kindness-ideas>*

*I hope everyone has a fantastic holiday break, even if your just staying home and relaxing!*

***Leechelle Matthews***

## Cunderdin Uniting Church

Cunderdin Uniting Church will be holding Good Friday and Easter Sunday services at -

8.30am on both days.

There will be morning tea following the Easter Sunday service.

All are welcome to attend.



## Wool Wanted/Needed

The Sewing Ladies are resuming their knitting skills, doing beanies and scarves for suitable outlets in Perth.

If you have any wool that could be used for this purpose, your donation of same would be much appreciated.

If you would prefer to knit/donate beanies & scarves to help bulk up our donation box, that also would be welcomed.

Thank you in anticipation.  
0438 351 754



# ANZAC DAY

DAWN SERVICE 2023

## Meckering War Memorial

6am April 25<sup>th</sup>

Free gunfire breakfast to follow at Meckering Town Hall provided by the Meckering Action Group

Please bring any flowers you may wish to lay in remembrance.

CONTACT: [natsnookejandnsnooke@bigpond.com](mailto:natsnookejandnsnooke@bigpond.com)



## ANZAC Day and AGM

Tuesday 25 April 2023

The Cunderdin Sub Branch of the RSL  
Invites all interested persons to join the

**March and Service  
Parade will assemble in Main Street  
(opposite CWA Hall)  
at 10.30am.**

**The service will commence at the War  
Memorial at 11.00am.  
All welcome.**

**The AGM of the RSL will be held following  
the service at the Ettamogah Pub at 12  
noon.**

For further details please contact either:

**Norm Harvey (0429 904 849)  
or Graham Cooper (0409 885 753)**

BailiwickLegal.

## CUNDERDIN LEGAL HOT DESK

Bailiwick Legal is bringing our services direct to you through our  
**Regional Legal Hot Desk.**

Bailiwick Legal is a commercial law firm specialising in agriculture and tourism. We can assist with matters of litigation, dispute resolution, employment & workplace, property law, settlements, mining & access, and wills & estates.

We will be in Cunderdin at Cunderdin Community Resource Centre, 57 Main Street, on the following dates between 9.30am - 3.30pm:

**3 APRIL 2023**

**22 MAY 2023**

To book a free 20-minute consultation please email [evelyn@bailiwicklegal.com.au](mailto:evelyn@bailiwicklegal.com.au) or call 9321 5451



[bailiwicklegal.com.au](http://bailiwicklegal.com.au)



[office@bailiwicklegal.com.au](mailto:office@bailiwicklegal.com.au)



(08) 9321 5451

## Cunderdin District High School Year 9/10 Camp Fundraiser



# Bottle Drive



♥ Please donate your  
empty bottles to:

**C10477969**



Help support the  
year 9/10 class get  
to their camp!





# COLLEGE HAPPENINGS

The Year 11's enjoyed their Trade Tour of Macmahon, Proform and Bruce Rock Engineering which exposed students to industry practices and to help prepare them for workplace expectations.



Some points of interest, a robotic welder, CNC laser cutter at Bruce Rock Engineering (BRE), large scale machines at Macmahon's and the CNC machine at Proform.



# MECKERING MUSINGS



Hello Beautiful Bandicoot Browsers!

Well as the term draws to a close, we reflect on what has been an extremely busy yet productive start to the year. Swimming lessons and carnivals are complete, NAPLAN is over, and Easter is just around the corner. The cooler weather has provided some much welcome relief. Unfortunately, the school did sustain some storm damage which meant a shift of classes for the Junior Room for a couple of days whilst repairs took place. The staff and students took this interruption in their stride and continued classes in the library for two days seamlessly. The ability for the Meckering Community to carry on through adversity is inspiring and I feel blessed to be a part of it. Next term we will welcome yet another student to the Junior Room, we welcome her and know she will enjoy becoming a member of our wonderful Meckering Family.

## TENNIS

We were fortunate enough to use the facilities at the Meckering Sporting Club for our tennis unit this term. We really appreciate the club continuing to support the school to enable Meckering PS students to participate fully in a range of sporting events. Fenner Country and School Sport coaches Bojana and Sascha provided coaching each Wednesday and the children thoroughly enjoyed it whilst further developing their tennis skills. Feedback from the coaches has been that the Meckering PS children were extremely well behaved and a great pleasure to coach. Next term the children will be honing their netball skills in time for the upcoming Netball season.



## C.A.R.E & KINDNESS PROJECTS

Each Friday the children participate in C.A.R.E (Children Are Respected Equally) sessions. This year the children are learning about the 7 Habits of Happy Children which is the Primary School version of The 7 Habits of Highly Effective People. The 7 Habits are: Be Proactive, Begin with the End in Mind, Put First Things First, Think Win Win, Seek First to Understand then to be Understood, Synergize, Sharpen the Saw. They will use these skills to complete their Kindness Projects, working together and developing leadership skills as they play their part in helping to make the world a better place. Over the past two years the children have focussed on the Meckering/Cunderdin/Northam area when developing their projects. This year, the students are excited to support Charitable Organisations both Nationally and Globally, your support of these would be greatly appreciated as they arise. We will keep you updated as these progress.

Go well and enjoy a restful, safe Easter break.



# Community Meet & Greet

Are you new to the Community of Meckering over the last four years , have a new neighbour or are already a Meckering resident and would like to welcome new residents into our community ?? If so , come along to :

**Community Meet and Greet , Friday 14<sup>th</sup> of April**

4pm at the Meckering Sporting Club Tennis Shed (down near the tennis courts)

Afternoon tea and a sausage sizzle will be provided .

The Sporting Club will be open at 5pm for anyone interested in staying on !!

Please RSVP to Nat Snooke for Catering purposes at

[iandsnooke@bigpond.com](mailto:iandsnooke@bigpond.com) or message on 0427260170 by Wednesday 12<sup>th</sup> April . All very welcome !!



## GOLDEN FIELDS DISABILITY SERVICES



### Hello Community!

We are excited to announce our new service in your area. We are based right here in the Wheatbelt. If you are one of the many people that have been unable to receive Disability Services we are here to help, we even travel on farm. Our services include the following;

- In home cleaning
- Social support
- Transport
- Disability consultancy
- Mentoring
- Activities
- Preparing people for independent living
- Respite
- Capacity building participants/ learning



0488 410 045



[goldenfieldsds@outlook.com](mailto:goldenfieldsds@outlook.com)



### My Story

My name is Daniel Marzocchi. In 2010 I had a work accident that rendered me a Paraplegic. Like all disabilities it was a very challenging time. I have had many achievements including a gold medal at the Abilympics. My desire is to help others get the most out of life and to assist other NDIS participants get the most out of their plans. I have had vast experience in NDIS processes. I have worked extensively with People with Disabilities. We hope we can help you.



**FARMWAYS  
CUNDERDIN / DOWERIN**

**ELDERS FARMWAYS CUNDERDIN - CLERICAL POSITION**

We have a vacancy for a casual, part time, clerical assistant, at our Cunderdin Store. Hours are flexible, with wage being negotiable.

Applicants should have a good working knowledge of the MYOB accounts system, along with sound computer skills. Main duties include Farmways accounts, filing, & maintaining required account inputs to support BAS & tax returns. Need to be able to work without supervision, & have a sound work ethic.

Position may require you to run the store on occasions during busy periods & assisting with running the Elders accounts system. The position would suit a local person looking for part time work. It could also provide a start for someone looking for full time employment over time, or a career within the Elders network.

If interested, please contact Graham Cooper on farmways@wn.com.au or 0409885753, for an interview.

**Full eye examinations in  
your own community.**



**RURAL  
HEALTH  
WEST**

The Outreach programs are delivered by Rural Health West as a part of the Australian Government Department of Health.

Eye exams will be conducted at

<b>CUNDERDIN</b>	<b>THURSDAY 13 APRIL</b>
<b>KELLERBERRIN</b>	<b>FRIDAY 14 APRIL</b>
<b>QUAIRADING</b>	<b>FRIDAY 21 APRIL</b>

For an appointment, please call Iselle **0450 033 517**

Michael Browning provides a comprehensive bulk billed eye exam. We offer a full optical service with a large range of spectacle frames.



**Kalannie**

**High Quality / Screened**

*Typical analysis:*

Calcium 22.8% Sulphur 17.8%

Independent Analytical Reports Available

**Now also operating from  
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65km NE of **Dowerin**

**Daniel Nixon 0429 662004**

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## ***FREE SKIN CANCER SCREENING***

# **Cunderdin Lions Club**

*As a joint project with*

**The Lions Cancer Institute Inc.**

The team will conduct a *Free* Skin Cancer Screening in

Cunderdin

On Saturday 29<sup>th</sup> April

At Main Street Cunderdin

*To book a screening appointment*

*Phone 0428362017*





The Lions Cancer Institute (LCI) will be providing a free Skin Cancer Screening in **Cunderdin** on **29<sup>th</sup> of April 2023**. This free service provides for the early detection of skin lesions and where a lesion is identified a referral is made to your GP for further investigation. For booking information contact **0428362017**

The LCI is a project of the Lions Clubs of Western Australia. Since early 1990's LCI has been providing full body skin screening clinics throughout Western Australia, with an emphasis on Screening the remote and rural areas of the state.



From humble beginnings the Volunteers of LCI have screened over 80 000 patients and our records show that with the annual rate of referrals to a GP is in the order of 27% (21,600) and lesions suspected of being life threatening are at 6% (1260). Early detection of lesions will save lives and lessen the need for invasive surgery.

LCI's screening program is supported by qualified volunteer Dermatologists, Plastic Surgeons, Dermoscopists and GP's.



