

Issue # 16

# Bandicoot Express

\$2.00



19th October 2023  
Serving the communities of Cunderdin & Meckering



## CHILDREN'S WEEK

### TALES FOR TOTS

# Fuel to Go & Play Messy Play Day

Children 5  
& under

23rd October  
10am  
O'Connor Park

Bring a change  
of clothes  
things will get  
messy

Join us for a delightful morning of chaotic fun with sensory play activities. Children have the right to relax, play and take part in activities they enjoy. Morning tea provided



Further information at [www.childrensweekwa.org.au](http://www.childrensweekwa.org.au)



Government of Western Australia  
Department of Communities



as convened in WA by



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THE  
FABFOUR

THE VERY BEST OF

THE BEATLES!

SATURDAY 4 NOVEMBER



<https://www.trybooking.com/CLGXU>

Cunderdin Town Hall - Tickets \$35

Contact Cunderdin CRC Ph: 9635 1784

# Bandicoot Express Price list 2023

Newsletter of Cunderdin & Meckering, Circulation approximately 200

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		Local	Out of town	
<b>Local:</b> Within Shires of Cunderdin & Tammin				
<b>Out of town:</b> Any town <u>NOT</u> located in the Shires of Cunderdin & Tammin				
<b>Residential</b> <ul style="list-style-type: none"> <li>For Sales</li> <li>Wanted Ads</li> <li>Garage Sales</li> <li>Pets</li> </ul>	1/8	FREE	\$3	
	1/4	\$6	\$7	
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		1/3	\$7	\$8
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		1/2	\$16	\$30
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<b>Front Cover Booking – Business</b>	Full Page Only	\$155	\$210
<b>Front Cover/Inside Cover – Not 4 Profit and Sporting Groups</b>	Full Page Only	\$40	\$60
<b>Inside Cover/Back Page – Printed by CRC</b>	Full Page	\$130	\$155
	Half Page	\$65	\$78

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Let us help to give your advert a professional look!	Half Hour	\$16	\$16
	Hour	\$32	\$32

Community Notices			
Community notices, thank you notices, birthday greetings, AGM notices and news items of community interest. Community notices on more than 1/4 page or functions raising money will be charged as above.	¼ page	Free	n/a
	Local news/community articles are encouraged please email through.		

### Format Preferences:

- Microsoft Publisher
- Microsoft Word
- PDF
- Jpeg/PNG

### Deadlines:

- All adverts, articles, etc. must be submitted by 5pm on the Friday prior to publishing date
- Published fortnightly excluding school holidays

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## Letter from the Editor



What an amazing turn out for the Birdies for Boobies Pink Up Golf Day and The Pink Up Ladies Morning Tea fundraising events. The morning tea was fantastic and it was great to see everyone donating to such a heartfelt cause, the food was absolutely delicious and guest speaker Donna Jaspers was inspirational.

Our next Pink Up Our Towns event that I'm excited for is the Shindig on Friday 20th October, mainly because I get to wear my favourite colour pink, who says redheads cant wear pink! The raffle table will be on sale from 6pm and is full with prizes, be sure to pop down and grab a raffle ticket on the night (18+). I have my eye on the Captain Cook Scenic River Cruise and the girls are fighting over the Ghanda \$250 voucher! Most importantly, lets remember all this fundraising, great food, dancing and prizes is all going towards the Breast Cancer Research Centre and the McGrath Foundation. A not so fun fact 1 in 7 women are diagnosed with Breast Cancer in their life time, so check those bumps for lumps!

**Leechelle Matthews**



## Thank You...

I would like to thank the people of Cunderdin for their friendship, care and consideration of my Cousin Richard Thompson.

Richard found a home in Cunderdin where he felt he was part of a community that looked out for him, in good times and bad.

Richard lived alone in his small house that he called home with no family or relatives nearby.

The people of Cunderdin made up for that.

He felt at peace and secure in Cunderdin.

Thank you in particular to Dr Inverarity, The staff of the health Centre, Daryl Mathews, the Cunderdin CRC, The Volunteer Ambulance, and the cheerful people in the IGA, to name a few.

They all made Richards life a little better for knowing them.

Sincerely

Helena Stace [His Cousin]



## Pink Up Our Towns

*We're stronger together*

**Stay tuned for the next Bandicoot to find out how the PINK Up Our Town's Campaign has gone. With some ripper photos and writeups to share about our community's busy month.**



# FOR SALE



**\$10.00**

ALL PROCEEDS TO BE DONATED TO BREAST CANCER  
RESEARCH CENTRE AND MCGRATH FOUNDATION  
AVAILABLE AT THE CUNDERDIN CRC

# SPREADMASTER

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## MECKERING ANGLICAN CHURCH

**COMMUNION SERVICE &  
CELEBRATION OF ALL SAINTS DAY**

At

***Meckering Trinity Church***

Sunday October 29<sup>th</sup> at 10 a.m.

Morning tea to follow.

**ALL WELCOME**

Contact Di Kelly for further details

0429 910 342



**FOR SALE**

**KING SIZE BED in BLACK**

Slatted with mattress

As new \$ 300.00 ono

**DINING TABLE**

Marri Timber 1500 x 1500

Legs to be fitted

In very good order \$ 250.00 ono

Contact Brian Reading

0407083671

# Bruce Rock Bingo Bonanza

On September 26th the CMT Seniors took across 25 Seniors from Meckering, Cunderdin and Tammin to Bruce Rock to participate in Bingo. The day was filled with many laughter, delicious food and an array of amazing prizes and raffle items. Luck was on the side of some, as they left with their arms full of winnings. We would like to thank the Bruce Rock seniors group for the warm invitation and we look forward to more Bingo filled days in the future.



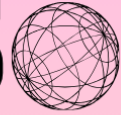
The Pink Up Committee would like to thank our awesome local businesses who are sponsoring our events and activities to raise money for Breast Cancer.

*Thank you*





# SAVVY SENIORS



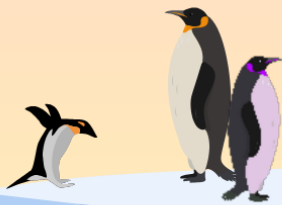
## Using VR Headsets to see the world

The Cunderdin Community Resource Centre was buzzing with excitement on the 16th of October, 2023, as we hosted an exciting event tailored for the tech-savvy seniors in our community. Thank you to the Good Things Foundation for allowing us the opportunity to host this event.

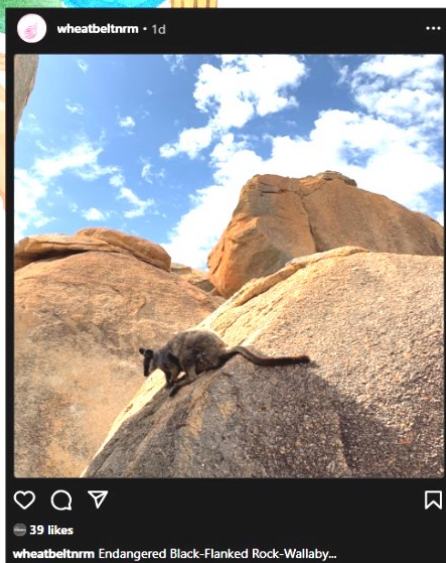
The day commenced with the seniors eagerly awaiting the VR headsets, embarking on a breathtaking virtual reality interactive journey to Antarctica on the Nation Geographic Explorer App. As stunning landscapes of the southernmost continent enveloped them, their spirits soared with a sense of adventure as they paddled their canoes avoiding icebergs and rouge seals.

Overall it was a very successful event and we look forward to seeing everyone again for some more savvy seniors VR fun.

Thank you to the generous grant from the Department of Primary Industries, the center has recently acquired state-of-the-art equipment, including 3 new laptops and four Meta Quest 2 virtual reality headsets, enabling us to travel the world and explore this new technology.



# INSTAGRAM



## “Mrs Carter you have breast cancer!”

Not what I had ever expected to hear. In May 2016, I was taken into a doctor’s office and told those horrendous words.

I was diagnosed with breast cancer after a regular mammogram, which, as it turned out, saved my life. The lumps were just cysts.. surely?. but a full day of awful testing at Charles Gairdner Hospital confirmed the diagnosis.

2 different cancers - One 3cm malignant lump stage 3, one 6cm area of spattered malignant cells stage 2. Both in my right breast. After hearing the words, I had myself dead and buried in half a second flat.. I guess it’s a natural reaction. Not a correct one, but a natural one. After that awful consult, my daughter pulled my hand to her pregnant belly and I felt my grandbaby move for the very first time - a ray of hope in an otherwise very dark day.

The surgeon laid out all the treatment options and I was made to choose. This seemed completely ridiculous. The specialists have the training and knowledge and now I had to make a decision on my future -at one of the worst times of my life, stressed, in shock, and I had to come up with my **OWN** choice of treatment?!

My lovely older neighbour Pat Woodley had faced this and I was amazed at her bravery, never thinking I would be in the exact position years later -she helped me decide. She said “Get it off.. get home.. heal.”. I wanted the two cancers in my right breast to be dealt with efficiently, speedily and thoroughly. I just wanted them gone. I asked the hypothetical question “What would happen if I did nothing?” The doctor jumped in with “You will die..” OK. My choice was to have the breast removed entirely, with no reconstruction. A decision I have never regretted, as the healing time was the quickest of all the options presented.

Step 1. **Surgery.** Remove the breast. Remove lymph glands. The lymph glands are tested to see if the cancer has travelled from the breast to the lymphatic system, and thus out into the body. Mine had just started to travel but still encased in the breast. My oncologist classed my cancers as ‘lazy’. Well THAT worked in my favour! 2 nights in hospital (they wanted to kick me out after one night, but felt I needed another night.) then breast care nurses visited me at home tending to the drains. Those nurses are **angels**. So supportive and encouraging.





Step 2. **Chemotherapy.** That is a whole other thing.. I had 4 treatments and am still battling side affects 7 years later.. Toxic stuff.

For those who have never had to endure chemotherapy, there are many different recipes for many different cancers, and each comes with a smorgasbord of side-affects depending on the physical make up of your body. I am blessed that only four rounds were needed. Its horrendous stuff. It alters your DNA. I have spoken to the guys who make it... It is a poison. One of the side affects of chemotherapy is .... Cancer. go figure!. Its like fighting fire with fire..

What was it like having chemotherapy? You arrive at the hospital, scared, unsure of it all.. sit in a comfy chair, the nurses hook you up to the gizmo, it beeps a lot, as it drips into your arm. Takes about 4 hours each visit, then allowed home. You see some very sick people. It's frightening the first time. It completely sapped me of energy, couldn't drive anywhere without falling asleep, felt very 'fragile', often felt weepy and sad, hair loss soon after the second dose, which was a huge blow to my pride. There was a metallic taste in my mouth, aching joints, bone soreness, and just plain tired, tired, tired. I spent weeks in my rocking chair, rugged up, resting. I was told the best thing for me was to exercise. Nope, just not possible.. then its time for the next dose. 3 weeks apart. The first dose affected me very badly, so the recipe was altered, the next three only slightly less horrendous. Everyone's body is different, everyone's cancer is different, and everyone's experiences will be different.