Funding for LCI's screening programs and research grants is provided by donations from Lions Clubs of WA, Business and from the public.

We are currently raising funds to replace our two ageing screening units with one purpose built unit. Donations can be made to The Lions Cancer Institute at **WESTPAC BANK, BSB 036-107 ACCOUNT 218 557**.

All donations over \$2.00 are Tax Deductible

Visit LCI website [www.lionscancerinstitute.org.au](http://www.lionscancerinstitute.org.au)





# EXPLORE BIBLE PROPHECY

## Bible Prophecies of Jesus Christ's Return: Are You Prepared?

**When: 3pm, 29<sup>th</sup> April 2023 (God Willing)**

Jesus Christ will return to the earth. Despite our world largely ignoring Almighty God and His Son, events in the world show the return of the Lord Jesus Christ to be imminent. The Kingdom of God under Jesus Christ will replace the Governments of this world.

We will consider Bible prophecy that shows the events we see occurring in the world today, involving Russia, Europe and the Middle East (Ezekiel 38), the breakdown of law and order (2 Timothy 3:1-5), extreme weather, earthquakes, fires, drought and the current food crisis are all events that man has no answer to. These events give us confidence that Christ will return and provide us with a challenge to prepare for his coming.

The Bible provides the key to unlock the wonder of prophecy and a hope for those who are prepared to understand Almighty God's plan for this perplexing world.

We invite you to this Bible based address to explore Bible prophecies of Jesus Christ's return that will help you interpret world events (2 Peter 1:19-21), and to see the certainty of Christ's return. We urge you to take the time to hear the Word of God. It can prepare you for Christ's return to the earth and your personal inclusion in God's purpose with this earth (Micah 4, Mark 16:15-16).

**Venue: Northam Lesser Hall**

**Cnr Wellington & Gordon Streets, Northam**

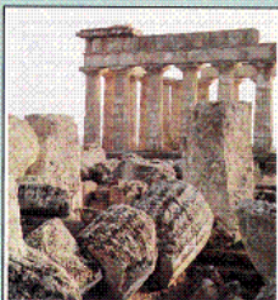
**Free Admission**

**Refreshments served – 4:15pm**

## FREE BOOKLET OFFER

[info@truegospelmesssage.com](mailto:info@truegospelmesssage.com)

**The  
Amazing Witness  
of  
Fulfilling Bible  
Prophecy**

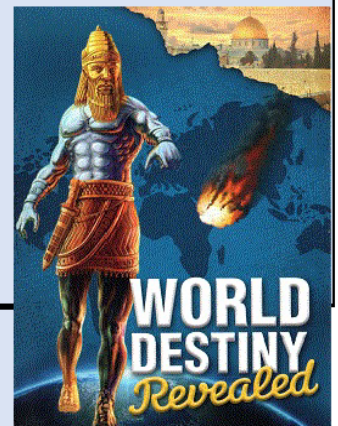


**Or write to  
The Christadelphians  
PO Box 44  
SOUTH PERTH WA 6951**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_ **Tel. ( )** \_\_\_\_\_



Outlining amazing incidents of  
world history prophesied in the Bible

*Working hard for  
the Wheatbelt*



**RICK**  
**WILSON MP**  
FEDERAL MEMBER FOR O'CONNOR

 345 Hannan Street, Kalgoorlie WA 6430

 PO Box 10415, Kalgoorlie WA 6430

 9021 2044

 RickWilsonMP

 rick.wilson.mp@aph.gov.au





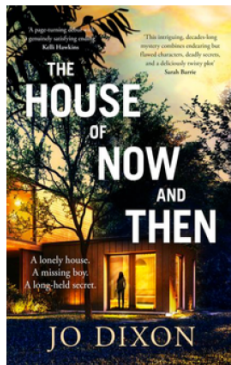
# High Yield

**Separating the wheat from the chaff so you don't have to.**

Excited to see the rain clouds roll in recently. My garden definitely appreciates it. Perfect weather to curl up with a book or a great tv show. A big thank you to Leechelle for inviting me to read at the Tales for Tots program at the Cunderdin CRC. It's wonderful to be able to share my love of reading with some little readers in our community - Dee Blom

## Shetland - Book + TV Series

If you are after a great crime drama - Shetland has you sorted. This TV series is based on the novels by Ann Cleeves - who also wrote the Vera detective series. DI Jimmy Perez is the head strong and complex central character along with his likeable team who investigate crimes that happen across the Shetland archipelago. Beautiful landscapes and excellent Scottish accents will have you easily cruise through all 7 seasons and there is a potential 8th season hitting our screens in 2024.



## The House of Now and Then by Jo Dixon - Book

I finished this book in under a week, the fastest I have read a novel in a while - it's definitely a page turner. You are immediately absorbed into the story centred around a house and its habitants. The dual time period and narration, can sometimes have you all over the place, but this was done perfectly. There was good character development through both timelines. Set in Tasmania, there is already a sense of mystery and magic. The cooler climate and beautiful environment makes for a breathtaking setting.

## Boston Strangler - Film

Based on a true story, this film breaks down the social norms of the time including what was expected of women at the same time as following the city's most notorious serial killer. Keira Knightley takes on the character of Loretta McLaughlin, the first reporter to connect the murders. Carrie Coon plays the perfect co-star role of Jean Cole who helped McLaughlin to report on the murders. Available on Disney+.



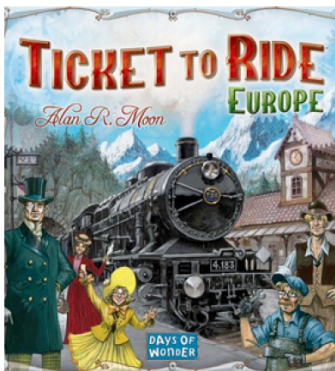
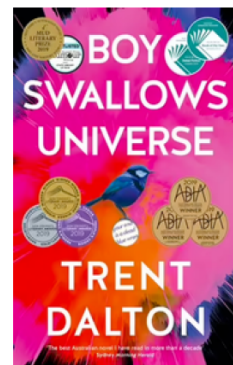


## Knives Out - Film

Centred around the death of a wealthy novelist at his birthday party, detective Benoit Blanc is hired to investigate and determine which of the party guests are responsible. Think murder mystery night sprinkled with a little bit of Agatha Christie. This film is jam packed full of Hollywood's best - Daniel Craig, Chris Evans, Jamie Lee Curtis and Toni Collette to name a few. Look out for another Benoit Blanc mystery - Glass Onion on Netflix too. I'd recommend watching Knives Out first.

## Boy Swallows Universe by Trent Dalton - Book

This has been around for a while, so I'm sure many of you have read it. It has received countless awards and even it's own Netflix series. This is technically a novel, however there are elements of this story that are true to Trent Dalton's own childhood experiences. This is a terrifyingly chaotic coming of age story for a young boy in Brisbane. Learning to navigate the world around him, young Eli Bell attempts to improve his circumstances but it is an uphill battle. This book will have you laughing, crying, fearful and anger. A devastatingly raw novel with a unique Australian voice - highly recommend this.

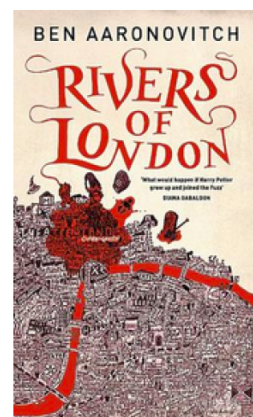


## Ticket to Ride Europe - Boardgame

Boardgames - the greatest indoor activity ever! This was one of the first modern boardgames I was introduced to over 7 years ago. And from there, we have been gathering a collection of great boardgames since. Ticket to Ride Europe has simple mechanics - build train tracks from one destination to another to score points. Complexity is that others are doing the same and there is only so much track to share. If you love the style of game, there are several versions of Ticket to Ride available with slight tweaks in the rules to keep things interesting.

## Rivers of London by Ben Aaronovitch - Book

Excellent urban fantasy series. What does urban fantasy mean?! Don't worry I had no idea about this genre until my sister introduced me to this series. Urban fantasy combines unreal or imaginary elements into a contemporary urban setting. You'll be put at ease with the mention of recognisable landmarks of London throughout while ghosts and other creatures pop up. This is the first novel in the series that follows Peter Grant, a Probationary Constable who dreams of being a detective. He is quickly recruited to a special division set up to investigate crimes involving magic. Jump in for a wild ride.





# Tales for Tots

**CUNDERDIN CRC ~ 10AM**

**AN HOUR OF FREE STORIES, SONGS AND CRAFT FOR  
YOUNG CHILDREN AND THEIR PARENTS/CAREGIVERS**



**Term One:**

~~**Feb 27**~~

~~**March 27**~~

**April 24**

**May 22**

**June 19**



**ANY QUESTIONS PLEASE CONTACT THE CUNDERDIN CRC ON 9635 1784 OR  
ADMIN@CUNDERDINCRC.NET.AU**



## TALES FOR TOTS

The Cunderdin CRC held our monthly Tales for Tots where we did some reading, activities and crafts thanks to Better Beginnings and The State Library.

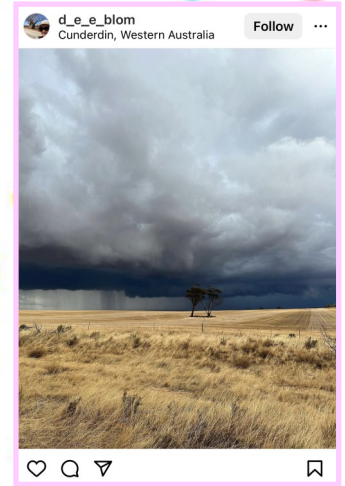
Our guest reader was Deanne Blom. Deanne was exceptionally amazing at handling the 15 boys and 2 girls. Reading *The Winky Wonky Donkey* first (good choice!) We then did some farm activities, played some with blocks and mainly just had fun! Followed by some healthy fruit!