Who would have thought I'd be a widow, a cancer survivor and a grandmother all in such a short space of time? That baby boy is now 7 and has a little sister who is 4 years old. Time has definitely marched on. The hugs from those grandkids heals my heart every time. My family, friends and community have encouraged me, prayed me through, cooked for me, cleaned house and supported me through all those difficult days. They were at my side for every appointment, every hospital visit. I am so thankful for them all. It seems a bit of a bad dream now when I think back on it.

Cancer is such an unknown, its difficult to know how to traverse this road, and Breast cancer is so prevalent. One in every 7 will be diagnosed. That number is just horrific. So - go get your 'girls' checked out. The van visits country centres often, please utilise them. Or if you are heading for Perth, please book in to have the test at any of the facilities available. Having a mammogram doesn't take long and at no cost to you. It saved my life, it could save yours. Early diagnosis is the key. Every person's journey is different. This is mine. But it's just a small part of a life lived in faith, hope and love. Thank you God for your continued blessings. Life is a gift. Don't waste it..

Wendy Carter     October 2023

## Electrician – Northam



We are seeking skilled and safety-focused Electricians to join our maintenance team to contribute to the success of our dedicated operations team.

### What you'll be doing

- Preventative and corrective maintenance on fixed and portable machinery including diagnosing and fault-finding PLC-controlled equipment, which includes but is not limited to elevators and conveyors, trippers, and dust systems.
- Completing basic administrative tasks to manage the maintenance function within SAP.

### Do you have?

- A current WA Electrical Workers License
- An unrestricted Drivers Licence
- Experience in fixed plant maintenance, diagnostics and problem-solving.

### CBH Offers:

- Standard Shifts of Monday to Friday (some weekend or additional hours may be required over harvest)
- Competitive rates and benefits
- Health insurance for you and your immediate family
- Relocation costs
- 13-weeks paid parental leave (regardless of gender)
- Corporate Employee discounts including travel, health insurance funds and financial services.
- Ongoing training and professional development
- Employee assistance program
- Salary sacrificing options.

To start your **CBH Journey**, visit our career website at [careers.cbh.com.au](https://careers.cbh.com.au) and submit your application for one of the above roles. To speak to a member of our People and Culture team, please contact (08) 9237 9670.

# POSITION AVAILABLE

## Service & Parts Administration - Cunderdin

### The opportunity

This is an outstanding opportunity to join one of the Wheatbelt's most established, successful, and reputable agriculture machinery and equipment dealerships.

Based in our Cunderdin office and working with our service department, we are seeking the services of a full time Service & Parts Administrator. Our service department is a fast paced & enjoyable environment, striving to achieve a high standard of work in an encouraging workplace.

### Duties & Responsibilities

- Customer service
- Invoicing
- Warranty submissions
- Support to the Service Manager and team

### Skills and Qualifications

- Computer competency
- Equip experience beneficial
- Knowledge of the agricultural industry beneficial
- 'C' Class driver's licence

### What We Will Offer

- Flexible remuneration package
- A supportive team and inclusive working environment
- On the job training and opportunities for personal growth and development
- Full time employment
- Weekly pay cycle
- Immediate start

### About Us

Here at Hutton & Northey Sales, we're all about quality – quality people, quality processes, quality procedures and, importantly, a quality outcome for our growers. We operate five locations across the Wheatbelt and pride ourselves on the genuine focus we take to nurturing a team culture while providing opportunities for career advancement through internal and external training and further education.

To apply and for further information  
Phone Paul Harris 0437 305 211  
[HR@huttonsales.com.au](mailto:HR@huttonsales.com.au)  
[Huttonsales.com.au/careers](http://Huttonsales.com.au/careers)

**CASE II**



# High Yield

**Separating the wheat from the chaff so you don't have to.**

I'm back after a break! I'm taking inspiration from the Pink Up effort in October. Cunderdin is turning pink to raise awareness for breast cancer, this edition of High Yield focuses on recommendations with a strong female lead of focus. - Dee Blom

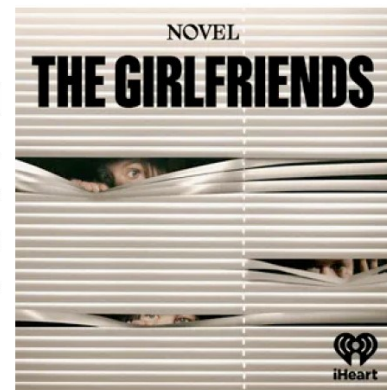


## Hidden Figures - Film

As the space race resurfaces today, this film is set in the midst of the space race between USA and Russia. This follows the true story of powerful highly intelligence women with some serious mathematics skills who helped to get a man on the moon and safely back to earth. Nicknamed the "human computers" these three unstoppable women should not be forgotten in history.

## The Girlfriends - Podcast

A group of women come together after realising they all had equally horrible experiences with a man called Bob. Word has spread that Bob was responsible for murdering his wife Gail. The Girlfriends follows the closely bonded group of women as they work to piece together the evidence, to be able to bring justice to Gail and her family.

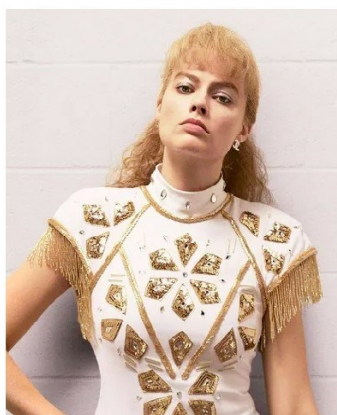
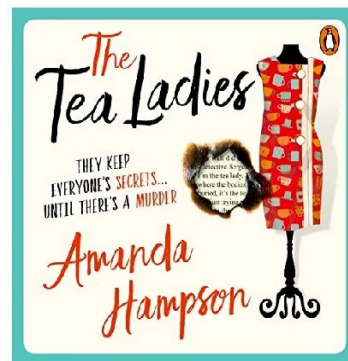


## Silo - TV Series

Based on a novel series, this show takes you deep underground into a dystopian world where things do not seem to be entirely how it seems. A woman from the depth of the silo searches for the truth after mysterious deaths and the sheriff does something unexpected and against all rules.

## The Tea Ladies by Amanda Hampson - Book

The unsuspecting tea lady - a constant in workplace during the 1960's in Australia. Hazel is not your typical tea lady, and neither are her friends. They find themselves in the middle of a crime, and who better to crack it than the women who everyone confines in during their tea break. Hope you enjoy how people are referred to by their choice of biscuit, very amusing and makes me think what my biscuit choice says about me and others.



## I, Tonya - Film

One of Australia's best actresses, Margot Robbie is front and centre in the dark documentary telling the story of Tonya Harding. Hailing from Portland, Oregon, Tonya was forced to ice skate from a young age by her mother. The obsessive focus on ice skating continues with sabotage and rivalry. This a story of an athlete not fully accepted by her sporting community and what happens when your sporting career comes to an abrupt end.

## The Wife Drought by Annabel Crabb - Book

Wonderfully written and researched by one of Australia's best journalists, Annabel Crabb makes the argument that women need wives. This is not a feminist rant, but more an observation of Australia's modern workforce. With more women in the workforce, what traditional family structures need to be adjusted? This is as much about men being able to spent more time with their children. An intriguing look at how social norms need to get with the times.



## Hacks - TV Series

This show has not one but two strong female leads. Hacks focuses on a legendary comedy diva, who is looking for a new take on comedy. She hires a young comedy writer to bring her comedy to a new audience. A great comedy drama with plenty of cringe moments.



**M<sup>c</sup>INTOSH & SON**

# WE'RE HIRING



## AGRICULTURAL APPRENTICE - CUNDERDIN

- ✓ Start immediately on your practical and theoretical training
- ✓ Supported by highly-skilled senior trade specialists
- ✓ Graduate industry-ready, specialised in your field
- ✓ Great work environment with career progression opportunities

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**M<sup>c</sup>INTOSH & SON**

# WE'RE HIRING



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**M<sup>c</sup>INTOSH & SON**

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## Carter Cup Update

Can you imagine what its like to fly a glider? Up in the sky with the eagles? Literally as free as a bird!

Well, Rod Carter's friends in the Gliding Club out at the Cunderdin Airfield know all about it - and they add to the fun by having friendly competitions – like the Carter Cup which is named in honour of the former Shire President.

This year's Cup begins on Saturday 4<sup>th</sup> November, runs over seven days and finishes on the 11<sup>th</sup>.

At about 11:30am on 4<sup>th</sup> November, nine gliders will start taking off one after the other as fast as the tow plane can get them all airborne. They will climb as high as the thermal currents on the day will lift them, which could be as much as 10,000 feet (3 kilometres) above the town - so you'll need keen eyes or a good set of binoculars to see them.

Fifteen minutes after the last plane has been launched, the starting hooter will be sounded by Wendy Carter (Rod's wife) and they will all head off on a set triangular course that could be as long as 500 kilometres. You are welcome to go out to the airfield to watch.

The actual course varies on the day depending on the atmospheric conditions, but a typical 'task' (as glider pilots call them) would be to head north to Koorda then across to Meredin and back to Cunderdin. Pilots score points for the distance they cover in three hours. There is a penalty for returning before the allotted three hours.

The maximum score for a day is 1000 points, and over the seven days of competition the winner of the Carter Cup will be the pilot with the score closest to 7000 points.

This year there are nine entrants:

No.	Name	Glider	Call Sign
1	Russell Brierley and Sid Lacey	Nimbus 2	Charlie Uniform
2	Paul Croft	LAK 17 BFES	Papa Charlie
3	Charles Galloway	Standard Libelle	Juliet Whiskey
4	Rob Hanbury	S10	Tango Sierra
5	Glenn Hawser	Nimbus 2	Oscar Golf
6	Stuart Usher	Glasflugal Mosquito B	Quebec Oscar
7	Arnold Geerlings and Simon Wesley	ASH25E	Bravo Yankee
8	Derek McAllan and David Ellett	DG-1001	Tango Oscar
9	Andrew Herwig and Rod Loder	Ventus 2cx	Delta Sierra

You can follow the competition on Facebook and on a black board outside the Ettamogah Pub. Scores will be updated daily during the competition.

You may like to set up a Melbourne Cup style sweep. To help you with this, the details of each glider and crew are shown on the sweep tickets included in this issue of Bandicoot. The Cunderdin Community Resource Centre will be running a sweep - \$10 a glider - with prize money for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places. The person who has the CRC sweep ticket for the glider that comes last will win a voucher for a free flight in a glider (worth \$195).

Results will be published in the Bandicoot Express on 16<sup>th</sup> November.