Thank you to Dee for coming along to our Tales for Tots the kids had a blast. The next tales for Tots is on Monday the 24th April, ages 0-5, we hope to see you there!





# Instagram




## ATTENTION!

Cunderdin Police encourage all local businesses to regularly check their security cameras are in good working order. Footage from these can be extremely helpful in police investigations.

Things to check regularly:

- Cameras are recording and saving footage
- Cameras are appropriately positioned
- Footage is able to be downloaded
- Team members are able to access footage

To find out more about CCTV footage and how you can register your cameras with police, go to: <https://cam-mapwa.police.wa.gov.au/>

**Thank you for your help in keeping our community safe.**



## Mental health training in the Wheatbelt

The Mental Illness Fellowship of WA in partnership with Holyoake and the Wheatbelt Suicide Prevention Project are offering the following **FREE mental health training** for the public across the Wheatbelt. These training opportunities will give you the skills, knowledge, tools and confidence to support yourself and others who are experiencing mental health issues.

<p><b>HELP SOMEONE WHEN THEY NEED IT MOST</b></p> <p>safeTALK: SUICIDE ALERTNESS FOR EVERYONE</p> <p>23 May 2023, 10:30 AM, Dowerin Community Club</p>	<p><b>YOUTH MENTAL HEALTH FIRST AID</b></p> <p>31 May-1 June 2023, 9:30 AM, Northam Recreation Centre</p>
<p><b>CONVERSATIONS ABOUT SUICIDE</b></p> <p>7 June 2023, 10:00 AM, Moora Recreation Centre 27 June 2023, 10:30 AM, Merredin Community Resource Centre</p>	<p><b>CONVERSATIONS ABOUT NON-SUICIDAL SELF-INJURY</b></p> <p>8 June 2023, 10:00 AM, Moora Recreation Centre 28 June 2023, 10:30 AM, Merredin Community Resource Centre</p>

Register via [training@mifwa.org.au](mailto:training@mifwa.org.au)  
 Queries to our local Holyoake rep Jordyn at [Jordyn.Drayton@holyoake.org.au](mailto:Jordyn.Drayton@holyoake.org.au)  
 or our training team at [training@mifwa.org.au](mailto:training@mifwa.org.au)



## We Are Not The Same – Is It Embedded In Our Masculinity?

Quite often as blokes we have been told to get in touch with our feminine side. Over time this narrative has been part of the language barrier that has put bloke's positive approaches to wellbeing issues and help seeking in reverse.

There are three parts to our health: physical, mental and social/spiritual wellbeing. The latter is where we find: our identity, our individuality, our own sense of self, our sense of belonging, our passions and interests and our emotional *context* (not a feminine side!)

We are the same species but putting it simply men and women have evolved differently. Our DNA is 99.6% similar but it is that 0.4% difference that we need to talk about and address, because it helps explain why blokes have a warrior attitude to life and in turn helps explain why we seek help differently.

There are three main areas of difference that we talk about in the work we do:

### 1. Communication

- On average blokes will talk one third less than ladies per day (7,000 words to 21,000 words) this starts from a young age from boys through to men. Anyone with a wife, mother, mother-in-law, daughter, or partner will know this. Ladies, talking is a good thing as it helps address/highlight a whole lot of issues.
- It is perfectly normal for blokes to talk in dot points or even just grunt!

### 2. Risk-taking

- Blokes are hard wired to take risks from an early age. Some of this is linked to our brain development. The brain development stage for a lady is roughly between the ages of 18 to 20 years, whereas for a bloke it is between the ages of 25 to 28 years (some may say 45 to 50 years!)
- As we get older, we get wiser, but we are still hard wired to take risks.

### 3. Winning (an important part of the warrior culture)

- The majority (90%) of Aussie men think winning is important (a trait that can be traced back to our true warrior days, hunting for survival);
- An alarming statistic is that 50% of blokes think winning is all that matters. So quite often blokes don't take a backward step when it comes to finances, relationships and/or business matters.

The importance blokes place on winning, explains why a loss event and/or a sense of loss becomes problematic and can be hard to deal with. Combine this with the lack of understanding of our emotions and we may be a ticking time bomb.

As blokes we need to be more aware of our emotions and that it is alright to show them. We will all experience emotional issues throughout our lives. During these times we should openly express our emotions maybe through a hug or a cry and/or use language that is foreign to us i.e. I am sad, and/or I am struggling here.

*Talk to a Mate®!!* It is beneficial, and you will realise that it's not just you that may be struggling, there's a lot of other blokes out there feeling the same way.

The Regional Men's Health Initiative

P: (08) 9690 2277

E: menshealth@4blokes.com.au



@RMHI\_4blokes



Working with Warriors Podcast



regionalmenshealth.com.au





## CRC Happenings

P: 9635 1784 E: admin@cunderdincrc.net.au

W: www.cunderdin.crc.net.au

### UPCOMING PDA DATES:



**April:** Thursday 20th and Friday 21st (School Holidays)

**May:** Thursday 4th and Friday 5th

Thursdays can only be booked in person at the CRC with your ID.

Fridays are available online on the DOT website:

<https://online.transport.wa.gov.au/pdabooking/manage>

Car, Moped, Motor Bike, LR, MR

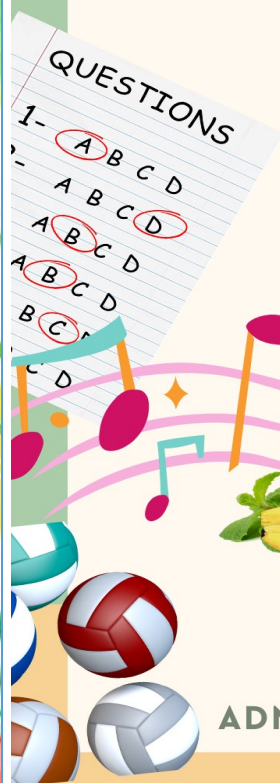
**(You can only have 1 test booked at a time)**

### Food Bank Boxes

The Cunderdin CRC has received some more food bank boxes. Foodbank boxes are valued at \$35 and only cost \$5. We also have fresh bread from time to time so please pop in and collect, donate or swap!



# Do you have an event in mind?



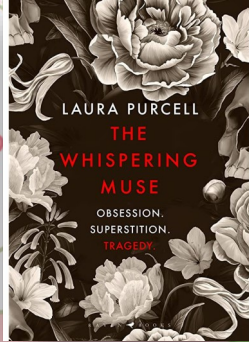
**CONTACT THE CUNDERDIN CRC**

ADMIN@CUNDERDINCRC.NET.AU OR CALL 9635 1784

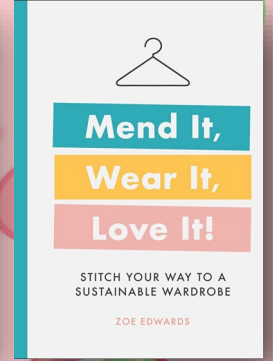
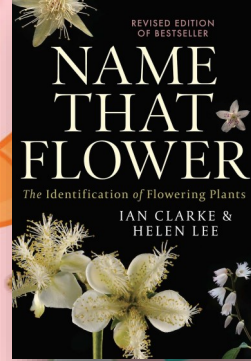


# LIBRARY

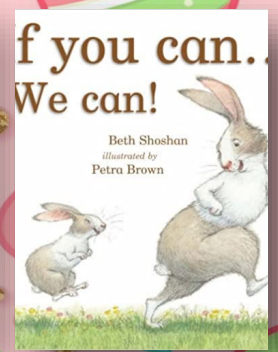
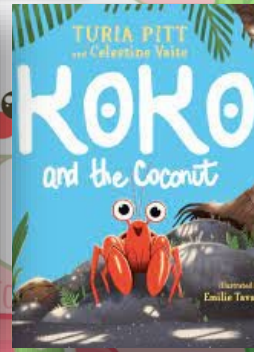
## Recommended Books



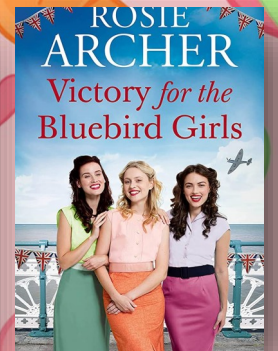
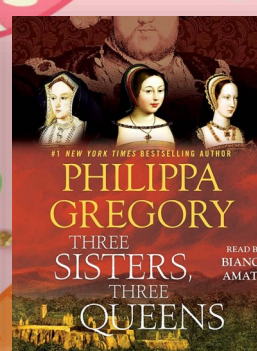
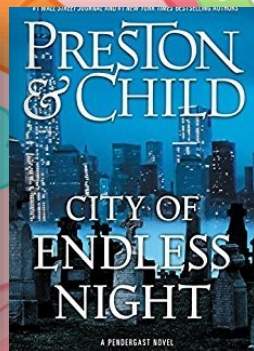
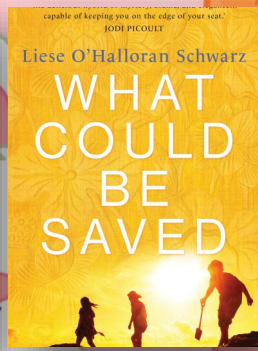
## New Non-Fiction Books



## New Children Books



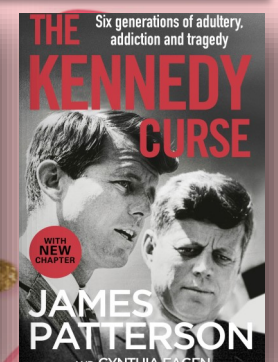
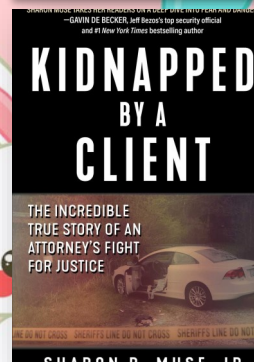
## New Fiction Books



## New DVD'S



## New Audio Books







Marzocchi Contracting

**CLEANING CARPETS . RUGS  
COUCHES . CHAIRS . CURTAINS  
CAR INTERIORS  
CABS in FARM EQUIPMENT**

- *Please note we also clean windows - inside, outside, tracks, frames, flyscreens*
- *Vacate Cleaning - Everything top to bottom. We scrub out dirty old cupboards, wash walls, clean ovens, deep clean carpets ... you name it!*
- *We clean boats, caravans, motor homes. We've even cleaned the interior of a D8 bulldozer!*

"Oh, my goodness, Lundy Ave is shiny as a new pin! And the toilet is amazing!! Thank you so much - it's an absolute delight!"