*Rod Carter in his Glider in 2014*



## CARTER CUP SWEEP TICKETS



**1**

Pilot: **Russell Brierley & Sid Lacey**  
 Years Flying:  
 Glider: **Numbus 2**  
 Rego **GCU**  
 Year of Manufacture: about **2004**  
 Country of Manufacture: **Germany**  
 Wing span: **20m**  
 Weight: **650kg**  
 Glide Ratio: **49** (49 Km for 1000m sink)  
 Glider Handicap: **1.020**



**2**

Pilot: **Paul Croft**  
 Years Flying: **51**  
 Glider: **LAK 17B FES**  
 Rego: **YPC**  
 Year of Manufacture: about **2009**  
 Country of Manufacture: **Lithuania**  
 Wing span: **18m**  
 Weight : **600Kg**  
 Glide Ratio: **45** (45 Km for 1000m sink)  
 Glider Handicap: **1.095**



**3**

Pilot: **Charles Galloway**  
 Years Flying: **51**  
 Glider: **Standard Libelle**  
 Rego: **GJW**  
 Year of Manufacture: **1972**  
 Country of Manufacture: **Germany**  
 Wing span: **15m**  
 Weight : **198kg**  
 Glide Ratio: **38** (38 Km for 1000m sink)  
 Glider Handicap: **0.888**



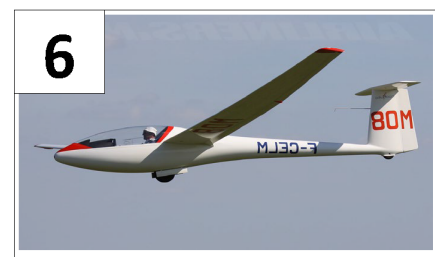
**4**

Pilot: **Rob Hanbury**  
 Years Flying: **39**  
 Glider: **Stemme S10**  
 Call Sign: **GTS**  
 Year of Manufacture: **1992**  
 Country of Manufacture: **Germany**  
 Wing span: **23m**  
 Weight : **850Kg**  
 Glide Ratio: **50** (50 Km for 1000m sink)  
 Glider Handicap: **1.020**



**5**

Pilot: **Glenn Hawser**  
 Years Flying:  
 Glider: **Nimbus 2**  
 Call Sign: **GOG**  
 Year of Manufacture: about **2005**  
 Country of Manufacture: **Germany**  
 Wing span: **20m**  
 Weight : **650Kg**  
 Glide Ratio: **49** (49 Km for 1000m sink)  
 Glider Handicap: **1.020**



**6**

Pilot: **Stuart Usher**  
 Years Flying: **8**  
 Glider: **Glasflugal Mosquito B**  
 Call Sign: **FQO**  
 Year of Manufacture: about **1980**  
 Country of Manufacture: **Germany**  
 Wing span: **15m**  
 Weight : **450Kg**  
 Glide Ratio: **39** (39 Km for 1000m sink)  
 Glider Handicap: **0.970**



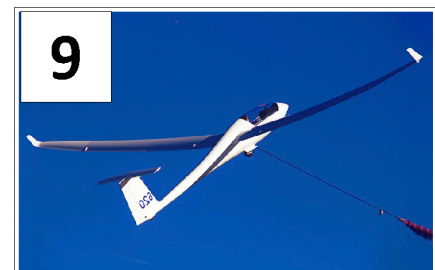
**7**

Pilots: **Arnold Geerlings**  
**Simon Wesley**  
 Years Flying: **50**  
 Glider: **ASH25E**  
 Call Sign: **GBY**  
 Year of Manufacture: about **2000**  
 Country of Manufacture: **Germany**  
 Wing span: **25.6m**  
 Weight: **750Kg**  
 Glide Ratio: **60** (60 Km for 1000m sink)  
 Glider Handicap: **1.065**



**8**

Pilots: **Derek McAllan**  
**David Ellett**  
 Years Flying: **13, 44**  
 Glider: **DG1000**  
 Call Sign: **GTO**  
 Year of Manufacture: **2014**  
 Country of Manufacture: **German**  
 Wing span: **20m**  
 Weight : **750Kg**  
 Glide Ratio: **46** (46 Km for 1000m sink)  
 Glider Handicap: **0.990**



**9**

Pilots: **Andrew Herwig**  
**Rod Loder**  
 Years Flying: **15, 40**  
 Glider: **Ventus 2cx**  
 Call Sign: **UDS**  
 Year of Manufacture: **2005**  
 Country of Manufacture: **Germany**  
 Wing span: **18m**  
 Weight: **600Kg**  
 Glide Ratio: **50** (46 Km for 1000m sink)  
 Glider Handicap: **1.060**

**Note:** Handicaps range from 0.8 to 1.2. The higher the handicap the better the performance.

For example: from a given altitude, a glider with a handicap of 1.1 can fly further and faster than one with a handicap of 0.9.

**NEW SCRAP YARD  
AND WRECKERS  
NOW OPEN**



# **STEPTOE & WIFE**



## **WONGAN HILLS 19 JENSEN STREET**

We are a family run scrap business.  
Our new yard is open to take all your  
scrap metal, cars and trucks

### **WE ALSO DO FARM CLEARANCES**

#### **WE ARE LOOKING TO BUY**

- SCRAP METAL
- CARS
- UTES
- TRUCKS

**TO STOCK OUR YARD.**

**YOU ARE WELCOME TO BRING  
SCRAP IN TO THE YARD AND  
WE ARE OPEN EVERY DAY FOR  
BUSINESS.**

**THERE IS A SCRAP BIN  
OUTSIDE THE YARD FOR YOU  
TO DROP YOUR OLD SCRAP  
OFF  
NO GAS BOTTLES, TV's OR  
TYRES PLEASE**

#### **CONTACT US**

WENDY 0497 305 345  
OR  
PAUL 0406 035 932



# Meckering

## MOSAIC PATHWAY PROJECT

### Let's Get Creative



This project was made possible thanks to a Grass Roots Community Grant



Get ready to get creative at our mosaic workshops! The designs for our pathway have been decided and it's time to make the mosaic slabs. Everyone in the community is welcome and encouraged to join in. You don't have to have any prior experience in making mosaics to get involved.

#### FRIDAY 27 OCTOBER 2023

##### Piecing Day

SCHOOL SESSION

Time: 9am - 12pm

SCHOOL & GENERAL COMMUNITY

12pm - 4pm

#### SATURDAY 28 OCTOBER 2023

##### Piecing Day

GENERAL COMMUNITY

Time: 9am - 4pm

You do not need to commit to the whole day, come and go as you please. Lunch, morning & afternoon tea provided.

#### SUNDAY 29 OCTOBER 2023

##### Grouting Day

GENERAL COMMUNITY

Time: 9am until finished

**Where:** All workshops will be held in the Meckering Town Hall

**RSVP:** Friday 20 October 2023 to [rebekah.burges@bigpond.com](mailto:rebekah.burges@bigpond.com)

**RSVP'S ARE ESSENTIAL FOR CATERING PURPOSES**



08 9635 2700



Shire Contact: [liezl.debeer@cunderdin.wa.gov.au](mailto:liezl.debeer@cunderdin.wa.gov.au)

Community Contact: [rebekah.burges@bigpond.com](mailto:rebekah.burges@bigpond.com)

In 2023, it is predicted that

**20,458** **women** & **217** **men**

will be diagnosed with breast cancer. This means that approximately **20,675** people will be diagnosed with breast cancer in Australia in 2023.

INCIDENCE

ON AVERAGE,

**57**

people will be diagnosed with breast cancer every day.



The incidence rate of women and men being diagnosed with breast cancer in Australia is increasing; however the mortality rate from breast cancer is decreasing.

THE RISK OF BEING DIAGNOSED WITH BREAST CANCER OVER A LIFETIME IS

**1 IN 7** FOR WOMEN

**1 IN 542** FOR MEN.



Breast cancer is the most common cancer diagnosed in Australia in women. It is estimated that breast cancer will account for approximately **28 PER CENT** of all new cancers in women in 2023.

SURVIVAL



The chance of surviving at least five years (five-year relative survival) has increased from **78 per cent in 1990-1994** TO **92 per cent in 2015-2019.**



The chance of surviving at least 10 years (10-year relative survival) is **86.8 per cent.**

Australia has one of the best breast cancer survival rates in the world.

Increasing survival is due to earlier diagnosis through screening and improved treatments.



There are around a **QUARTER OF A MILLION PEOPLE** in Australia today who have had a breast cancer diagnosis in the last 40 years.

PEOPLE LIVING IN RURAL AND REMOTE AREAS, YOUNGER (PRE-MENOPAUSAL) WOMEN, MEN AND FIRST PEOPLES OFTEN HAVE POORER OUTCOMES.

CUNDERDIN MUSEUM  
No.3 Pump Station



### Cunderdin Museum

Is supporting the 'Pink Up The Town' initiative by mounting a PINK display for the month of October.

We have searched the archives and are displaying PINK items that are not often on view.

Come in and see what we have found.



# Creating Toileting Masters

Toilet training toddlers with confidence.

For children 2 – 6 years.

This FREE workshop will cover:

- Getting Started : Signs of readiness, potty/toilet set up, language and role modelling, involving the child and reasonable expectations.
- Toilet Training Problems : Focusing on issues that commonly arise and how to tackle them; such as constipation, withholding, and poo refusal on the toilet.

**Bookings essential.**

Contact Cunderdin CRC on 9635 1784

Email: [admin@cunderdincrc.net.au](mailto:admin@cunderdincrc.net.au)

When: 11am to 1pm

Tues 24 Oct 2023

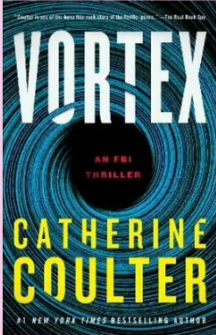
Where: Cunderdin CRC,  
57 Main street, Cunderdin

Supported by



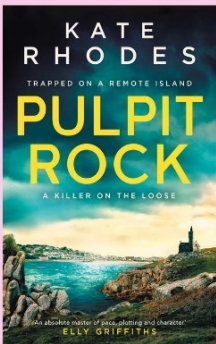
# LIBRARY

## Recommended Books



Seven years ago, Mia Briscoe was at a college frat rave with her best friend, Serena, when a fire broke out. Everyone was accounted for except Serena, who was never seen nor heard from again. Now an investigative journalist covering the political scene in New York City, Mia discovers old photos taken the night of Serena's disappearance and begins to uncover a sinister string of events going all the way back to that disastrous party. Working with Sherlock, the secrets begin to unravel. But some very powerful—and very dangerous—people will do anything to keep them from learning the truth.

CIA Operative Olivia Hildebrandt is a team leader on a mission in Iran to exfiltrate a betrayed undercover operative. She's nearly killed by an exploding grenade and saved by a team member. But by the time Olivia is released from Walter Reed Hospital, that team member and a critical flash drive he was carrying have disappeared. When Olivia is attacked on her first night home, Savich suspects that the strike is a direct result of the compromised mission and the missing team member and flash drive. But what intelligence was at stake and who betrayed them?



As the scorching summer sun covers the small Scilly island of St Mary's, DI Ben Kitto and his team are training for the annual Swimathon. But their morning session comes to a climactic end when they discover a body hanging from Pulpit Rock. The victim has been dressed up in a bridal gown, and Ben quickly realises that a dark and sinister killer is at large on the island.

To prevent the killer from escaping, Ben has no choice but to lock down St Mary's, yet in doing so he is unwillingly trapping the killer's next victim. When another woman is attacked, Ben gathers the island's at-risk residents inside the local hotel for safety, but the killer is already watching and remains one step ahead . . .

Everyone is a suspect. No one is safe.

## New Books



## New DVDs



## New Junior Fiction Books



# CRC Happenings

P: 9635 1784 E: [admin@cunderdincrc.net.au](mailto:admin@cunderdincrc.net.au)

W: [www.cunderdin.crc.net.au](http://www.cunderdin.crc.net.au)

## UPCOMING PDA DATES:

**October:** Thursday 19th & Friday 20th

**November:** Thursday 16th & Friday 17th

Thursdays can only be booked **in person** at the CRC with ID.

Fridays are available online on the DOT website:

<https://online.transport.wa.gov.au/pdabooking/manage>

9am-4pm (3.30pm for Learner's permits)

**\*\*Only one test can be booked at one time\*\***

Donations to the "Pink up our Towns" Can be made at the Cunderdin CRC.

All proceeds go to the McGrath Foundation and to the Breast Cancer research Centre.

Every donation counts.

Thank you to those who have already donated to this great cause.



The New Shire Logo number plates can be purchased from Cunderdin CRC for \$200.00



Some available numbers are:

2004CM, 1968CM, 1892CM, 1300CM, 1892CM, 8008CM, 1906CM, 6407CM, 1313CM, 1111CM, 71CM

Pop into the CRC with your drivers licence for more info or to order yours. They make a great surprise gift!!

BRING YOUR FRIENDS AND THE WHOLE FAMILY TO ENJOY A FUN NIGHT OUT - ALL FOR A GOOD CAUSE  
ALL PROCEEDS TO BE DONATED TO BREAST CANCER!

# Pink Shindig & STREET PARTY



**FRIDAY, 20 OCTOBER 2023**  
**CUNDERDIN TOWN HALL**  
**6 PM TO LATE**

**FREE ENTRY - FAMILY FRIENDLY**

**LIVE MUSIC & ENTERTAINMENT TILL LATE**

ASH AND BEN - ACOUSTIC DUO & THE CHRIS GIBBS BAND

**FOOD & BAR OPEN FROM 6-11:30 PM**

**AWESOME RAFFLE PRIZES TO BE WON**

**BEST PINK DRESS-UP PRIZE**



**FOR MORE INFORMATION CONTACT THE CUNDERDIN CRC - 9635 1784**



# SHINGDIG RAFFLE



# PRIZES



<p><b>RAFFLE ITEM 1:</b> <b>RIDE ON TRACTOR</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 2:</b> <b>TRACTOR TOY</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 3:</b> <b>2X BOUNCE PASSES</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 4:</b> <b>2X SWAN RIVER SCENIC CRUISE TICKETS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 
<p><b>PROUDLY SPONSORED BY:</b> <b>AFGRI</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>BAXTER'S RURAL CENTRE</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>BOUNCE</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>CAPTAIN COOK CRUISES</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>
<p><b>RAFFLE ITEM 5:</b> <b>FAMILY DAY PASS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 6:</b> <b>ONE FREE GLIDE</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 7:</b> <b>4X FAMILY DAY PASS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 8:</b> <b>CHRISTMAS HAMPER</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 
<p><b>PROUDLY SPONSORED BY:</b> <b>CAVERSHAM WILDLIFE PARK</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>CUNDERDIN GLIDING CLUB</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>GLOUCESTER PARK</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>HAMPERS WITH BITE</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>
<p><b>RAFFLE ITEM 9:</b> <b>5X ICE SKATING PASSES</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 10:</b> <b>KOOKABURRAS TEAM SIGNED COMMONWEALTH GAMES SHIRT</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 11:</b> <b>COCKTAIL MAKING CLASS FOR TWO</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 12:</b> <b>FAMILY MINI GOLF PASS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 
<p><b>PROUDLY SPONSORED BY:</b> <b>COCKBURN ICE ARENA</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>THE KOOKABURRAS TEAM</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>REPUBLIC FREMANTLE DISTILLERY</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>WEMBLEY GOLF CLUB</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>
<p><b>RAFFLE ITEM 13:</b> <b>\$250 STORE GIFT VOUCHER</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 14:</b> <b>FRUIT HAMPER</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 15:</b> <b>2 YEARS COMPLIMENTARY MEMBERSHIP</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 16:</b> <b>PERTH ZOO MINI GROUP PASS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 
<p><b>PROUDLY SPONSORED BY:</b> <b>GHANDA</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>SOLARFRUIT</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>BIG4</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>PERTH ZOO</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>
<p><b>RAFFLE ITEM 17:</b> <b>10X READY MADE HARVEST MEALS</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 18:</b> <b>2 NIGHT STAY AT THE QUALITY HOTEL</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	<p><b>RAFFLE ITEM 19:</b> <b>MCGRATH MERCHANDISE</b> 1 for \$5, 5 for \$20</p> <p>ALL TICKETS TO BE PURCHASED AND DRAWN AT THE SHINDIG FRIDAY, 20TH OCTOBER 6PM TO LATE CUNDERDIN</p> 	
<p><b>PROUDLY SPONSORED BY:</b> <b>GATHERYORK</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>MARIAN HILLAM</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	<p><b>PROUDLY SPONSORED BY:</b> <b>THE MCGRATH FOUNDATION</b></p>  <p>ALL PROCEEDS TO BE DONATED TO BREAST CANCER!</p>	

Warrior Wellbeing Article

## Getting a Good Night's Sleep

There are times in business when it's all go, whether it's on the farm during seeding and harvest or meeting deadlines at work. It may mean working longer than normal hours and possibly becoming sleep deprived. A lack of sleep not only reduces our ability to perform work effectively, it also reduces our ability to work safely. Some have regarded sleep as a useless waste of time with no purpose - NOT TRUE. Science and medicine are discovering more and more about the role of sleep and its influence on our wellbeing and health.

How much sleep do we really need?

- Infants and toddlers - 9 to 10 hours at night plus day naps;
- School age including teenagers - do best with 9 to 11 hours at night;
- Most adults - 7 to 8 hours a night;
- Older adults need the same as younger adults but sleep lighter and for shorter periods.

Some people just need fewer hours of six or less a night without ill effects. The need for less or even more sleep can run in families (suggesting a genetic basis but it is incredibly rare).

What are the effects of lack of sleep? While we're sleeping, our body is busy tending to our physical and mental health and getting us ready for another day. Lack of sleep can lead to:

- Drowsiness and irritability during the day;
- Poor concentration hindering memory and our ability to pay attention;
- Poor physical coordination increasing the risk of accidents;
- High blood pressure which is one of the main risk factors for heart disease;
- Depression.

Regularly sleeping less than 5 hours is associated with poor physical and mental health and wellbeing.

Sleep may be more difficult to come by as we age, and this can be traced to treatable health issues that cause interrupted sleep. Some factors that could cause sleep difficulties:

- Sleep disorders like sleep-apnoea, restless leg/arm syndrome, leg cramps;
- Pain from conditions like arthritis, heartburn, back pain, headaches;
- A frequent need to urinate;
- Illness - depression, coughing, shortness of breath;
- Medications.

Some helpful tips for getting a good night's sleep are:

- Go to bed and get up at the same time each day, this synchronizes our body clock;
- Aim for daily exercise before evenings;
- Relax before bed i.e. warm shower, reading and avoid caffeine, nicotine and alcohol;
- Establish your pre-sleep routine (usually 3 things);
- Use bedroom/bed only for sleeping or intimacy - not as a lounge room for watching TV.

Generally, if we can't sleep, we shouldn't lie in bed. Leave the bedroom and do a quiet activity that doesn't stimulate us. To help maintain a healthy lifestyle we all need to contemplate what is an adequate amount of sleep for us personally and visit our GP for treatment if we are amassing a huge sleep debt.

The Regional Men's Health Initiative

P: (08) 6314 1436

E: menshealth@4blokes.com.au

 @RMHL\_4blokes

 Working with Warriors Podcast

 regionalmenshealth.com.au





Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

Often parents don't want to think about dealing with a situation like this. It's scary and they hope it won't ever happen to their child.

## What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

### Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Date: **Monday, 27 November 2023**

Time: **5:15pm for 5.30pm start**

Venue: **The School Library**

RSVP: **Emma.bradbury2@education.wa.edu.au**

### Two Themes of Protective Education:

*"We all have the right to feel safe all of the time."*

*"We can talk with someone about anything."*

### Protective Education Concepts:

Theme reinforcement	Safety Continuum	Networks
OK to say "No"	Secret Enablers	Protective interrupting
Yes/Safe/Comfortable feelings and No/Unsafe/Uncomfortable feelings	Risking on Purpose	Persistence
Three Safety Questions	Cyber Safety	One-step removed
Secrets	Early Warning Signs	Public and Private
	Network review	Problem-solving

*There will be books and resources available for purchase at the workshop.*



Contact Holly-ann Mobile 0422 971 189 Phone [08] 9497 7685 E-mail holly-ann@safe4kids.com.au



SHIRE OF  
**CUNDERDIN**

# SHIRE SNIPPETS

19 October 2023



News	Community	Public Notices	Events
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## Think Pink this October!

This October, we stand together in support of Breast Cancer Awareness Month. Early detection is vital, and you can play a part:

- 1. Self-Exams:** Regular self-exams are a simple yet effective way to detect breast changes early. Learn how to do them correctly.
- 2. Know Your Risk:** Understand your family history and risk factors for breast cancer. If you have concerns or a family history, consult your healthcare provider.
- 3. Raise Awareness:** Share this message with friends, family, and colleagues. Encourage everyone to prioritize breast health and regular screenings.

Wearing pink isn't just a color choice; it's a symbol of hope and solidarity for those affected by breast cancer. We invite you to wear pink, share knowledge about breast cancer awareness, and remind your loved ones about the importance of early detection.

## Community Events

**Pink Up Shindig & Party**



20 OCTOBER 2023

**Pink Up Day @ CDHS**



20 OCTOBER 2023

**Meckering Be Happy Day**



24 OCTOBER 2023

**Meckering Mosaic Workshops**



27-29 OCT 2023





# PUBLIC NOTICE – ROAD CLOSURE

Please note that due to the Pink Shindig & Street Party, parts of Main Street will be closed from 1 pm to midnight on Friday, 20 October. We apologise for the inconvenience this may cause.

We do hope to see you at the Pink Up Shindig & Street Party!



## PINK UP OUR SCHOOL

OCTOBER

**20**

2023



Student council fundraiser. Wear pink for a gold coin donation to help the breast cancer foundation.

Buy a pink Jelly cup at recess for \$1



Prize for the best pink outfit.

BRING YOUR FRIENDS AND THE WHOLE FAMILY TO ENJOY A FUN NIGHT OUT - ALL FOR A GOOD CAUSE  
ALL PROCEEDS TO BE DONATED TO BREAST CANCER!

## Pink Shindig & STREET PARTY



**FRIDAY, 20 OCTOBER 2023  
CUNDERDIN TOWN HALL  
6 PM TO LATE**

**FREE ENTRY - FAMILY FRIENDLY**

**LIVE MUSIC & ENTERTAINMENT TO LATE**  
ASH AND BEN - ACOUSTIC DUO & THE CHRIS GIBBS BAND

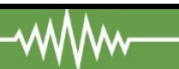
**FOOD & BAR OPEN FROM 6-11:30 PM**

**AWESOME RAFFLE PRIZES TO BE WON**

**BEST PINK DRESS-UP PRIZE**



FOR MORE INFORMATION CONTACT THE CUNDERDIN CRC - 9635 1784





# WATER BOMBER RELOADER TRAINING

Want to help during bushfires, but don't want to be on the fire front? Then this is the training for you!