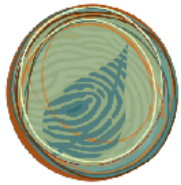
Alison Harris - Cunderdin

**Anita Marzocchi**

**0459 405 333**

**Email: [marzocchifamily@hotmail.com](mailto:marzocchifamily@hotmail.com)**

*Registered Business - ABN: 16637422118 . Aged Care Criminal Clearance . Working with Children .*



**wheatbelt**  
natural resource  
management

# GRANT FUNDING

## Application Opportunities

### 2023



**WHERE THE WILD THINGS ARE?** Do you have a Eucalypt Woodland you would like to protect? Funding of up to \$15,000 is available for activities to manage the impact of feral animals, stock grazing and weeds on Eucalypt Woodland bushland, to protect and enhance the habitat of threatened flora and fauna within Eucalypt Woodlands and to protect and enhance significant Eucalypt Woodland patches. Applications and more details on our website.

Contact Project Manager: Alex Griffiths at [agriffiths@wheatbeltnrm.org.au](mailto:agriffiths@wheatbeltnrm.org.au) or (08) 9670 3102.



**PICK OF THE LITTER:** We are committed to protecting Malleefowl in the Wheatbelt and we can only do it with your help. Funding of up to \$10,000 is available to assist landholders working to protect these birds in patches of native vegetation. Applications are invited for actions like fencing to protect habitat from stock, feral animal control and revegetation to improve connections between patches. Applications and more details on our website.

Contact Project Officer: Kate Nicol at [knicol@wheatbeltnrm.org.au](mailto:knicol@wheatbeltnrm.org.au) or (08) 9670 3111.



**HEALTHY BUSHLANDS:** Our Healthy Bushland Program provides support to community groups, groups of neighbours and individuals to help cover the cost of materials for a range of activities including feral animal control, habitat augmentation and fencing, for the purposes of protecting remnant vegetation within the Wheatbelt NRM region. Applications and more details on our website.

Contact Project Manager: Alex Griffiths at [agriffiths@wheatbeltnrm.org.au](mailto:agriffiths@wheatbeltnrm.org.au) or (08) 9670 3102.



To apply scan the QR codes or visit:

[wbnrm.your2cents.com.au](http://wbnrm.your2cents.com.au)



National  
Landcare  
Program



**wheatbelt**  
natural resource  
management

This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program.





SHIRE OF  
**CUNDERDIN**

# SHIRE SNIPPETS

6 April 2023



News

Community

Public Notices

Events



## Emergency Services Open Day Thank you

We'd like to thank everyone who showed up last Friday night to support our Emergency Services Open Day. We are sorry the weather wasn't the best but we appreciate everyone who braved the wind. Just letting you know it's not too late if you didn't get a chance to sign up, please feel free to contact me directly or email me [benjamin.davies@dfes.wa.gov.au](mailto:benjamin.davies@dfes.wa.gov.au) and I can organise a membership form depending on what service you'd like to join.

For those who were interested in joining the Cunderdin Bushfire Cadets, please return your membership package to the Cunderdin Shire office before the 14th of April, so we can organise uniforms in time. We also have spare packages available if you didn't get one Friday night.



Continue next page

## Community Events

Holiday Youth  
Tennis



12 APRIL 2023

Seniors Bus  
Trip



1 MAY 2023

Pink Up our  
Towns meeting



8 MAY 2023

Road Safety  
Sheep Art



2 MAY 2023





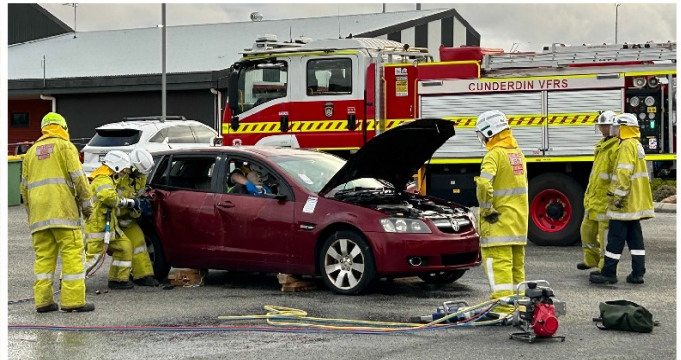
We'd also like to give a big shout out and thank the Cunderdin Volunteer Fire and Rescue Service as well as the Tammin Volunteer Fire and Emergency Service and the Cunderdin Volunteer Ambulance Service who put on an excellent Road Crash Rescue display. We'd also like to thank the Cunderdin Bushfire Brigade, Cunderdin and Quairading Police, Northam State Emergency Service, Northam Incident Control Vehicle and the Northam Emergency Services Cadets. We'd also like to say a massive thank you to the Rapid Relief Team for putting on all the yummy food and cold drinks, the burgers were amazing. We'd also like to thank the Rest-Awhile Coffee Van for the hot drinks to keep us warm.

Our Emergency Services are run and supported by volunteers, they give up their time to support their community, this night was to highlight their amazing work and to boost awareness and acknowledge how important they are. If you or someone you know is interested in joining or finding out more information about volunteering, please contact me directly on the email provided above for more information.

There's a service available for everyone, these are the services that need your help and support:

- Cunderdin Volunteer Ambulance Service
- Cunderdin Volunteer Fire and Rescue Service
- Cunderdin Bushfire Brigade
- Northam State Emergency Service

There are no obligations to sign up if you'd like to come and have a look, the Ambulance Service and Fire Service train often and you can come and see what it's all about first. Its not a 24/7 commitment and you can choose when you're available, we offer free training and other great benefits. Please contact me and I can let you know when training is on next, we look forward to seeing you there. Thank you, Ben Davies - Community Emergency Services Manager







# Road Safety Sheep Art

Ages 10+

Come down and paint a corrugated iron sheep to display during road safety week!

**Tuesday, 2nd May 2023**  
**3:30–5:00pm**  
**@ Cunderdin Town Hall**

If you will be attending, please contact the Shire on 9635 2700 or email [amber.bellacunderdin.wa.gov.au](mailto:amber.bellacunderdin.wa.gov.au)

**Please remember to WEAR OLD CLOTHES!!!**

Funded by ROAD SAFETY COMMISSION COMMUNITY GRANTS PROGRAM

# Help us PINK UP our towns

Our next Pink Up our Towns meeting is scheduled for **Monday, 8 May 2023 @ 5 pm** at the Cunderdin CRC Meeting Room. Everyone is welcome and we encourage new members too!

A reminder to bring your fabulous ideas to the meeting, as we will narrow down and pick our main events on the night. If you have any questions please don't hesitate to contact Liezl (Shire of Cunderdin) or Courtney (Cunderdin CRC).

Hope to see everyone there!





# O'Connor Park Progress

O'Connor Park redevelopment is progressing well, with the skate park development nearing completion. Playground equipment is being installed in the next few weeks, which is exciting to see. We have already seen the installation of the ninja warrior course and the big swing frame!



Council are investigating suitable options for the development of a small cafe outlet at the park. Lots of planning and discussions are under way to ensure that when a cafe area is developed it will be sustainable for years to come.



## Public Notice – Unrestricted Burning

The Shire of Cunderdin wishes to advise you that as of the 1st of April, we have entered the unrestricted burning period, this period runs from the 1st of April till the 19th of September. Please be mindful of the weather conditions when burning, and ensure you have an adequate water supply. If you could also put a message in your local BFB whatsapp or message the CESM when conducting burns, this will minimise the chance of mobilising crews to controlled burns.



## Baarley's Joke Corner

What would you call a sheep that likes to play fetch?

*A sheepdog.*

What is a sheep covered in chocolate known as?

*A chocolate baa.*

Don't forget to subscribe to the online Shire Snippets! It is easy just fill in your details at:  
[www.cunderdin.wa.gov.au/the-shire/latest-news/newsletter-subscribe.aspx](http://www.cunderdin.wa.gov.au/the-shire/latest-news/newsletter-subscribe.aspx)







The CMT Seniors Committee invites you to attend our

# CMT Seniors Road trip

Join us for a fun bus trip to Bruce Rock and surrounds. Morning tea and lunch will be provided.