We are looking for community members willing to train as Water Bomber Reloaders.

**Friday, 3 November | Cunderdin Airfield**

Training starts at approximately 12.30pm - details to be confirmed.

No previous experience required. No heavy lifting required. Anyone from the community can attend. Minimum age to attend is 16 years.

There is no cost to attend this training session!

**RSVP or enquiries - Benjamin.Davies@dfes.wa.gov.au  
or phone 0448 008 653**



## Baarley's Joke Corner

What do you call a sheep that plays fetch?  
*A sheepdog!*

Two sheep are in a field  
One sheep says "baaa".  
What does the other sheep say?  
*"Isn't it a little early for a drink?"*

Don't forget to subscribe to the online Shire Snippets! It is easy just fill in your details at:  
[www.cunderdin.wa.gov.au/the-shire/latest-news/newsletter-subscribe.aspx](http://www.cunderdin.wa.gov.au/the-shire/latest-news/newsletter-subscribe.aspx)





THE CMT SENIORS COMMITTEE INVITES YOU TO AN

# OVER 60'S BE HAPPY DAY!

COME JOIN US FOR A FUN-FILLED DAY OF GAMES,  
ENTERTAINMENT, PRESENTATIONS, RAFFLES,  
QUIZZES, CHAIR DANCING, MORNING TEA,  
AND A DELICIOUS LUNCHEON.

**TUESDAY, 24 OCTOBER**  
**9.45 AM TO 2.30 PM**  
**MECKERING TOWN HALL**

**Guest Presenters:**  
Karen Beardsmore -  
Chronic Conditions  
Sally Gilchrist - LiveUp  
Lisa - Chair Dancing



**\$15**  
Entry fee

RAFFLE  
TICKETS  
\$1

**RSVP BY 16 OCTOBER -**  
**SHIRE OF CUNDERDIN ON 9635 2700 OR**  
**SHIRE OF TAMMIN ON 9637 0300**



Free bus transport from Tammin &  
Cunderdin. Book your seat now!  
Bus leaves at 9.15 am



# HALLOWEEN CUNDERDIN MUSEUM

**TUESDAY 31ST OCTOBER**  
**6:00-7:30PM**  
GOLD COIN ENTRY

ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT

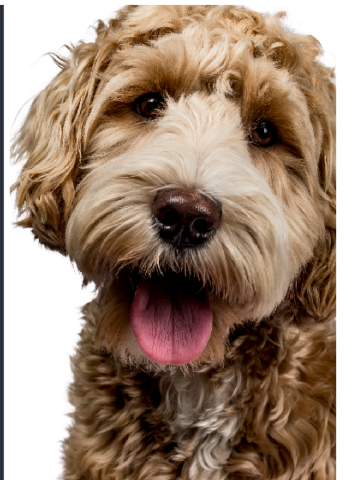
**ALL PART OF THE STORY**

Community Citizen of the year Awards  
Australia Day  
SHIRE OF CUNDERDIN

**DON'T FORGET...**

## CAT & DOG REGISTRATIONS ARE DUE!

Please check your Dog/s and  
or Cat Tag and make sure it is  
current for the coming year.



Presented by **aspire** Australia Day Group of Western Australia  
Inspiring Achievement

Principal Partner: Government of Western Australia Department of Communities

Media Partners: **9 NEWS** **6PR PERTH** **WAtoday** INDEPENDENT. ALWAYS.

## Nominate now

If you know someone, or a group, doing great things in our community, nominate them for a 2024 Community Citizen of the Year Award, in our four categories.

- Citizen of the Year
- Youth Citizen of the Year
- Senior Citizen of the Year
- Active Citizenship (Group or Event)

[citizenshipawards.com.au](http://citizenshipawards.com.au) Closing Date: 31 October 2023

Local Government Recognising Community Champions.



**FEEES ARE PAYABLE AT THE SHIRE OFFICE BETWEEN 8:30AM AND 4:00PM.**

**IF YOU HAVE ANY ENQUIRIES IN RELATION TO THIS MATTER PLEASE DO NOT HESITATE TO CONTACT THE SHIRE OFFICE DURING OFFICE HOURS.**





# Unleash Your Culinary Creativity in Cunderdin!

Are you a passionate food entrepreneur looking for a prime location to launch or expand your food business?

Are you ready to turn your culinary dreams into reality? O'Connor Park Cunderdin is offering you a golden opportunity to operate your food or coffee van in our picturesque park. With a steady stream of visitors seeking tasty treats, your business is destined to flourish.



**Option 1- You supply the Coffee/food van, the Shire supplies the space.**

**Option 2- The Shire provide the Coffee/food van, you supply the expertise.**

- Prime Location: Set up shop in a thriving park on the Gt Eastern Highway with steady flow of east-west traffic, surrounded by nature and positive vibes.
- Diverse Audience: Attract food lovers, families, tourists, and locals, ensuring a steady flow of customers.
- Outdoor Oasis: Embrace the majorly upgraded premier park destination in the wheatbelt with an open-air experience, offering the perfect setting for al fresco dining.
- Community Spirit: Join our supportive community of vendors and become a beloved part of our park's ecosystem.
- Endless Potential: Whether you're into coffee, gourmet cuisine, or mouthwatering street food, O'Connor Park welcomes all culinary styles.

**Don't miss this chance to make your culinary mark at O'Connor Park.**

**Contact us today to discuss this exciting opportunity and bring your food vision to life.**

**The Shire of Cunderdin is happy to negotiate to help bring your business dream to fruition.**

**Discussions may include Shire provision of premises or bring your own van. All inquiries welcome**

**Contact Hayley Byrnes via email [hayley.byrnes@cunderdin.wa.gov.au](mailto:hayley.byrnes@cunderdin.wa.gov.au) or phone 96352700**







# PUBLIC NOTICE – TENDER



## PUBLIC NOTICE

### Invitation to Tender on Fleet Vehicle

Council is currently inviting tenders for the purchase of the below vehicles under *Section 3.58 of the Local Government Act 1995*. Details of the vehicle as at 26<sup>th</sup> September 2023 are

Vehicle	Registration	Year	Licence	KMS
Ford Ranger 2021.75 Double PU XLT 3.2L 6A 4x4 (arctic white)	CM 00	2021	30/06/2024	134,680



The above vehicle is available for inspection on request. All vehicles are sold on “as is where is basis”.

The current number plates are not included, they will be changed to state plates prior to the sale.

The vehicle will be available once the Shire has taken possession of the new vehicle (Expected to be by October 30th).

Written offers above \$36,000.00 are to be addressed to the undersigned:

**Stuart Hobley**  
**Chief Executive Officer**  
**Shire of Cunderdin**  
**37 Lundy Avenue**  
**CUNDERDIN WA 6407**

And received prior to 4pm on **Monday 23rd October 2023** at the Shire Office.

Stuart Hobley  
**Chief Executive Officer**





# Rates Incentive Prize Winners

Congratulations to our 2023/2024 Rates Incentive Prize Winners!

### Marian Hillam

A 2-night stay at the Quality Hotel Ambassador Perth in a Premium Room including full buffet breakfast for 2 people each morning and parking  
**Valued at \$500.00**



### Earthstyle Contracting

A 2 night stay in a luxury 1 bedroom Spa Apartment with ocean views for two, including Parking & free Wifi or A 2 night stay in a 2 Bedroom apartment for you & your family  
**Valued at \$658.00**



### Trevor Fawks

\$50.00 JB-HiFi  
Gift Card



### Badgetting Spring Farm Pty Ltd

\$100.00 JB-HiFi  
Gift Card



### Tamar Nominees Pty Ltd

\$50.00 JB-HiFi  
Gift Card



**\$50 Voucher for Katana Power Tools & Otway Boots**



**\$250 Voucher for Kinchrome Tools & Steel Blue Boots**



**\$150 Voucher for Kinchrome Tools & Mongrel Boots**



The Shire of Cunderdin would like to thank all of our sponsors for the 2023/24 rating year!



# Shire Information



## Administration Open Hours

Open Monday - Friday 8.30am to 4.00pm

Department of Transport and State Library Services are available from the Cunderdin Community

Resource Centre located on  
57 Main Street, Cunderdin.

## Councillors

Shire President:	Alison Harris
Deputy President:	Tony Smith
Councillor:	Natalie Snooke
Councillor:	Todd Harris
Councillor:	Norm Jenzen
Councillor:	Bernie Daly
Councillor:	

## Staff

CEO:	Stuart Hoblely
Deputy CEO:	Hayley Byrnes
Manager of Works:	Craig Robertson

## Further Information

Contact details for Councillors or staff is available from the Shire of Cunderdin website at:

[www.cunderdin.wa.gov.au](http://www.cunderdin.wa.gov.au)

We encourage you to subscribe to the Shire Snippets or consult the website to keep up to date on Council matters or events.

## Restricted Burning Periods

The dates below may change due to seasonal fire conditions in which case the details of the changes will be published locally and on Council's website.

Permits available from:  
Shire Administration Office  
Chief Bush Fire Control Officer:  
Ashley Burges  
Deputy Bush Fire Control Officer:  
David Beard

OPEN BURNING PERIOD  
01 April - 4 October 2023  
NO PERMITS REQUIRED

RESTRICTED BURNING PERIOD  
4 October - 1 November 2023  
PERMITS REQUIRED

PROHIBITED BURNING PERIOD  
2 November 2023 - 14 February 2024  
BURNING PROHIBITED

RESTRICTED BURNING PERIOD  
15 February - 31 March 2024  
PERMITS REQUIRED

## Waste Transfer Stations

### MECKERING TRANSFER STATION

Opening Hours:  
Wednesday: 11:00am-5:00pm  
Saturday: 11:00am-5:00pm  
Sunday: 11:00am-5:00pm

### CUNDERDIN TRANSFER STATION

Opening Hours:  
Wednesday: 09:00am-5:00pm  
Saturday: 09:00am-5:00pm  
Sunday: 11:00am-5:00pm



## Quiz Sixteen

1. **What name was historically given to the countries of southeastern Europe?**

The Mauritians

The Axis

The Kremllins

The Balkans

2. **Who was one of Robin Hood's companions?**

Will Ruby

Will Cerise

Will Scarlet

Will Maroon

3. **Which of these nuts is the largest?**

Coconut

Walnut

Hazelnut

Peanut

4. **Which of these is another name for the German shepherd dog?**

Pekingese

Terrier

Bulldog

Alsatian

5. **According to the Bible, which creature swallowed Jonah?**

Fish

Giant

Dragon

Bear

6. **In which of these does the term "touche" acknowledge a hit?**

Kendo

Croquet

Fencing

Boxing

7. **After whom were the Victoria Falls named?**

Victoria Adams

Victoria Beckham

Victoria Principal

Queen Victoria

8. **Which Internet phenomenon was founded by Jerry Yang and David Filo?**

Facebook

Yahoo!

Google

eBay

9. **Which of these is not a type of orange?**

Navel

Golden Delicious

Seville

Jaffa

10. **The 2000s: Who let the dogs out?**

Baha Men

Nelly

Stone Temple Pilots

Sisco

11. **Which high school subject did Walter White teach in Breaking Bad?**

Chemistry

Maths

English Literature

Drama

12. **During which awards ceremony did Madonna fall off the stage in 2015?**

The Brit Awards

The AMAs

The VMAs

The Grammys

13. **Which pop music icon got her start on the Disney Channel show Wizards of Waverly Place?**

Miley Cyrus

Selina Gomez

Ariana Grande

Zendaya

14. **What was the highest grossing Broadway musical in 2022?**

The Music Man

The Lion King

The Book of Mormon

Hamilton

15. **In the television series "The Fresh Prince of Bel-Air," what was the name of the family butler?**

John

Geoffrey

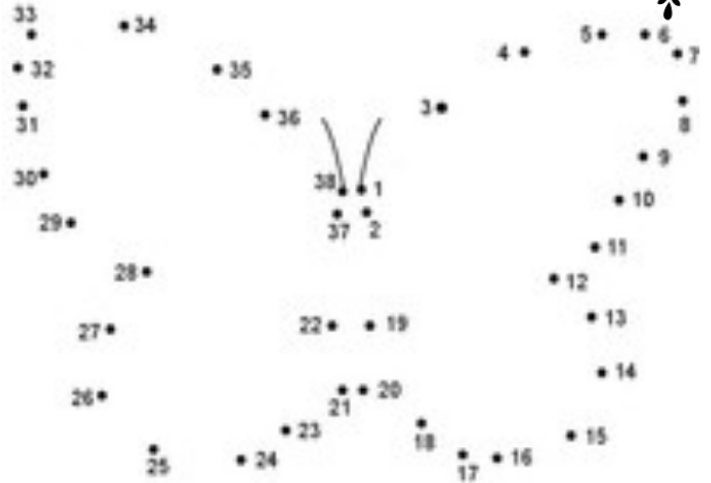
Stanley

Alexander

Answers on page 38

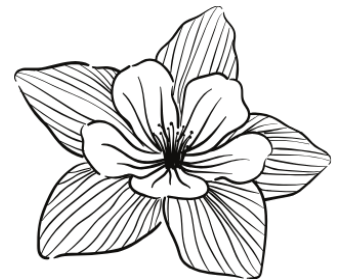
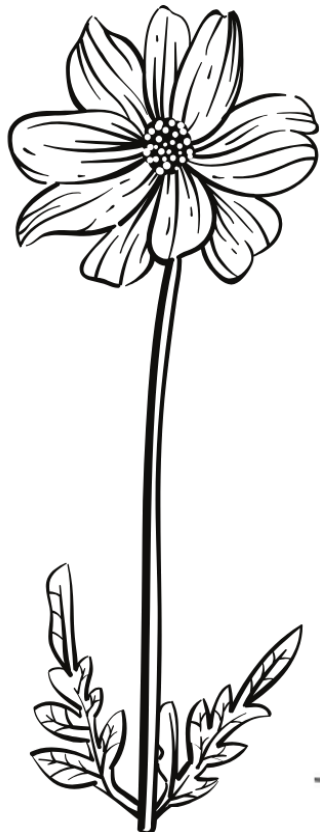
# PUZZLES

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	9		3				1
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			1				



## SPRING GARDEN

I I Y L L N J X H L D T S U C O R C G F  
R Q W E L D S P R I N G N T L Q R C S D  
O N L S W E E T P E A R M Y A U J H E J  
S V L T X T B M U H L A W L D O X E A N  
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G U K R G E L P T E D M P V U N I A R G  
N S N V M G B P Y X I C D V K V D C C H



### WORD LIST

- |                |               |          |             |
|----------------|---------------|----------|-------------|
| BIRDS          | FLOWERS       | LADYBUG  | SEASON      |
| BLOOMING       | FORGET ME NOT | LILY     | SNOWDROP    |
| BLUEBELL       | GARDEN        | MAGNOLIA | SPRING      |
| BOUQUET        | GRASS         | NEST     | SUNSHINE    |
| CHERRY BLOSSOM | HONEYBEE      | PRIMROSE | SWEET PEA   |
| CROCUS         | HYACINTH      | RAIN     | TULIP       |
| DAFFODIL       | INSECTS       | ROSE     | WHEELBARROW |
| DAISY          | IRIS          |          |             |

Homemade  
GIFTS MADE EASY

# Happy birthday!

21st October	Callum Willmott
22nd October	Steve Skinner
23rd October	Deb Jenzen
24th October	Stuart Mussared Mandy Kennedy Jaimie Smith Elliot Rachel Taylor
25th October	Ben Elliot Harry West
26th October	Chloe Farrar
28th October	Jeff Matthews Harry West
31st October	Zoe Jasper
1st November	Tchae Shehan Seth Beard

Email your birthday to [bandicoot@cunderdincrc.net.au](mailto:bandicoot@cunderdincrc.net.au)

## ANSWERS

### SPRING GARDEN



#### WORD LIST

**BIRDS:** BLOOMING, BLUEBELL, BUNNET, CHERRY BLOSSOM, CROCUS, DANFORTH, DASY.  
**FLOWERS:** FORGET ME NOT, GARDEN, GRASS, HONEYBEE, HYACINTH, INSECTS, IRIS.  
**LADYBUG:** LILY, MAGNOLIA, NEST, PRIMROSE, RAIN, ROSE.  
**SEASON:** SNOWDRIP, SPRING, SUNSHINE, SWEET PEA, TULIP, WHELBARROW.

Homemade GIFTS MADE EASY

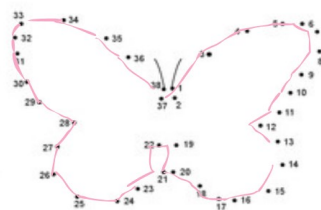
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5	9	6	3	2	4	8	1	7
6	8	5	2	3	7	1	4	9
4	1	9	5	6	8	7	3	2
7	3	2	1	4	9	5	6	8

1. The Balkans
2. Will Scarlet
3. Walnut
4. Alsatian
5. Fish
6. Fencing
7. Queen Victoria
8. Yahoo!
9. Golden Delicious
10. Baha Men
11. Chemistry
12. The Brit Awards
13. Selina Gomez
14. The Lion King
15. Geoffrey



THE RISK OF BEING DIAGNOSED WITH BREAST CANCER INCREASES WITH AGE.

APPROXIMATELY  
**80 PER CENT**  
OF NEW CASES OF BREAST  
CANCER ARE IN WOMEN  
AGED 50 OR ABOVE.



# Rhubarb & Gingernut Cheesecake

## Ingredients

500g forced rhubarb, chopped into 4cm lengths  
150g caster sugar  
1 blood orange, zested and juiced  
1 vanilla pod  
100g butter, melted, plus extra for the tin  
200g gingernut biscuits  
500g mascarpone or soft cheese  
100g quark or thick natural yogurt  
1 tbsp pistachios, chopped



## STEP 1

Heat oven to 200C/180C fan/gas 6. Line a large baking tray with baking parchment and fill with the rhubarb. Scatter over the sugar and orange zest and pour over the juice. Scrape the seeds from the vanilla pod in there too, throwing the spent pod on top. Cover with foil and roast for 20 mins. Remove from the oven. Purée a third of the rhubarb, reserving the rest for the top.

## STEP 2

Butter a 20cm springform cake tin and line it with baking parchment. To make the base, put the biscuits in a bag and smash them with a rolling pin, or put them in a food processor and grind to crumbs. Tip into a mixing bowl, and stir in a pinch of sea salt. Pour the butter over the crumbs. Mix it together with a fork and tip it into the tin. Tap the side of the tin with your hand to even the crumbs out, and gently compress it with the back of a large spoon until it's packed in and level. You want it fairly well packed so that it holds together. Put in the fridge to chill.

## STEP 3

To make the filling, put the cheese and quark or yogurt into a mixing bowl, or the bowl of a stand mixer, and beat it together. Mix until combined and thickened, then fold through the rhubarb purée.

## STEP 4

Pile the mixture on top of the biscuit base and smooth it down. Cover with cling film and chill overnight until set. Remove the rhubarb from its syrup with a slotted spoon, tip the syrup into a pan and bring to the boil. Reduce for about 3-5 mins until the syrup is more concentrated. Allow to cool.

## STEP 5

Carefully remove the cheesecake from its tin. Pile the rhubarb on top and drizzle over some syrup (you can save the rest for drizzling over porridge), then scatter with the pistachios to serve.



# Civil Works & Plant Hire

Blake 0400 210 053

0429 188 818

Kade: 0427 167 347

[WWW.EARTHSTYLECONTRACTING.COM.AU](http://WWW.EARTHSTYLECONTRACTING.COM.AU)

## BULK EARTHWORKS



DRIVEWAYS, CARPARKS & YARD WORKS

## ROADWORKS



### Plant & Equipment Includes

- \*Bobcats & Mini Excavators
- With Boring & Trenching Attachments
- \*Graders \*Loaders
- \*Trucks - Side Tipper & Float/Spread Deck
- \*Rollers \*Watercarts
- \*Excavator with Ripper & Tree Rake Attachments

### Material Supply

- \*Gravels \*Sands \*Blue Metals
- \*Metal Dust \*Top Soil \*Concrete Premix

**PLANT HIRE - BITUMEN & ASPHALT PAVING - MATERIAL SUPPLY - BULK HAULAGE**



Local Business Supporting Local Business



# CUNDERDIN PHARMACY

Serving the Community

59 Main Street, Cunderdin WA 6407

## OPENING HOURS

Monday – Friday : 9.00am – 5.30pm

Saturday : 9.00am – 12.00pm


CLOSED on Sundays and Public Holidays

 08 9635 1497


 08 9635 1929

 [cunderdinpharmacy@westnet.com.au](mailto:cunderdinpharmacy@westnet.com.au)

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## ATTENTION

### PEOPLE WITH HEEL AND ARCH PAIN

Plantar Fasciitis (planar heel pain) is a common condition that causes pain under the heel of the foot, and may extend into the arch area.

#### WHAT ARE THE SYMPTOMS?

The pain under the heel is worse when the person first steps out of bed in the mornings, or after sitting for long periods of time. It is relieved after walking about for a few minutes, then returns towards the end of the day. Resting will ease the pain, until you get up again.

#### WHAT IS THE CAUSE?

The exact cause of plantar heel pain is unknown, but we do know this is a degenerative process in which micro tears occur within the plantar fascia. Several risk factors including over-pronation (rolling inwards of foot), tight calf muscles and long periods of standing/walking hard floors have been well established.

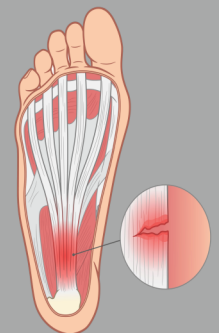
#### TREATMENT

Some of the more common treatments we offer are:

- Custom foot orthotics
- Corticosteroid injection
- Dry-needling
- Rehabilitation

#### WHY SEE WA FOOT CLINICS?

Plantar heel pain is a complex issue and treatment varies depending on the cause. At WA Foot Clinics we have Podiatrists that are highly trained foot professionals who see and treat heel pain on a daily basis.