**MONDAY, 1 MAY 2023**  
**9 am - 4 pm**

**RSVP by Wednesday, 26 April to the Shire of Cunderdin on 9635 2700**



BOOK NOW ! LIMITED SEATS AVAILABLE.



# Shire Information



## Administration Open Hours

Open Monday - Friday 8.30am to 4.00pm

Department of Transport and State Library Services are available from the Cunderdin Community Resource Centre located on 57 Main Street, Cunderdin.

## Councillors

Shire President:	Alison Harris
Deputy President:	Tony Smith
Councillor:	Natalie Snooke
Councillor:	Sam Stewart
Councillor:	Todd Harris
Councillor:	Norm Jenzen
Councillor:	Bernie Daly

## Staff

CEO:	Stuart Hoblely
Deputy CEO:	Hayley Byrnes
Manager of Works	Craig Robertson

## Further Information

Contact details for Councillors or staff is available from the Shire of Cunderdin website at:  
[www.cunderdin.wa.gov.au](http://www.cunderdin.wa.gov.au)

We encourage you to subscribe to the Shire Snippets or consult the website to keep up to date on Council matters or events.

## Restricted Burning Periods

The dates below may change due to seasonal fire conditions in which case the details of the changes will be published locally and on Council's website.

Permits available from:  
Shire Administration Office  
Chief Bush Fire Control Officer:  
Ashley Burges  
Deputy Bush Fire Control Officer:  
David Beard

**OPEN BURNING PERIOD**  
**01 April - 4 October 2022**  
**NO PERMITS REQUIRED**

**RESTRICTED BURNING PERIOD**  
**4 October - 1 November 2022**  
**PERMITS REQUIRED**

**PROHIBITED BURNING PERIOD**  
**2 November 2022 - 14 February 2023**  
**BURNING PROHIBITED**

**RESTRICTED BURNING PERIOD**  
**15 February - 31 March 2023**  
**PERMITS REQUIRED**

## Waste Transfer Stations

### MECKERING TRANSFER STATION

Opening Hours:  
Wednesday: 11:00am-5:00pm  
Saturday: 11:00am-5:00pm  
Sunday: 11:00am-5:00pm

### CUNDERDIN TRANSFER STATION

Opening Hours:  
Wednesday: 09:00am-5:00pm  
Saturday: 09:00am-5:00pm  
Sunday: 11:00am-5:00pm





## Ladies Golf Coaching



Tuesday 2<sup>nd</sup> May

Tuesday 16<sup>th</sup> May

Tuesday 30<sup>th</sup> May

### In 3 sessions

Group 1 (Beginners) from 9.30am to 11am

Group 2 from 11am to 12.30pm

Group 3 from 12.30pm to 2pm

**Cost: \$20 per session**

**Limit of 12 people per session**

Thanks to some funding from the WA Golf Foundation, coach Rob Farley will be in Cunderdin to offer golf coaching during May 2023.

Even if you have never considered golf but would like to attend the beginner's session just for some fun and fitness, please don't hesitate to give it a go! (Sticks will be provided)

**Contact: Julie Mussared on 0429 635 119 or at [mussareds2@bigpond.com](mailto:mussareds2@bigpond.com)**

**For enquiries or to add your name.**

## Men's Golf Coaching

Men's Group from 2.15pm to 3.15pm

## **BOWLING NEWS**

### **CONGRATULATIONS TO MAURIE**

President Clive Gibsone had the honour of presenting Maurie Crameri with life membership of the Cunderdin Bowling Club at the closing day dinner. This was well deserved as Maurie has served on the committee in various roles and promoted our club for many years.

#### 22 Years on Committee

President	6 Years	2014-2020
Treasurer	10 Years	1992-1995, 2008-2015
Captain	3 Years	1997-2000
Vice-Captain	3 Years	1996-1997, 2000-2002

Bowling Club Representative on Sporting Club Committee  
2017/2020

Pennant Selector 2002/03

#### Playing Major Wins:

Club Singles 12

Club Championship Fours - 6, Pairs – 7, Triples - 3

Champion of Champion 4

2 Country Week Pairs - 2002- P. Harris 2008 - T. Wilkins

State Pairs - 2002 P. Harris

Australian Pairs- 2002 P. Harris

State Representative 2003-2005

2 Country Week Fours 2008/9, 2009/10 B. Calthorpe T. Wilkins, R. Quinn, R. Scarlett

Pennants – 7

Regular Member of Inter League and Zone Teams

Instigated the Golden Pipeline Classic and run for 25 years.



.....

**Congratulations** from Cunderdin Lady bowlers to Vicki Quinn who was the singles winner of the Ladies Bowling 'Champ of Champions/7' for the 2021/22 season this fixture was hosted by Tammin in October 2022. The Ladies 'Champ of Champions' fixture would normally be played in March but due to covid had been postponed.

.....

Closing day was held on Thursday 30<sup>th</sup> March. What a great night with 24 players playing bowls and then sitting down to dinner was a total of 34. This was then followed by presentations of the year's Championship winners.

Captain/Vice Captain Trophy: Winners: V. Bridge, S. Crameri, T. Boromini  
Runners Up: A. Thomson, D. Jasper, C. Bridge

Mixed Pairs Champions: A. & S. Thomson

Mixed Fours Winners: A. & S. Thomson, J. & N. Harvey

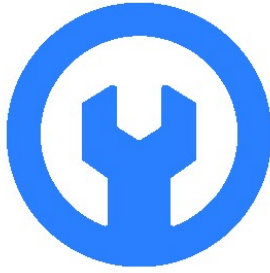




### Quiz Five

- 1. What internal organ is seen on the box of the board game Cranium?**  
Lung                      Liver                      Heart                      Brain
- 2. What country spent 13 million rubles in 2016 to keep Vladimir Lenin's body preserved?**  
Japan                      Mexico                      China                      Russia
- 3. What bone got its name because early Romans and Greeks considered it holy?**  
Mandible                      Clavicle                      Humerus                      Sacrum
- 4. Famously depicting the male anatomy, "Vitruvian Man" is by what renaissance artist?**  
Leonardo da Vinci                      Max Ernst                      Francisco Goya                      Jasper Johns
- 5. In 1954 what became the first human organ to be successfully transplanted?**  
Kidney                      Liver                      Heart                      Pancreas
- 6. Located in the foot, the navicular is a bone that resembles a what?**  
Boat                      Rainbow                      Heart                      Ice cream cone
- 7. A écorché is a painting or sculpture of a human figure without its what?**  
Limbs                      Hair                      Clothes                      Skin
- 8. Ronda Rousey won back-to-back Best Female Athlete ESPY Awards in the 2010's for?**  
Basketball                      Soccer                      Golf                      Mixed Martial Arts
- 9. Ethan Hawke spent more than a decade filming what coming-of-age movie?**  
Boyhood                      Reality Bites                      Before Sunrise                      Dead Poets Society
- 10. Which American men's tennis player won the most Grand Slam titles in the 90's?**  
Andre Agassi                      Jim Courier                      Michael Chang                      Pete Sampras
- 11. A Motorola engineer made the first handheld cell phone call in what decade?**  
1930s                      1950s                      1970s                      1990s
- 12. Hard to "Believe", in 2011, Billboard reported what artist had a #1 hit in 6 decades?**  
Paul McCartney                      Cher                      Bob Dylan                      Diana Ross
- 13. Sitting on France's throne for seven decades, Louis XIV had what nickname?**  
Love King                      Child Kind                      Cruel King                      Sun King
- 14. What is the name of the putrid plant that can go more than a decade before blooming?**  
Skunk Flower                      Death Flower                      Stink Flower                      Corpse Flower
- 15. An antiquated term, a score is equal to how many decades?**  
2                      4                      10                      5

Answers on page 39



# MECHSCOPE SERVICE IN FOCUS

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**Filters:** Donaldson and Fleetguard,

**Batteries:** Tractors/Trucks to camping and motorcycles;

Delkor, Full river, SSB plus more

**Workshop equipment:** Oil pumps, Drain trays, Air reels

plus heaps more

Direct to Business and Farm workshops \*



Checkout: [mechscopeonline.com.au](http://mechscopeonline.com.au)

Email: [colby@mechscope.com.au](mailto:colby@mechscope.com.au)

More info: [www.mechscope.com.au](http://www.mechscope.com.au)

\*Min order volume applies



## Sporting Events

### Football & Netball:

Quairading vs Cunderdin - Saturday, 15th April

Cunderdin vs Federal - Sunday, 23rd April

### Hockey:

GALA DAY MECKERING –Saturday, 22nd April

Cunderdin vs Kellerberrin 1.30pm

Meckering -BYE

### Nippers:

Quairading vs Cunderdin -Saturday 15th April



# Forklift Training



## EOI - Awaiting Dates

2 day course (1 day theory + 1 day practical)

Participants must be 18+

The cost is \$184.76 (Non-visa participants)

Price varies for Visa holders



Contact the Cunderdin CRC if you are interested or have any questions regarding the training.