CUNDERDIN

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PH: 6245 3187



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Dean Butler B. Sc. (physio) grad cert OSH

Ph/SMS: 0472 756 323

[wheatbeltphysio@gmail.com](mailto:wheatbeltphysio@gmail.com)

[www.facebook.com/wheatbeltphysio](http://www.facebook.com/wheatbeltphysio)



### Shire of Cunderdin Defibrillator Locations:

- Cunderdin sports & Recreation Centre
  - Cunderdin Swimming Pool
  - Cunderdin Co-operative
  - Cunderdin Men's Shed
  - Cunderdin Museum
  - Cunderdin District High School **+24 Hours**
  - Cunderdin Water Corporation
  - Cunderdin St John Sub Centre **+24 Hours**
  - Cunderdin Seed Cleaners
  - Cunderdin CBH Weigh Bridge **+24 Hours**
  - Cunderdin Police Mobile Unit
  - Cunderdin Ag College **+24 Hours**
  - Cunderdin Gliding Club
- Meckering**
- Meckering Sporting Club
  - Meckering Roadhouse
  - Meckering Primary School
  - Meckering Men's Shed
- Tammin**
- Tammin Shire Office
  - Donnan Park - Tammin Oval



EMERGENCY  
DEFIBRILLATOR



AED

**\*\*Information updated from first responders App provided by St John**

EC 010402



# AMJ INDUSTRIES

## ELECTRICAL WORKS

**Tony Jasper**

22 Bedford St, Cunderdin, W.A

Phone: 9635 1322

Fax: 9635 1344

Email: [amjindustries@mail.com](mailto:amjindustries@mail.com)

A.B.N. 50 582 506 765



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**Aaron Cooper: 0400 793 570**

**Zac Rick: 0428 918 637**

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TRADERS ~ DAVEY PUMPS ~ MONGREL BOOTS**

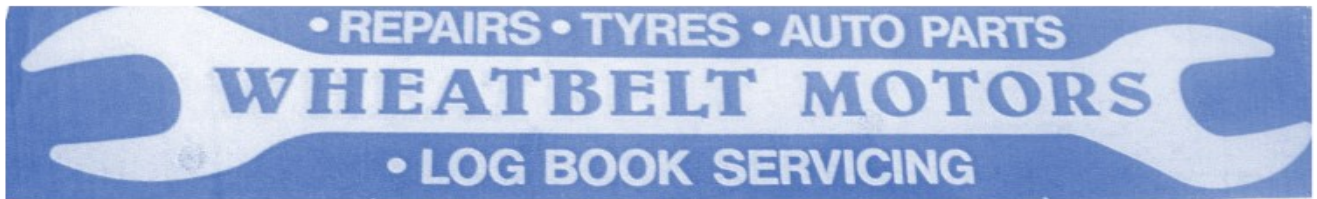
**Opening Hours: Monday-Friday: 8am to 5pm**

**Saturday: 8am to 12pm**

**65 Main Street, Cunderdin WA 6407**

**Phone: 9635 2400 Email: farmways@wn.com.au**

# COMMUNITY CLASSIFIEDS



**John, Gienia & Damian Fissioli**

49 Main Street

Cunderdin 6407

Email: [countryford@wn.com.au](mailto:countryford@wn.com.au)

**Ph: 9635 1203**

Mobile: 0409 889 979

A/Hours: 9635 1384

DL 4321

MRB 211

AU 15578

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**Diagnostic Facility**

**Honda. Balistic. Husqvarna**

**Kumho Tyre Centre**

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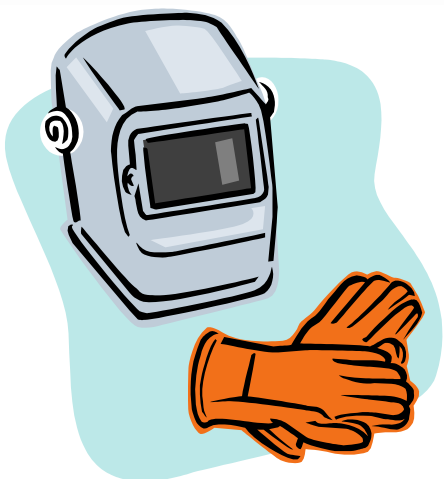
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**Cunderdin WA 6407 [troy@donovansengineering.com.au](mailto:troy@donovansengineering.com.au)**



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**Jos Hewett**

**Anita Marzocchi**

**0459 405 333**

**Email: marzochifamily@hotmail.com**

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**PAT & CHAT**

Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN23036138418

**Cunderdin Tammin Mobile Vet Visiting Dates 2023**

**Tuesday 14th November, Wednesday 13th December**

Please contact Dr Andrea Roberts on 0428212945 for booking via text or phone call.

Appointments for your pets and livestock right to your front door.



**Argent Electrical**

Domestic / Commercial / Industrial

**George Argent**

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Phone: 0438 589 802

Email: argentelectrical@bigpond.com

Cunderdin and surrounding districts

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**Northam**

sarahsomers@iinet.net.au

**0427 725 501**

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**Andrew Knapp**  
0417 018 180



**Shane Murray**  
0417 256 852

**Cunderdin Office**  
(Central East)

Shop 2, 69 - 73 Main St, Cunderdin WA 6407  
cunderdin@cwib.com.au | (08) 9635 1539

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# BANDICOOT NOTICES

Date & Issue	Proof Reading (2 People) 11.00am Tuesday	Despatch & Collection 9am Thursday
<b>Issue 17</b>	<i>Ann Williams &amp; Cheryl Halse 31st October</i>	<i>Carol Bridge 2nd November</i>
<b>Issue 18</b>	<i>Heather Matthews &amp; Kaye Winterwyk 14th November</i>	<i>Nicole Taylor 16th November</i>
<b>Issue 19</b>	<i>Pam Jones &amp; Helen Mussared 28th November</i>	<i>Julie Mussared 30th November</i>

## Bandicoot Deadline Days

Issue	Deadline Friday	Publication Day Thursday
Issue 17	27th October	2nd November
Issue 18	10th November	16th November
Issue 19	24th November	30th November

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Ph: 9635 1784, Email: [bandicoot@cunderdincrc.net.au](mailto:bandicoot@cunderdincrc.net.au)



DKT

## **DKT Rural Agencies**

8-10 Great Eastern Hwy Cunderdin WA 6407

Phone 9635 1501

Local Owner/Agronomist : **Dan Taylor 0429 454 221**

Administration : Sharon Reynolds

## ***YOUR LOCAL NUTRIEN AGENT***

### ***Services Available :***

- . Local Agronomy, Farm Plans, all Fertiliser requirements & Soil Sampling
- . Competitive Chemical pricing on Farm Deliveries
- . Seed Supplies
- . Equipment Hire - Stubble Cruncher
- . Agents for - Coerco, West Coast Poly, Widespan Sheds, Stratco, Burando Hill and much, much more.....just ask and we will get it in for you

### ***Products Available***

- . Boots
- . Stock Feeds and Additives
- . Vaccines, Drenches, Wool Packs
- . Philmac Water Supplies, PVC & Camlock fittings, Davey Pumps
- . Silvan Spraying Equipment
- . Fencing
- . BOC Gases

## **LOCAL BUSINESS SUPPORTING LOCAL PEOPLE**



DKT - SETTING THE STANDARD WITH SERVICE





# COMMUNITY NOTICES

## Cunderdin Community Mission & Opportunity Shop

The Op Shop is again taking donations of clothes and shoes in GOOD CONDITION

**“If you would give it to a mate, it is good to donate”**

<b>20/10/2023</b>	<i>Verna Cunnold</i>	<i>Marion Evans</i>	<i>Kerry Skelcher</i>
<b>21/10/2023</b>	<i>Ann Millea</i>	<i>Pauline Boyd</i>	<i>Barb Davidson</i>
<b>27/10/2023</b>	<i>Daphine Skinner</i>	<i>Liz King</i>	
<b>28/10/2023</b>	<i>Kaye Maxwell</i>	<i>Heather Matthews</i>	<i>Floss Gibsone</i>

**Friday and Saturdays 9.30am –12pm, Corner of Bedford and Pemberton St, Cunderdin**

If you are unable to do your rostered shift please try and swap or phone extra helpers:

Kerry Cooper (Saturdays Only), Leanne Bell, Cathy Winterswyk

**FURNITURE COMMITTEE:** John Denton 9635 1074.

**MISSION SHOP CONTACT:** Jan Jasper - 0488053719

### Cunderdin UNITING CHURCH

8.30 am—All Welcome

Morning Tea after every service

1st Sunday of the month - Michelle Diver

2nd Sunday of the month - A. Jones & Jan Whisson

3rd Sunday of the month - Alan Carter

4th Sunday of the month - Music service

5th Sunday of the month -

Joined with Meckering -No service in Cunderdin

### HOLY CROSS PARISH

OFFERTORY - TBC

Date/Time	Reading	Cleaning	Set Up
24th September	No service		
1st October Sunday 10am	L Morrell	L Caneda	J Mussared
8th October	No Service		
15th October Sunday 10am	A Leeson	Catilo Family	J Mussared
22nd & 29th October	No Service		
5th November Sunday 10am	S Buckland	L Morrell	L Morrell

# CHRISTIAN FELLOWSHIP BIBLE STUDY MEAL

WHEN

**Thursdays  
6:30pm**

WHERE

**Coltons Meckering  
Building**

**3 Gabbedy Place Meckering 6405  
Contact: 0400175198**

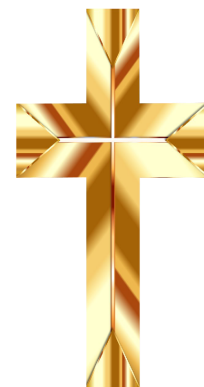
**HOT SOUP & HOMEMADE BREAD**

**WARM BUILDING AND GOOD COMPANY**

**ALL AGES  
EVENT**



**EVERYONE  
IS  
WELCOME**



# COMMUNITY NOTICES

## CUNDERDIN CRC TRANSWA TICKETING AGENTS

Mon - Fri: 9am - 4.30pm  
Ph: 9635 1784

Book Today



57 Main Street, Cunderdin WA 6407



Cunderdin Police encourage all local businesses to regularly check their security cameras are in good working order. Footage from these can be extremely helpful in police investigations.

Things to check regularly:

- Cameras are recording and saving footage
- Cameras are appropriately positioned
- Footage is able to be downloaded
- Team members are able to access footage

To find out more about CCTV footage and how you can register your cameras with police, go to: <https://cam-mapwa.police.wa.gov.au/>

Thank you for your help in keeping our community safe.



## JUSTICE OF THE PEACE

### MECKERING

Caroline Whitelock - 0421 630 450

### CUNDERDIN

Craige Buegge - 0417 180 940

Peter Darmody - 0418 958 086

Clive Gibsone - 0409 290 786

Alec Fissioli - 0477 455 008

Alison Harris - 0427 362 030

"I have heard there are troubles of more than one kind.

Some come from ahead and some come from behind.

But I've bought a big bat. I'm all ready you see.

Now my troubles are going to have troubles with me!"