Ph: 9635 1784

E: [admin@cunderdincrc.net.au](mailto:admin@cunderdincrc.net.au)

[Facebook Message](#)

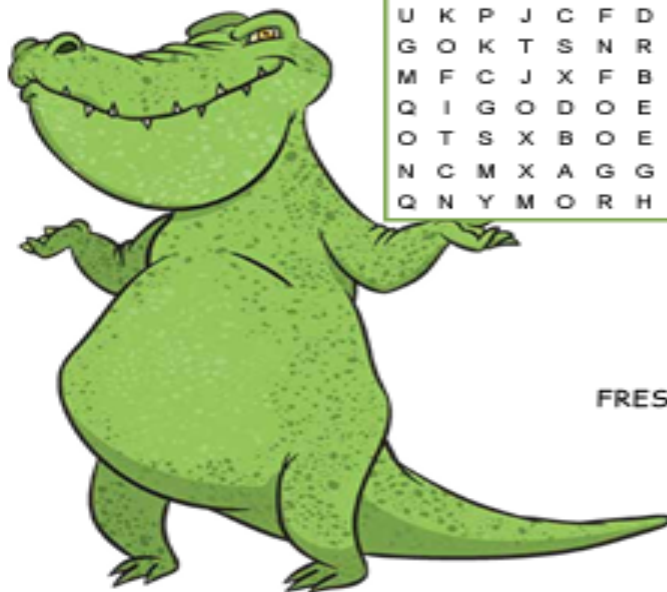
# PUZZLES

9	4		2				
	6	3		7			
			5	6	9		
	8						
4					8	6	
		2		4	9		
6		7		2	8		5
	3				5		
8		9	7				

HE'S life	did i no	1. your blessing 2. your blessing 3. your blessing
TROUBLE	DON'T BET IT	HAND IT NOW

**DIRECTIONS:**  
Find and circle the animal names in the grid. Look for them in all directions including backwards and diagonally.

- ALLIGATOR
- ANTS
- ASSASSIN BUG
- BEEES
- CAPE BUFFALO
- CROCODILE



## MOST Dangerous Animals Word Search

F	R	E	S	H	W	A	T	E	R	S	N	A	I	L	A	H	W	S	V	E
I	N	E	O	T	Y	C	R	L	H	Q	R	A	U	C	S	F	P	H	S	Z
F	Q	S	E	W	S	P	B	A	Y	T	M	R	O	W	D	N	U	O	R	F
A	M	H	C	D	V	E	E	V	E	K	P	L	C	Z	S	M	K	N	Z	X
O	S	R	K	O	A	K	T	L	U	P	P	R	A	B	A	S	Q	A	P	V
A	I	C	I	Z	R	O	E	S	M	A	L	X	A	N	M	J	H	Z	Z	W
S	M	Y	X	M	Z	P	M	V	E	S	U	I	S	E	H	Y	D	A	O	Z
S	E	I	W	C	H	P	I	K	K	F	D	M	P	O	F	N	M	L	R	M
A	W	E	P	A	O	X	F	O	C	N	L	T	H	L	C	M	F	H	W	K
S	V	S	N	U	J	Y	F	M	N	R	Z	Y	F	A	I	E	M	N	Z	E
S	X	T	A	M	T	U	K	B	L	W	Y	K	M	F	H	S	O	D	W	Y
I	C	H	F	L	H	T	A	P	E	W	O	R	M	F	F	I	S	H	A	I
N	S	F	F	I	L	O	K	E	S	R	O	H	X	U	L	J	Q	E	B	N
B	I	H	P	V	V	I	R	D	O	Z	I	M	F	B	T	S	U	L	D	X
U	K	P	J	C	F	D	G	R	B	A	U	I	C	E	X	E	I	I	S	Y
G	O	K	T	S	N	R	S	A	F	D	N	L	K	P	S	E	T	D	L	Z
M	F	C	J	X	F	B	Z	P	T	Q	V	T	R	A	N	B	O	O	Y	I
Q	I	G	O	D	O	E	W	O	Q	O	G	U	S	C	A	P	E	C	O	Y
O	T	S	X	B	O	E	N	E	N	R	R	Q	K	J	K	A	S	O	P	R
N	C	M	X	A	G	G	Y	L	I	Q	N	M	U	X	E	K	Q	R	V	S
Q	N	Y	M	O	R	H	S	I	F	Y	L	L	E	J	S	G	U	C	S	T

- DEER
- DOGS
- ELEPHANT
- FRESHWATER SNAIL
- HIPPO
- HORSE
- HUMANS
- JELLYFISH
- LEOPARD
- LION
- MOSQUITOES
- ROUNDWORM
- SCORPION
- SHARK
- SNAKES
- TAPEWORM
- TSETSE FLY
- WOLF





# History Corner

By Edna Herley

## The Cunderdin Volunteer Defence Corp.



*To the Left, Mr Arthur Devenish. To the right, Cunderdin's VDF in training in and around the old rifle range which is now No 15 fairway at the Cunderdin Golf Course.*

Did you know that Cunderdin once boasted a "DAD'S ARMY"? Mr. Arthur Devenish, farmer of North Cunderdin took the par of Captain Mainwaring. Every Sunday morning would see the members of D. Coy., No. 9 BV Volunteer Platoon take up their trustee .303's and off to be instructed in the art of Home Defence. Officers from the Northam Military Camp and the local RAAF Station put these gallant fellows through various exercises.

When the Pacific situation became serious, members were delegated to various positions about the town to be protected.

Paul Howitt and my father, Laurie Snooke were to protect the dam and were to take up position at Hird's rock. Not far from where Don Buegge and Chris Bassanelli now have their new homes. The fact that a bomb on Mundaring Weir could have put the whole water supply from there to Kalgoorlie completely out of service seemed to have escaped the minds of the powers that were.

Of course there was always the social side to be enjoyed, that was when the canteen opened after parade. This took place at Peter Pascoe's property "Little Hell" and was usually associated

with a game of "two-up".

For several years the Home Guard organised a New Years Eve Ball with the profits going towards the local Patriotic Council. The "top brass" from Northam and Perth would attend and the music was provided by the Air Force band. Most of the fellows attended in their uniforms which were made of dark green, light woollen material, but left their army boots at home.

This article was first published  
by Mrs. Edna Herley in  
Cunderdin Farmers Co-operative Co Ltd  
newsletter

Impressive, quick and easy. Oven does all the hard work to minimise your kitchen time.

## INGREDIENTS

### MEATBALLS

- 500g raw chorizo sausages, casings removed and chopped finely
- 250g pork or beef mince
- 3/4 cup fine sourdough breadcrumbs
- 1/2 cup milk
- 1 egg, lightly beaten
- 2 cups mixed herbs, leaves chopped (thyme, oregano and parsley)
- 1/4 cup (60ml) Worcestershire sauce
- 2 cups coarsely grated cheese (cheddar and mozzarella)

### RAGU

- 1kg overripe tomatoes, roughly chopped (see tips)
- 3 garlic cloves, crushed
- 2 tsp caster sugar
- 2 tbs tomato paste
- 1/4 cup extra virgin olive oil



# Oven Roasted Chorizo Meatballs with Tomato Ragu



4 servings



Low effort

## DIRECTIONS

1. Preheat oven to 220C, place all the ragu ingredients into a roasting pan and season. Cover with foil and roast for 30 mins. Depending on the tomatoes you use, check how they are going. Remove the foil and roast for a further 30 mins until thick and sauce. Don't let them dry out.
2. Meanwhile combine breadcrumbs and milk in a bowl. Ensuring there is enough milk to dampen all the breadcrumbs. Leave it to soak up all the milk - should take 5 mins. Then combine all the meatball ingredients (except for the cheese) into a bowl ensuring all herbs are mixed through.
3. Divide up into equal sized balls. Place on a greased roasting tray and bake for 20 mins.
4. Combine meatballs into the tomato ragu and top with cheese. Bake for another 15 mins or until the meatballs are fully cooked and the cheese is golden.
5. Serve with pasta or garlic bread and a green salad.

### Tips:

- Use whatever tomatoes you have on hand - canned or fresh. I have made this with either. You can use fresh or canned cherry tomatoes, crushed tomatoes or whole tomatoes. Great way to use up overripe tomatoes.
- Sub in dried herbs if you do not have fresh herbs, you will only need 1/2 cup at most.
- You can buy chorizo crumb from the deli section to be even more efficient.

Adapted from the original *Delicious Australia* recipe.



# Happy birthday!

9th April	David Beard Melissa Ford
13th April	Jedd Sullivan Aaron Thomson
14th April	Di Darmody David Corney
20th April	Shaun Byrnes
21st April	Charlotte Beard Leechelle Matthews Shanika Moore
22nd April	Kimberley Burton
24th April	Lachy Greenfield
27th April	Corrina Baxter Beryl Baxter Blake Darmody

Email your birthday to [bandicoot@cunderdincrc.net.au](mailto:bandicoot@cunderdincrc.net.au)



## PAT & CHAT

Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN23036138418

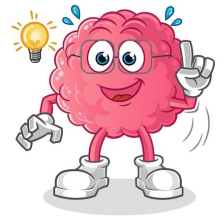
### Cunderdin Tammin Mobile Vet Visiting Dates 2023

Tuesday 2<sup>nd</sup> May , Tuesday 30th May

Please contact Dr Andrea Roberts on 0428212945 for booking via text or phone call.

Appointments for your pets and livestock right to your front door.