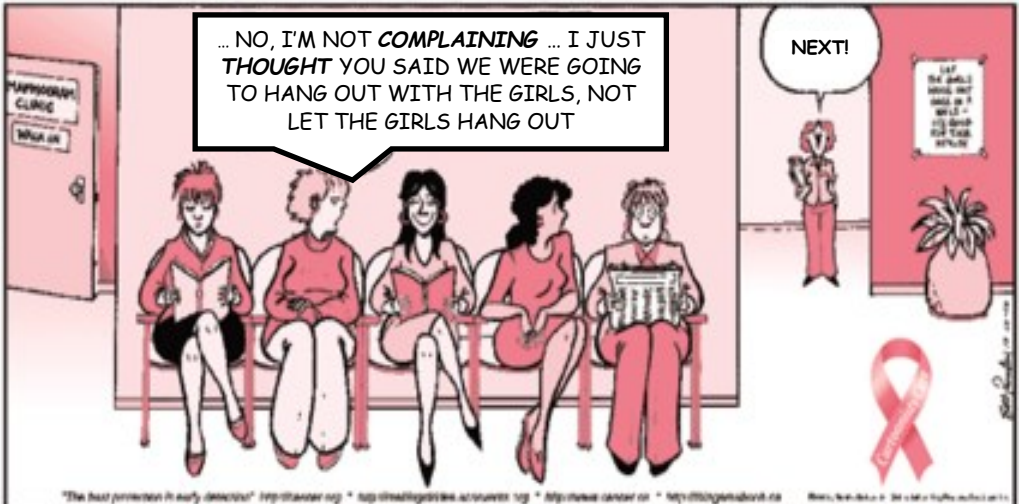
– Dr. Seuss



between friends



by sandra bell-lundy



# EVENTS CALENDAR ~ 2023

TO ADD YOUR EVENT TO OUR COMMUNITY CALENDAR AND UP COMING  
EVENTS BOARD EMAIL: [BANDICOOT@CUNDERDINCR.C.NET.AU](mailto:BANDICOOT@CUNDERDINCR.C.NET.AU)

## OCTOBER

- 19th PDA driving assessments -bookings required
- 20th PDA driving assessments - bookings required
- 20th Pink Shindig @ Cunderdin Town Hall 6pm
- 21st Cunderdin Hot Rod and Classic Car Show
- 23st Tales for Tots @ O'Connor Park 10am (Fuel to go and Play Messy Play Day)
- 24th Creating toileting masters 2-6years 11am @ CRC
- 24th Meckering BeHappy Day @ 9.45am-2.30pm
- 27th Mosaic pathway piecing Day 12pm-4pm for how ever long you like
- 28th Mosaic pathway piecing Day 9pm-4pm for how ever long you like
- 29th Mosaic pathway Grouting Day 9am
- 29th Communion Service and celebration of all saints day
- 31st Halloween @ Cunderdin museum 6pm –7.30pm

## NOVEMBER

- 3rd Water bomber reloader training
- 4th The Beatles Fab Four @Town Hall
- 20th Tales for Tots - Summer Beach Day
- 27th Safe 4 Kids @ Cunderdin School Library 5.15pm

## DECEMBER

- 1st Movie under the stars @ Cunderdin oval
- 2nd Movie under the stars in Meckering—TBA
- Friday 8th Community Christmas Party @ Cunderdin Oval

### **HAPPENING EVERY WEEK:**

**TUESDAY:** CUNDERDIN MENS SHED

**TUESDAY:** CONTAINERS FOR CHANGE (11:30AM TO 12:30PM)

**TUESDAY:** CUNDERDIN PATCHWORKERS (FROM 10:30AM @ MUSEUM)

**TUESDAY & THURSDAY:** YOGA (5.30PM @ CRC FUNCTION ROOM)

**WEDNESDAY:** WEDNESDAY ACTIVITY GROUP (WAGS)

**FRIDAY/SATURDAY:** CUNDERDIN MISSION SHOP OPEN (9:30AM - 12PM)

# ORGANISATIONS IN OUR SHIRE

<b>Bush Fire Brigade</b> Captain Cunderdin: Adam Whisson Captain Ygnattering: Digby Willmott Captain Meckering/Chief Bush Fire Control Officer: Ashley Burges - 0428 251 236	<b>Cunderdin Museum</b> Manager: Michelle Samson - 9635 1291 2nd Tuesday 6pm	<b>Meckering Ladies Hockey Club</b> President: Rowie Snooke – 0417 881 710 Meg Reynolds – 0447 805 261
<b>Catholic Church</b> Contact: Julie Mussared - 0429 635 119 E: mussareds2@bigpond.com	<b>Cunderdin Nippers</b> President: Mash Jasper Vice President: Jason Dumbrell Secretary: Lara Morrell	<b>Meckering Men's Shed</b> President: David Foord - 96251119 Secretary: Brenton Bain - 9625 1000
<b>Child &amp; Community Health Clinic</b> (Serving Cunderdin, Meckering, Tammin) Cunderdin Health Centre, 55 Lundy Ave. Contact Nurse Donna Jasper - 9635 2216 for appts.	<b>Cunderdin Patchworkers</b> Meet every Tuesday at the Museum	<b>Meckering Playgroup</b> President: Nat Mackin - 0433 748 492 Secretary: Em Fulwood - 0448 326 211 Monday 9.30am @ Meckering Primary School
<b>Cunderdin 100 Mile Club Inc.</b> President: Troy Boromini - 0401 176 167 1st Wed of the Month @ 5:30pm New members welcomed	<b>Cunderdin Photo Club</b> 3rd Monday of the Month @ Cunderdin Museum 7.30pm Contact Jan Whisson: 0418 904 079	<b>Meckering Primary School P &amp; C</b> Chantelle Leeson 0428 924 049 Meckering Primary School
<b>Cunderdin Basketball Association</b> President: Cody Fulwood - 0439 962 512 Secretary: A-J Williams - 0400 342 225	<b>Cunderdin Playgroup</b> President: Shanade Farrar Secretary: Sophie Rogers Every Monday of the school term	<b>Meckering Sporting Club</b> President: Jeff Snooke - 0407 251 379 Sec/Treas: Sharon Reynolds - 9625 1301
<b>Cunderdin Bowling Club</b> President: Clive Gibsone Secretary: Vic Bridge Treasurer: Jan Harvey	<b>Cunderdin RSL</b> President: Graham Cooper - 9635 1443 Secretary: Norm Harvey	<b>Meckering Tennis Club</b> President: Neil Carter - 0428 251 207 Captain: Louise Snooke 0418 960 088
<b>Cunderdin Christian Fellowship</b> Sunday 10am @ CWA Hall Contact: John O'Hare - 9635 3233	<b>Cunderdin Sports and Recreation Centre</b> Manager: Laurise Wilson Ph: 9635 1155	<b>Meckering Trinity Church</b> Available for special occasions. Anglican - Di Kelly (0429 910 342), Uniting - Sandie Laird (0428 251 122), Roman Catholic - Aimee Leeson (0409 278 015),
<b>Cunderdin Community Mission Shop:</b> Open Fri & Sat 9.30 – 12 noon @ Uniting Church Hall President: Mrs Les Rogers Secretary: Mrs Jan Jasper 0488 053 719	<b>Cunderdin Tennis Club</b> President: Adam Whisson Email: cunderdintennisclub@gmail.com	<b>Reed Cunderdin</b> Supervising Coordinator: Robyn Stanik Tuesday - Friday 7.45am - 5.15pm
<b>Cunderdin District High School P &amp; C</b> President: Sandrine Pasfield Secretary: Jamie Tindal cunderdindhspandc@gmail.com	<b>Cunderdin Women's Hockey Club</b> President: Hannah Davey Secretary: Ashlei Otway - 0408 544 886 Email: cunderdinhockeyclub@outlook.com	<b>Shire of Cunderdin:</b> Monthly meeting 3 <sup>rd</sup> Thursday @ Council Chambers' President: Alison Harris CEO: Stuart Hobley Contact No: 9635 2700
<b>Cunderdin Football / Netball Club</b> President: Jeff Snooke 0407 251 379 Secretary: Tim Fulwood	<b>Cunderdin Volunteer Fire Services</b> Captain: Brandon Skinner Last Monday of the Month @ Fire Station	<b>Shopper Bus</b> Operates Thursday mornings, for HACC recipients only. Contact Cunderdin Hospital 9635 2222
<b>Cunderdin Gliding Club:</b> Operate most weekends Cameron McDonald - 0409 683 159	<b>Lions Club:</b> 1 <sup>st</sup> Thurs of month at 7.30 pm President: David Godfrey Secretary: Vic Bridge	<b>St John WA, Sub Centre Cunderdin</b> Operating Fridays: 8.30am - 4.30pm Phone: 9635 1600 Email: <a href="mailto:cunderdin.subcentre@stjohnwa.com.au">cunderdin.subcentre@stjohnwa.com.au</a>
<b>Cunderdin Golf Club</b> President: Darren Jasper - puff@wn.com.au Secretary: Corrina Baxter - cundygolfclub@gmail.com	<b>Meals on Wheels</b> Contact: Hospital: 9635 2222	<b>Uniting Church</b> Contact: Alan Carter - 9635 1329
<b>Cunderdin Gym</b> Aaron Cooper: 0400 793 570 Bernie Daly: 0488 079 334 Axel Thomson: 0408 822 889	<b>Meckering Action Group</b> President: Nat Snooke Secretary: Em Fulwood - 0448 326 211 <a href="mailto:actiongroupmeckering@gmail.com">actiongroupmeckering@gmail.com</a>	<b>Wednesday Activity Group (WAGS)</b> For seniors contact the hospital 9635 2222
<b>Cunderdin Meckering Clay Target Gun Club</b> President: Chris Chant	<b>Meckering Bowling Club</b> President: Mervyn Burges - 0427 881 778 <a href="mailto:collingully2@bigpond.com">collingully2@bigpond.com</a>	<b>Have your details changed ?</b> <b>Contact us on:</b> <b><a href="mailto:bandicoot@cunderdincrc.net.au">bandicoot@cunderdincrc.net.au</a></b> <b>9635 1784</b>  
<b>Cunderdin Meckering Cottage Homes</b> President: Ros Coleman Secretary: Julie Mussared 3rd Tue Quarterly @ Museum 5pm	<b>Meckering Golf Club</b> Neville Burges - 0427 946 275	
<b>Cunderdin Men's Shed Inc.</b> President: Bernard Daly - 0488 079 334 Secretary: Tony Smith - 0487 316 448 9:00 am – Tuesday @ Museum Workshop	<b>Meckering Ladies Club Cuppa</b> Meckering Sporting Club. Every second and fourth Monday in the month, Between 9am – 11am Contact: Sandie Laird - 0428 251 122	



# COMMUNITY Christmas Party

**FRIDAY, DECEMBER 8TH ~ FROM 5PM  
AT THE CUNDERDIN REC CENTRE**

**Featuring the Tinsel Tones Duo**

Face Painting

**\*\*Fairy Floss/IceCream/Snowcones\*\***

Inflatables

Sausage Sizzle

Twilight Markets

Visit from Santa

**\*\*FIRST 200 ORDERS FREE\*\***

**STRICTLY NO BYO ALCOHOL**

Proudly Supported by:



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