# Answers

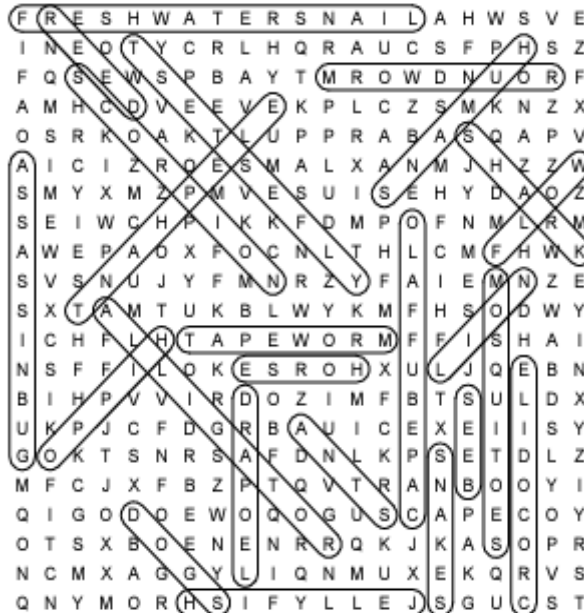


## bamboozlable

1. He's Larger Than Life
2. Little did I Know
3. Count Your Blessings
4. I'm in Trouble
5. Don't Bet on It
6. Hand it Over Now

9	1	4	8	3	2	5	6	7
5	6	3	1	4	7	8	9	2
7	2	8	5	6	9	4	3	1
1	8	6	9	5	3	7	2	4
4	9	5	2	7	1	3	8	6
3	7	2	6	8	4	9	1	5
6	4	7	3	2	8	1	5	9
2	3	1	4	9	5	6	7	8
8	5	9	7	1	6	2	4	3

## SOLUTION



## Issue 5 Quiz Answers

1. Brain
2. Russia
3. Sacrum
4. Leonardo da Vinci
5. Kidney
6. Boat
7. Skin
8. Mixed Martial Arts
9. Boyhood
10. Pete Sompas
11. 1970s
12. Cher
13. Sun King
14. Corpse Flower
15. 2

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## OPENING HOURS

Monday – Friday : 9.00am – 5.30pm

Saturday : 9.00am – 12.00pm

**CLOSED** on Sundays and Public Holidays

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 08 9635 1929

 [cunderdinpharmacy@westnet.com.au](mailto:cunderdinpharmacy@westnet.com.au)

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MEMBER**

### COVID Boosters Available

ATAGI recommends a booster dose for adults 65 years and over or adults aged 18-64 years who have medical needs that increase their risk of severe COVID-19 if their last COVID-19 vaccine dose or confirmed infection (whichever is the most recent) was 6 months ago or longer. We now have the Bivalent COVID-19 Pfizer vaccination for those adults needing a booster. This offers protection against the Omicron variant.

### Influenza Vaccination Clinics

will be held on  
**Monday 1<sup>st</sup> May, Monday 8<sup>th</sup> May, Monday 15<sup>th</sup> May,  
 Monday 22<sup>nd</sup> May, Monday 29<sup>th</sup> May**

Optimal protection against influenza occurs within 3 - 4 months following vaccination. Optimal protection for the influenza season which typically spans July to October in WA is provided by vaccinating in May and early June.


The following people are eligible for government-funded influenza vaccines in WA:

- Pregnant women (any trimester)
- All individuals aged 65 years and older
- All children aged 6 months to primary school age
- All Aboriginal and Torres Strait Islander people aged 6 months and older
- Individuals aged 6 months or over with medical conditions that place them at risk for complications of influenza

COVID AND INFLUENZA VACCINATIONS CAN BE GIVEN AT THE SAME APPOINTMENT  
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# ATTENTION

## PEOPLE WITH HEEL AND ARCH PAIN

Plantar Fasciitis (planar heel pain) is a common condition that causes pain under the heel of the foot, and may extend into the arch area.

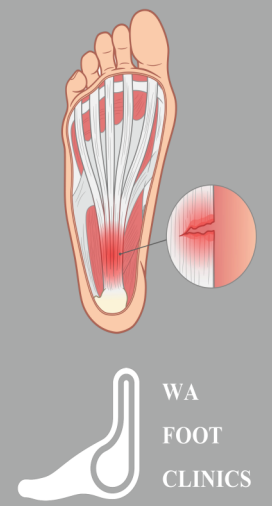
**WHAT ARE THE SYMPTOMS?**  
 The pain under the heel is worse when the person first steps out of bed in the mornings, or after sitting for long periods of time. It is relieved after walking about for a few minutes, then returns towards the end of the day. Resting will ease the pain, until you get up again.

**WHAT IS THE CAUSE?**  
 The exact cause of plantar heel pain is unknown, but we do know this is a degenerative process in which micro tears occur within the plantar fascia. Several risk factors including over-pronation (rolling inwards of foot), tight calf muscles and long periods of standing/walking hard floors have been well established.

**TREATMENT**  
 Some of the more common treatments we offer are:

- Custom foot orthotics
- Corticosteroid injection
- Dry-needling
- Rehabilitation

**WHY SEE WA FOOT CLINICS?**  
 Plantar heel pain is a complex issue and treatment varies depending on the cause. At WA Foot Clinics we have Podiatrists that are highly trained foot professionals who see and treat heel pain on a daily basis.



WA FOOT CLINICS

**CUNDERDIN**  
**PH: 6245 3187**

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**PH: 6245 3187**



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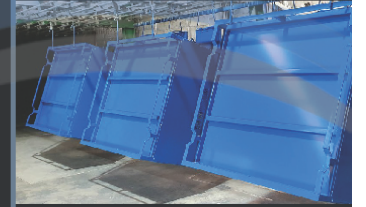
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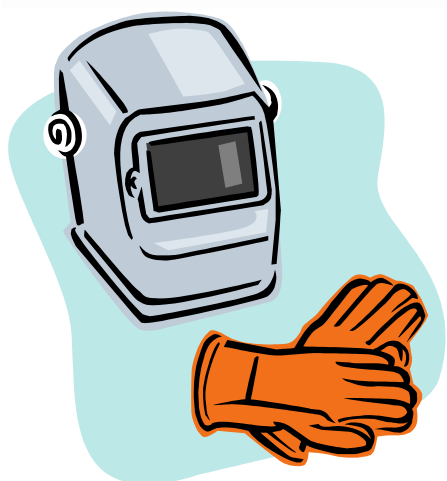
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### Shire of Cunderdin Defibrillator Locations:

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  - Cunderdin Swimming Pool
  - Cunderdin Co-operative
  - Cunderdin Men's Shed
  - Cunderdin Museum
  - Cunderdin District High School **+24 Hours**
  - Cunderdin Water Corporation
  - Cunderdin St John Sub Centre
  - Cunderdin Seed Cleaners
  - Cunderdin CBH Weigh Bridge
  - Cunderdin Police Mobile Unit
  - Cunderdin Ag College
  - Cunderdin Gliding Club
- Meckering**
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# COMMUNITY NOTICES

## Cunderdin Community Mission & Opportunity Shop

The Op Shop is again taking donations of clothes and shoes in GOOD CONDITION

**“If you would give it to a mate, it is good to donate”**

<b>14/04/2023</b>	<i>Bev Storer</i>	<i>Jan Ferguson</i>	<i>Kaye Winterswyk</i>
<b>15/04/2023</b>	<i>Kaye Maxwell</i>	<i>Heather Matthews</i>	<i>Floss Gibsone</i>
<b>21/04/2023</b>	<i>Chris Fulwood</i>	<i>Jan Jasper</i>	<i>Leanne Priestman</i>
<b>22/04/2023</b>	<i>Les Rogers</i>	<i>Marian Scaddan</i>	<i>Robyn Stanik</i>

**Friday and Saturdays 9.30am –12pm, Corner of Bedford and Pemberton St, Cunderdin**

If you are unable to do your rostered shift please try and swap or phone extra helpers:

Kerry Cooper (Saturdays Only), Leanne Bell, Cathy Winterswyk

**FURNITURE COMMITTEE:** John Denton 9635 1074.

**MISSION SHOP CONTACT:** Bev Storer - 0459 540 003

### Cunderdin UNITING CHURCH

8.30 am—All Welcome

Morning Tea after every service

- 1st Sunday of the month - Michelle Diver
- 2nd Sunday of the month - A. Jones & Jan Whisson
- 3rd Sunday of the month - Alan Carter
- 4th Sunday of the month - Music service
- 5th Sunday of the month -
- Joined with Meckering -No service in Cunderdin

### HOLY CROSS PARISH

Date/Time	Offertory	Reading	Cleaning (C) & Set Up (S)
26th March	No Service		
2nd April, Sunday 10am	TBC	L Morrell	L Morrell
9th April *EASTER SUNDAY*	TBC		
16th April, Sunday 10am	TBC	A Leeson	J Mathias & J. Mussared
23rd & 30th April	No Services		

## CHRISTIAN FELLOWSHIP BIBLE STUDY MEAL

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Thursdays  
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### CUNDERDIN

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Peter Darmody - 0418 958 086

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# EVENTS CALENDAR ~ 2023

---

## APRIL

**7TH: GOOD FRIDAY**

**9TH: EASTER SUNDAY**

**10TH: EASTER MONDAY HOLIDAY**

**12TH: APRIL HOLIDAY YOUTH TENNIS**

**13TH: OPTOMETRIST ON CALL**

**14TH: COMMUNITY MEET AND GREET @ MECKERING CLUB**

**20TH :CRC TRAINEESHIP APPLICATIONS CLOSE**

**20TH: PDA'S**

**21ST: PDA'S**

**24TH: MECKERING CLUB CUPPA FROM 9AM**

**25TH: ANZAC DAY (DAWN SERVICE MECKERING 6AM, CUNDERDIN 11AM)**

---

## MAY

**1ST: SENIORS BUS TRIP**

**2ND: ROAD SAFETY SHEEP ART**

**2ND: LADIES GOLF COACHING**

**4TH: PDA'S**

**5TH PDA'S**

**8TH: PINK UP MEETING @ CRC**

**16TH: LADIES GOLF COACHING**

**22ND: LEGAL HOT DESK**

**22ND: TALES FOR TOTS @ CRC 10AM**

**30TH: LADIES GOLF COACHING**

### HAPPENING EVERY WEEK:

**TUESDAY: CUNDERDIN MENS SHED**

**TUESDAY: CONTAINERS FOR CHANGE (11:30AM TO 12:30PM)**

**TUESDAY: CUNDERDIN PATCHWORKERS (FROM 10:30AM @ MUSEUM)**

**WEDNESDAY: CUNDERDIN DISTRICT SPINNERS**

**WEDNESDAY: WEDNESDAY ACTIVITY GROUP (WAGS)**



**FRIDAY/SATURDAY: CUNDERDIN MISSION SHOP OPEN (9:30AM - 12PM)**

**TO ADD YOUR EVENT TO OUR COMMUNITY CALENDAR AND UP COMING  
EVENTS BOARD EMAIL: [BANDICOOT@CUNDERDINCRC.NET.AU](mailto:BANDICOOT@CUNDERDINCRC.NET.AU)**



# BANDICOOT NOTICES

<b>Date &amp; Issue</b>	<b>Proof Reading</b> (2 People) 11.00am Tuesday	<b>Despatch &amp; Collection</b> 9am Thursday
<b>Issue 6</b>	<b>Les Rogers &amp; Marion Scaddan</b> <b>2nd May</b>	<b>Bev Storer</b> <b>4th May</b>
<b>Issue 7</b>	<b>Ann Williams &amp; Nancy Denton</b> <b>16th May</b>	<b>Julie Mussared</b> <b>18th May</b>
<b>Issue 8</b>	<b>Heather &amp; Kaye</b> <b>30th May</b>	<b>Marian Rogers</b> <b>1st June</b>

 <b>Bandicoot Deadlines 2023</b> 		
Issue	Deadline Friday	Publication Day Thursday
Issue 6	28th April	4th May
Issue 7	12th May	18th May
Issue 8	26th May	1st June
Issue 9	9th June	15th June
Issue 10	23rd June	29th June
<b>School Holidays</b>		
Issue 11	21st July	27th July

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Ph: 9635 1784, Email: [bandicoot@cunderdincrc.net.au](mailto:bandicoot@cunderdincrc.net.au)

# ORGANISATIONS IN OUR SHIRE

<b>Bush Fire Brigade</b> Captain Cunderdin: Adam Whisson Captain Ygnattering: Digby Willmott Captain Meckering/Chief Bush Fire Control Officer: Ashley Burges - 0428 251 236	<b>Cunderdin Meckering Cottage Homes</b> President: Ros Coleman Secretary: Julie Mussared 3rd Tue Quarterly @ Museum 5pm	<b>Meckering Ladies Club Cuppa</b> Meckering Sporting Club. Every second and fourth Monday in the month, Between 9am – 11am Contact: Sandie Laird - 0428 251 122
<b>Catholic Church</b> Contact: Julie Mussared - 0429 635 119 E: mussareds2@bigpond.com	<b>Cunderdin Men's Shed Inc.</b> President: Bernard Daly - 0488 079 334 Secretary: Tony Smith - 0487 316 448 9:00 am – Tuesday @ Museum Workshop	<b>Meckering Ladies Hockey Club</b> President: Rowie Snooke – 0417 881 710 Meg Reynolds – 0447 805 261
<b>Child &amp; Community Health Clinic</b> (Serving Cunderdin, Meckering, Tammin) Cunderdin Health Centre, 55 Lundy Ave. Contact Nurse Donna Jasper - 9635 2216 for appts.	<b>Cunderdin Museum</b> Manager: Michelle Samson - 9635 1291 2nd Tuesday 6pm	<b>Meckering Men's Shed</b> President: David Foord - 96251119 Secretary: Brenton Bain - 9625 1000
<b>Cunderdin 100 Mile Club Inc.</b> President: Troy Boromini - 0401 176 167 1st Wed of the Month @ 5:30pm New members welcomed	<b>Cunderdin Nippers</b> President: Mash Jasper Vice President: Jason Dumbrell Secretary: Lara Morrell	<b>Meckering Playgroup</b> President: Nat Mackin - 0433 748 492 Secretary: Em Fulwood - 0448 326 211 Monday 9.30am @ Meckering Primary School
<b>Cunderdin Basketball Association</b> President: Cody Fulwood - 0439 962 512 Secretary: A-J Williams - 0400 342 225	<b>Cunderdin Patchworkers</b> Meet every Tuesday at the Museum	<b>Meckering Primary School P &amp; C</b> Chantelle Leeson 0428 924 049 Meckering Primary School
<b>Cunderdin Bowling Club</b> President: Clive Gibsons Secretary: Vic Bridge Treasurer: Jan Harvey	<b>Cunderdin Playgroup</b> President: Shanade Farrar Secretary: Sophie Rogers Every Monday of the school term	<b>Meckering Sporting Club</b> President: Jeff Snooke - 0407 251 379 Sec/Treas: Sharon Reynolds - 9625 1301
<b>Cunderdin Christian Fellowship</b> Sunday 10am @ CWA Hall Contact: John O'Hare - 9635 3233	<b>Cunderdin RSL</b> President: Graham Cooper - 9635 1443 Secretary: Norm Harvey	<b>Meckering Tennis Club</b> President: Neil Carter - 0428 251 207 Captain: Louise Snooke 0418 960 088
<b>Cunderdin Community Mission Shop:</b> Open Fri & Sat 9.30 – 12 noon @ Uniting Church Hall President: Mrs Les Rogers Secretary: Mrs Bev Storer	<b>Cunderdin Sports and Recreation Centre</b> Manager: Laurise Wilson Ph: 9635 1155	<b>Meckering Trinity Church</b> Available for special occasions. Anglican - Di Kelly (0429 910 342), Uniting - Sandie Laird (0428 251 122), Roman Catholic - Aimee Leeson (0409 278 015),
<b>Cunderdin Community Mission Shop:</b> Open Fri & Sat 9.30 – 12 noon @ Uniting Church Hall President: Mrs Les Rogers Secretary: Mrs Bev Storer	<b>Cunderdin Tennis Club</b> President: Adam Whisson Email: cunderdintennisclub@gmail.com	<b>Reed Cunderdin</b> Supervising Coordinator: Robyn Stanik Tuesday - Friday 7.45am - 5.15pm
<b>Cunderdin District High School P &amp; C</b> President: Sandrine Pasfield Secretary: Jamie Tindal cunderdindhspandc@gmail.com	<b>Cunderdin Women's Hockey Club</b> President: Hannah Davey Secretary: Ashlei Otway - 0408 544 886 Email: cunderdinhockeyclub@outlook.com	<b>Shire of Cunderdin:</b> Monthly meeting 3 <sup>rd</sup> Thursday @ Council Chambers' President: Alison Harris CEO: Stuart Holey Contact No: 9635 2700
<b>Cunderdin District Spinners &amp; Crafting Group</b> Contact: Ms Daphne Skinner - 0474 512 915 Meet on Wednesdays	<b>Cunderdin Volunteer Fire Services</b> Captain: Brandon Skinner Last Monday of the Month @ Fire Station	<b>Shopper Bus</b> Operates Thursday mornings, for HACC recipients only. Contact Cunderdin Hospital 9635 2222
<b>Cunderdin Football / Netball Club</b> President: Jeff Snooke 0407 251 379 Secretary: Tim Fulwood	<b>Lions Club:</b> 1 <sup>st</sup> Thurs of month at 7.30 pm President: David Godfrey Secretary: Vic Bridge	<b>St John WA, Sub Centre Cunderdin</b> Operating Fridays: 8.30am - 4.30pm Phone: 9635 1600 Email: cunderdin.subcentre@stjohnwa.com.au
<b>Cunderdin Gliding Club:</b> Operate most weekends Cameron McDonald - 0409 683 159	<b>Meals on Wheels</b> Contact: Hospital: 9635 2222	<b>Uniting Church</b> Contact: Alan Carter - 9635 1329
<b>Cunderdin Golf Club</b> President: Darren Jasper - puff@wn.com.au Secretary: Corrina Baxter - cundygolfclub@gmail.com	<b>Meckering Action Group</b> President: Nat Snooke Secretary: Em Fulwood - 0448 326 211 <a href="mailto:actiongroupmeckering@gmail.com">actiongroupmeckering@gmail.com</a>	<b>Wednesday Activity Group (WAGS)</b> For seniors contact the hospital 9635 2222
<b>Cunderdin Gym</b> Aaron Cooper: 0400 793 570 Bernie Daly: 0488 079 334 Axel Thomson: 0408 822 889	<b>Meckering Bowling Club</b> President: Mervyn Burges - 0427 881 778 <a href="mailto:collingully2@bigpond.com">collingully2@bigpond.com</a>	<p style="text-align: center;"><b>Have your details changed ?</b></p> <p style="text-align: center;"><b>Contact us on:</b>  <a href="mailto:bandicoot@cunderdincrc.net.au">bandicoot@cunderdincrc.net.au</a>  <b>9635 1784</b></p>
<b>Cunderdin Meckering Clay Target Gun Club</b> President: Chris Chant	<b>Meckering Golf Club</b> Neville Burges - 0427 946 275	





# SCHOOL HOLIDAY FUN AT THE TROTS IN KELLERBERRIN

**SUNDAY 23 APRIL 2023**  
**FREE ENTRY GATES OPEN 12PM**

**CUNDERDIN CUP &  
JOCK COLEMAN MEMORIAL  
DAINTYS DAUGHTER CLASSIC**



**BAR | CANTEEN | LIVE MUSIC  
ICE-CREAM VAN  
CLOWN | FACE PAINTING  
BOUNCY CASTLE | ZUMBA  
TOTE | PUNTERS CLUB**

